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Page 01

TATTOOWALI

SLV Complex, 2nd Floor, 2nd Cross Rd, above Grand Mart,

TUDIC

TATTOO SHOP

Podar Jumbo Kids

11-24 - Dec, 2022

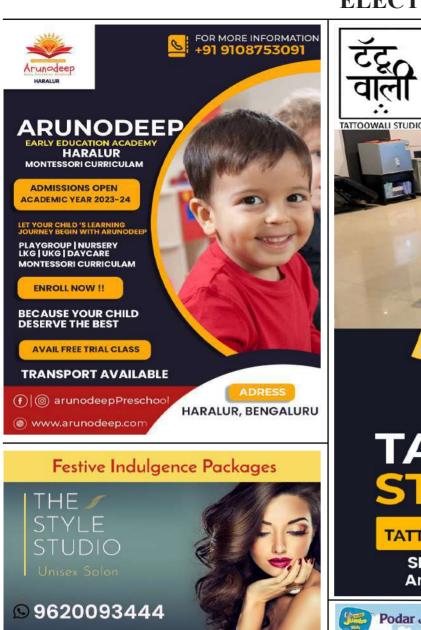
FOR MORE INFO

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APPOINTMENT ONLY

WORKING HOURS

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1. Classic Indulgence: INR 2999/- * Rica Wax (Full Hands + Full Legs, Herbal Face Bleach, Facial (Whitening or Anti-aging), Pedicure, Threading (any two), Hair Trimming, Head Massage

2. Makeover Indulgence: INR 3199/-*

Evening Makeup + Hair Styling + Saree Draping + Mehendi

3. Premium Indulgence: INR 4599/- * Rica Wax (Full Hands + Full Legs + Underarms), Gold Bleach (Face & Neck), Facial (Gold or Diamond), Premium Pedicure, Threading (any two), Hair Spa, Hair Cut

* GST Extra As Applicable. Packages Valid till December 2022

Make it yourself- White Clay Ornaments

Make some beautifully smooth corn flour clay this winter to decorate your home with Christmas ornaments.

Mid-term dmissions open

2022 - 2023 Chandapura

7349793222

Materials Needed:

corn flour PVA glue a mixing bowl and spoon rolling pin and cookie cutters ribbon for hanging (if you make decorations)

How to make cornflour clay

1. You need two parts cornflour and one part glue - here , to make a small amount of dough, we used one cup of cornflour and half a cup of PVA glue.

2. Mix the two ingredients together in a bowl.

3. They should come to a dough which you can pick up and mould in your hands. Add a little more glue if it is not sticking and a little more cornflour if it is too squidgy until you get your dough looking right. You can use the dough to make all sorts of models (little snowmen are cute in winter time) or you can use it to make pretty hanging decorations. If you want to make decorations read on.

4. Sprinkle a bit of cornflour on your board and then roll out your dough.

- 5. Use a cookie cutter to cut out shapes.
- 6. Make a hole in the top with the bottom of a paintbrush



Print Copy Ads

30 Words:

50 Words:

Front Page: Rs 300 PCC (cms) Rs 250 PCC (cms) Last Page: **Other Pages:** Rs 225 PCC (cms) Ear Panel:

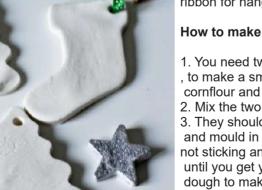
Rs 2,500 **CLASSIFIEDS** Rs 250



*Size of column width = 4cms *The above rate card is excluding GST 18%

Rs 350

Digital Ads Web Charges Home Page Top: Rs 1200 Home Page Side: Rs 1000



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WHITE CLAY ORNM

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11-24 - Dec, 2022

Name	Contact number
Ambulance	108
Bescom helpdesk	1912
Bescom helpdesk - Whatsapp number	8277884011
Police station - ecity	080-22943469
Bescom helpdesk - Whatsapp number	8277884012
Police station - ecity	080-22943470
Bescom helpdesk - Whatsapp number	8277884013
Police station - ecity	080-22943471
Bescom helpdesk - Whatsapp number	8277884014
Police station - ecity	080-22943472
Bescom helpdesk - Whatsapp number	8277884015
Police station - ecity	080-22943473
Bescom helpdesk - Whatsapp number	8277884016
Police station - ecity	080-22943474
Bescom helpdesk - Whatsapp number	8277884017
Police station - ecity	080-22943475
BBMP - Citizens Grievances Redressel C -ell, Singasandra ward -191 - Cheluaraju	9480688192
BBMP - Citizens Grievances Redressel Cell, Mangammanapalya ward -190 - Rjagopala Babu	9480688190
BBMP - Citizens Grievances Redressel Ce -II, Bommanahalli ward -175 - Chaithra.S	9480688175

<image>

Poor visibility led to a pile-up on the Electronics City flyover

in southern Bengaluru on Monday morning. While nobody was injured in the serial accident, two cars were damaged.

