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Republic Day Celebration At BS International School



BS International School celebrated the 74th Republic Day and rejoiced in the spirit of a free India. The programme began with unfurling of the National Flag followed by the playing of the National Anthem. The Tricolour was unfurled on the grounds of the school by honourable chairman Dr.Hyder Vali, Chief guest Col. Vinod Awasthy and Mr. Kalyan Siddanna Biradar & CEO BS International School.

The young patriots of BSIS paid rich tribute to the architects of the Indian Constitution. The student house group displayed a well synchronized march past. Participating in full strength the primary class students presented a skit accentuating the Importance of voting. The programme culminated with the singing of Hum Honge Kamyab song and distribution of sweets among students.

Beratana Agrahara Lake Shows Sign of Relief



Lake which is located in Lavakusha Nagar, Konappana Agrahara, Electronic City is showing relief of rejuvenation, last year under the scheme of the Amruth Nagarothana programme, the government allocated funds of Rs 6 Cr, started with preliminary work of cleaning. The funds will be spent on pathway improvements, fencing, inlet, development works, strengthening of wetland, trash barriers, main bund seepage rectification, construction of diversion drain, etc. Request the civic bodies to have a holistic approach such that the rejuvenated in the past should not go back to their previous condition due to the illegal flow of sewage/garbage dump.

Ward Details

Ward No	Ward Name	Ward Details	Contact
Assembly Constituency 176	Bangalore South	Part of Anekal constituency, Electronic city, Jigani	BWSSB 080-22238888
175	Bommanahalli	Rupena Agrahara (P), Virat Nagar, Krishna Reddy Layout	BBMP Ph: 080 2266 0000
189	Hongasandra	Om Shakthi Layout, NR Reddy Layout, Gharebhavipalya	BBMP Ph: 080 2266 0000
190	Mangammanapalya	Mangammanapalya, Madin Nagar, Gangamma Layout	BBMP Ph: 080 2266 0000
191	Singasandra	Chikka Beguru, AECS Layout, SRK Layout Green Garden Layout	BBMP Kudlu, VGP Layout, Ph: 080 2266 0000
192	Begur	Nobo Nagar, K Agrahara, Ramanashree Nagar	BBMP 080-25745300

Secret of Success



What is the real "Secret of Success"? There are about 1000 SUCCESS principles that were discovered by great, great legends on this planet. Out of which one of the essential principles called "SELF DISCIPLINE" Without this remaining, all 999 principles won't work. But with this one principle, all of them work! "How many of you would like to double or triple or 10x your income?" Surprisingly, Almost everyone on this planet!! Let me ask you this? How many of you here would like to have a High-paying job? Career best workplace? Passionate business? Lose weight? Get out of debt? Achieve financial independence ? Again, Everyone! Agree with me on this without any self-doubt "Wonderful"! These are great DREAMS that everyone has. We all to make money, succeed at some point, spend more time with our families, be fit and trim, and achieve financial freedom! "Not only do we all want the same things, But we all know what we have to do to achieve them! And we intend to do those things, sometime. But before we get started, we decide that we need to take a little vacation to a wonderful fantasy place called "Someday". "We say "Someday I'll read the book. Someday I'll start that exercise. Someday I'll upgrade my skills and earn more money. Someday I'll get my fiancés under control and get out of debt. Someday I'll do all those things that I know I need to do to achieve all my goals. Someday." Probably 80% of the population lives on "Someday" most of the time.