Source Credit: DHNS

https://www.deccanherald.com/city/top-bengaluru-stories poor-visibility-causes-pile-up-on-electronics-city-flyover-1171193.html



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- 4. ECG
- 5. Health check package

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- www.smdiabetes.com
- 🛛 info@smdiabetes.in
- # 289/7, Nithyashree Building, near Indian Oil Petrol Bunk,Begur Main Road,Hongasandra, Bangalore

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ISO

9001:2015 Certified Centre

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Solve the puzzle and share the answers by e-mail to info@electroniccitytimes.in First 5 early birds gets the prize

AKSHAR SANSKAR SKILL DEVELOPMENT INSTITUTE FOR MORE INFO AISHWARYA •7975793916 ART CLASSES SATURDAY ONLY OFLINE AND ONLINE COURSE AVAILABLE



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Cervical Screening-Helping To Decide

It is your choice whether to have cervical screening test or not. This guide will help you to decide. Cervical screening also called smear test, PAP smear test.

What is cervical screening?

It is not a test to diagnose cancer. It is a test to check for pre-cancer changes (abnormal cells) in the lower part of the uterus (cervix). If left untreated it can become cervical cancer.

The doctor inserts an instruments called speculum into the vagina and take small sample of cells by touching the cervix with spatula/brush for analysis. The cell sample is send to a laboratory for examination under a microscope.

It is only mildly uncomfortable and generally not painful. The test will be completed in minutes. It takes few days for the week.

Who are all need to do the cervical screening?

Cervical screening can be done for all women from 25-64 years of age once in every 3-5 years.

How to prepare for a PAP smear?

Do not Douche or any vaginal cream/pessary 2 days before the test. And PAP smear is not done during periods it can give inaccurate results. How to follow up after the test result? If the test is normal, your doctor will recommend how often you should be tested based upon your risk factors.

Is there any other screening test for cervical cancer?

HPV DNA test is also available which is more sensitive and can extend the duration of cervical screening.

Cervical cancer is the second most common cancers of women in India despite of largely preventable by regular screening and HPV Vaccination.

I hope you decided to do your PAP smear and visit any gynecologist near you.

For More Information

Dr.Gayathri Meganathan

OBGYN | MBBS | MRCOG (UK) MD (OG) FMAS | DMAS | FART FERTILITY SPECIALIST **EMBRYOLOGIST**

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ELECTRONIC CITY TIMES Namma Neighbourhood News

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EPU MMK-

Airport BMTC Bus Timings

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				03.40	04.15	05.00	05.15	05.30	06.00	03.20	04.00	04.55	05.25	06.10	06.50
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					16.00	16.30	17.00	17.15	17.45	21.20	22.00	22.20	22.40	23.30	
				21.20	22.00	22.40	23.20								
KIA-8A		HEBBALA, TIN FACTORY, MARATHAHALLI BRIDGE, CENTRAL SILK BOARD.		03.10	03.50	05.45	06.30	06.40	07.00	01.00	01.40	03.40	04.40	05.40	07.55
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				15.00	16.10	17.30	19.40	21.00	21.40	15.15	15.25	16.40	17.10	18.30	18.40
				22.20	23.00					19.20	19.30	20.00	20.20	20.45	21.10
										21.40					
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KIA-8C	KIA- CHANDAPURA	HEBBALA, TIN FACTORY, MARATHAHALLI BRIDGE, CENTRAL SILK BOARD.	03.00	1.20	2.40	4.00	4.45	12.45	14.20	5.10	5.55	7.40	8.25	16.30	17.35
					16.45					19.00	19.55				
KIA-8E	KIA- ELECTRONIC CITY WIPRO GATE	BANGALURU,BYRATHI BANDE TIN FACTORY, MARATHAHALLI BRIDGE CENTRAL SILK BOARD.	02.10	0.40	2.00	3.20	4.30	13.10	13.50	3.00	4.20	6.30	7.10	15.50	16.15
				16.20	18.00					19.10	20.30				

Energy Conservation Day - Dec 14



India celebrates National Energy Conservation Day on December 14 each year. Since the Bureau of Energy Efficiency (BEE) implemented the Energy Conservation Act on this day in 2001, it has been observed as a day to promote energy conservation. Formed under the Union Ministry of Power, the Bureau of Energy Efficiency – BEE, has been leading the celebrations of National Energy Conservation Day annually on December 14 since 1991. A constitutional body that falls under the Government of India, the Bureau of Energy Efficiency assists in the development and implementation of strategies and policies to reduce excessive consumption of energy. The committee also executed 'The Energy Conservation Act' in 2001.

As part of its awareness campaign, awards are distributed annually on this day in 56 subsectors of the country to recognize achievements in energy efficiency. The National Energy Conservation Awards Programme commends the efforts of the industry, institutions, and establishments ranging from power plants to hotels to shopping malls. Prizes are also awarded by the BEE to winners of the National Painting Competition centered on the theme of energy conservation.

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Secret to Live RICH !

Description: Everyone on this planet wants to live RICH and create a dream life for themselves and their family. I was also one among them, I was born to lower-middle-class farmer parents in a tiny village, and dreamt of living RICH. A computer engineer and was raised to work for a world respected organisation called the United Nations for 17 years span of 3 contents 9 countries. I thought just to contribute my personal experience and knowledge I have gained through renowned Mentors, 75+ books which include selfdevelopment, successful people biography, Conferences, NLP(Neuro Linguistic Program) Master Practitioner. I'm on a mission to TRANSFORM one million professionals from mediocre to millionaire and elevate them from Ordinary to Extraordinary lifestyle.

Vijay Diwas Saluting The Real Heroes



Vijay Diwas on December 16 is when the Indian Armed Forces, including veterans, citizens, and students, pay tribute to and remember the sacrifices of their soldiers. Vijay Diwas celebrates India's historic military victory against Pakistan in the 1971 war; which also liberated Bangladesh from Pakistan.

It commemorates and celebrates the victory of the Indian Armed Forces in 'Operation: Vijay' against the infiltrating Pakistani troops. Rich tributes are given to martyrs who put their lives on the line during the war.

The war between Pakistan and India lasted for 13 days, ending on December 16, 1971, and resulting in the liberation of a new country by the name of Bangladesh. It was India's front which made nearly 93 thousand Pakistani soldiers surrender and altered the contours of the map of the world.

A proud moment for the Indian army, this was their first conclusive win after the end of World War 2. It is also guite a big day for Bangladesh, as it earned status as an independent entity. The day is celebrated in Bangladesh as 'Bijoy Dibos.'

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CLASSIFIEDS Rental

ACCOMMODATION WANTED

• WANTED 1/2 BHK flat, 1/2 floor at

Electronic city, Mandaveli, R.A.Puram, R.K.Salai

with private terrace preferable, no brokers, Owners contact: 944444884

• WANTED 2, 3 and 4 BHK Flats, Individual house, Plots in and around R. A. Puram, Alwarpet, Abiramapuram, Electronic city, Mandaveli, MRC Nagar. Ct: 9092688899 • WANTED 2 or 3BHK Rental house around 900 to 1500 sqft., ground floor preferable,

higher floors with lift bus terminus, ground CCP, lift, power 45K. backup, Rs. Teynampet, 3 BHK, 2000 sq.ft., Rs. 40K. R. A. Puram, 2000 sq.ft., 4 BHK, Rs. 60K. Ph: 9382323877,86670668 94

RENTAL

• MANDAVELI, Chettinad school P.S School very near; L&T Ragamalika gated community

flat, 1BHK, 540 SF, 3rd floor, East facing, lift, power backup, Gym, play area, party hall, no car park, Rent 23000. Ct: 8939596955

• 125 sq ft, Consultaroom with tion common

waiting area (270sqft) available for doctors / office purpose for immediate occupation at Abhiramapuram. Con-

tact: 9884114009

NAGESWARA Rao Park Opp., 1280 Sqft, 3BHK, 1Fl – 45K, 2nd FI – 38K, Ind house, CCP, Resident / Commercial, East Facing. Ph: 7358578840

• UPSTAIRS of independent house for rent in Royapettah High Road, 850 Sq feet, nearold Ajantha Contact: Hotel, 9444167383.

 Mandaveli, Norton road, near St.Johns School, 2BHK, 1st floor, 750 Sq ft, for veg only, Rent 22,000. brokers excuse. Con-9739903473, tact: 9444482696

• MANDAVELI, R.K.Mutt Road near bus terminus, ground floor, 850 square feet, for veg only, Rent 25000. Brokers excuse.

Contact 9444482696, 9739903473 • R.A. PURAM Srinivasa Avenue Road, 800 sqft, 2 BHK apart, 3rd floor, no lift, 2-wheel-Modular er park, Family / kitchen, Bachelors, Rent Ph: Rs.21000. 9840299423 MANDAVELI 3BHK, Independent house, 2000sft, 1st floor, CCP, nearby schools. Veg only. Rent 35000. Contact: 9841034952, 044-24939094. ABIRAMAPURAM 1000 sq ft, 2 bed-

room, 2 bathroom, 1 floor, lift, 25000, 3BHK, 1flr, 1600sqft, 45000. Ct: 9003186674, 7200352080 • 2 BHK Apartment in Appu St, Mylapore. Vegetarians

preferred. Inspection on Sunday.

Contact: 9445811138 • ONE BHK apartment in R.A. Puram 550saft, 3rd floor near Harish Vidyalaya Rs. 11500 rent. Ph: 9840712725, 8939152090. • R.A. PURAM brand

new 4 BHK flat, 1900 sf, 3rd floor, East facing, lift, 2 covered car park, Rent 60000. Ct: 9884984545.

• 1 BHK 1st floor with open car park

available for rent. Near Nageshwara Rao Park. Contact: 9791032292.

• ALWARPET 1350sft, 3BHK flat, woodwork, covered car park, 1st floor, no lift, 38K. For veg. Ct: 9840588336 ABHIRAMAPURAM Three Bedroom Flat, Rs 40000. Electronic city, Two Bed-

room Flat, Rs.18000. Bachelors - Rs. 7000. Commercial. Rs. 40000. House Lease 8 lakhs. Sriram Nagar CCP Rs. 4000. Ct: 8248730643,

8778123038 • FOR rent available for bachelors in Judge Jambulingam Street, outhouse - a single room with attached toilet and a pantry. For small details Contact: 8838522091

 10/A Raja Street, Mandaveli, 2BHK, verandah, attached toilet, 2nd floor, no lift. Ct: 9791145900 3 BHK Apartment, 1300 sq.ft., 24 hrswater, ground floor, fully furnished, inverter -attached bedroom

• Electronic city, 1 BHK flat, lift, 24 hrs water, CCTV, near M. K. Amman Koil, for veg. only. Ph: 9677010975, 9841060050 • 2 BHK, 1 study room,

separate entrance, 2 covered car park, Rent 31000 negotiable, 24 hours water supply. Contact: 9840041368

• 2 BHK, 900 sq.ft., Rent 20000, only vegetarians @ Kutchery Road, Mylapore. Ph: 9003173272

• NEW Flat Mandaveli, 1500 sq.ft., 3 BHK, CCP, lift, power backup, Rs. 45K. Teynampet, 3 BHK, 2000 sq.ft., Rs. 40K. R. A. Puram, 2000 sq.ft., 4 BHK, Rs. 60K. Ph: 9382323877,86670668 94

•ABHIRAMAPURAM, 1500 sq.ft., 3 BHK, 4 ac, lift, power backup, Rs. 45K. 1300 sq.ft., 3 BHK, GF, Rs. 30K. 2 BHK, Rs. 20K. 1 BHK, Rs. 16K, 11K, office lease, bachelor. Ph: 9382323877, 8667066894

• MANDAVELI, brand new flat, 1450 sq.ft., 3 BHK, lift, covered car parking, Rs. 45000. R. A. Puram, 1250 sq.ft., 2 BHK, 1 study room, Ph: Rs. 27000.

9380063177 ALWARPET, near TTK Road, 850 sq.ft., 2 BHK,

2nd floor, no lift, opp to Corporation School, Rent 19000. Ph: 9884170553,97899216 78

 R A PURAM, Krishnapuri, GF, 3 BHK, 1200 sq.ft., with car parking available for rent, for vegetarians only, brokers excuse. Con-



RENTAL COMMERCIAL RENTAL RESIDENTIAL

• OFFICE space available 900 sq. ft, GF, Opp R.R. Sabha, ideal for area office, auditor's, clinic, godown etc. Ct: 9840059061. • OFFICE space available 810 sq. ft, each on GF, FF & SF. Total approximate, ground 2430 sqft in St.Marys Road, V C Garden 3rd Street, suitable for office of mutual fund, marketing, auditor, clinic / stockist offices. Call: 9443631262, 9884304336. Parking on road only, deadend street.

 ELECTRONIC CITY available ground floor, 1200 sq.ft., near Kutchery

Road bus stand, 2

• Electronic city 1320 sq ft, 4th floor, 2CCP, Lift, 3BHK, Rs. 40000 plus maintenance. Rs.2500. Only vegetarians, Agent no : 9840482559

• 2 BHK, 900 sq.ft., floor, South facing flat in Trustpakkam North Street, Mandaveli, off Devanathan Road, for vegetarians, Rs. 25000 negotiable, no car park. Ph: 9445987321 ABHIRAMAPURAM,

Fourth Street, 725 sq.ft., 2 bedroom, kitchen, service, third floor, no lift, Rs. 17000/-m, two wheeler parking, veg only. Contact:04424996485,



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Pre-School Ananth Nagar

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- Parent Connect Program
- Leadership Program for LKG & UKG students

Contact 9900872700

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