- Meganathan Panchalan
NLP Practitioner

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- Priyanka Khandelwal

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Example for responsive ads

Rio School Republic day



Beauty Tips - Skin Care



It is a very common saying "Beauty is to women and women is to Beauty" Beauty in overall speaks about the face, neck hands, legs waist the total body language
 You must have proper knowledge about your skin; you can take proper care and keep it free from skin problems. You can make your skin glowing, attractive, and healthy with proper dieting, proper care and maintenance. Nowadays due to pollution, fast food and temperature, the skin will be spoiled, and tan on skin is found. We can protect ourselves from all such problems.
There are many tips to take care of your skin, here are a few tips
 · Avoid too many sweets, fried food, fat-containing foods, alcohol and cakes. Because they cause blemishes and blotchiness on the skin's surface
 · Eat one seasonal fruit in the morning, preferably before you eat anything else, eat raw vegetables and greens should be included in your diet
 · Your food should be diet-conscious, Vitamin and protein-oriented ones.
 · Drink at least 4-5 litres of water per day
 · When you leave home to protect your skin from the hot sun, dust covers your head with a scarf or umbrella
 · Also, apply sunscreen lotion.

Useful tips for Daily life - Kitchen



The kitchen is the place where most of our Indian ladies spend their day. So such a kitchen should probably be clean & tidy. The environment of the kitchen should be full of ventilation.
 · Instead of having curtains for your kitchen, fix a wire mesh to the windows to protect them from bugs, and flies.
 · While washing the floor of your kitchen put a little soap powder and a tablespoon of salt to keep the ants away
 · If you keep your refrigerator in the kitchen, keep it in a ventilated place. It should be at least 1 foot away from the wall. It should not be near the gas cylinder
 · After the usage of electric appliances such as mixes, blenders, rice cookers, Grinder, toasters wipe them till dry and keep them tidy
 · Compulsory fix an exhaust fan / Chimney to your kitchen so that it will help to remove the oil stains, smell, and gas and it will make your air fresh

KolorChamp- GlobalArt



Creativity involves breaking out established patterns in order to look at things in a different way. Creativity is a great motivator because it makes people interested in what they are doing. Creativity makes life more fun and more interesting." - Edward de Bono.
 To instil a higher level of artistic appreciation and skill in our students,

Globalart has done extensive research in the development of the step-by-step art syllabus, which has been a trend-setter. Systematic and straight forward, this syllabus is designed to cater to the needs of all students, even to those with little artistic talents. The Globalart method of learning is uniquely creative & enjoyable, and

has helped children grow creatively. It gives them the confidence to excel in school and society. Kolor Champ '22' Recently the 15th Annual Art Competition 'Kolor Champ '22'; was held online at the national and regional level for the students of globalart across India. The event provides a unique opportunity to all

our participating students to showcase their creativity and art skills on a common platform. Students from globalart electronic city branch bagged awards from regional and national level. Congratulations to the students, teachers who mentored them and parents for their motivation.

JADUGAR NARAYAN BHAT
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MANJULA NARAYAN
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2	1							3

Screening modalities, myths, and Facts about Breast Cancer:

Breast cancer is sometimes found after symptoms appear but many women with breast cancer have no symptoms. This is why regular breast cancer screening is important. Screening can save lives from breast cancer by finding breast cancer at an early stage when they are too small to see or feel. Screening does not prevent you from getting cancer.

Breast Self-Examination.

Breast cancer is sometimes found after symptoms appear but many women with breast cancer have no symptoms. This is why regular breast cancer screening is important. Screening can save lives from breast cancer by finding breast cancer at an early stage when they are too small to see or feel. Screening does not prevent you from getting cancer.

How should breast self-exam be performed?



If you find a lump, schedule an appointment with your Doctor but don't panic. 8 out of 10 lumps are not cancerous.

Mammogram.

All women 40 or older can have a mammogram every 1 or 2 years. Women who are younger than 40 and have risk factors for breast cancer should ask the doctor. Breast screening uses an X-ray test called a mammogram to check the breast for signs of cancer. It can spot cancers that are too small to see or feel. You will be asked to place your breast onto the mammogram machine and lower the plastic plate onto it to flatten it. This helps to keep your breast still and get clear X-rays. It takes a few minutes to take the X-ray.

Most of the women will have no signs of cancer....

The majority of the mammogram will show no signs of cancer and no further tests are needed. Cancers can still develop between mammograms, remember to check your breasts and tell your doctor if u notice any unusual changes.

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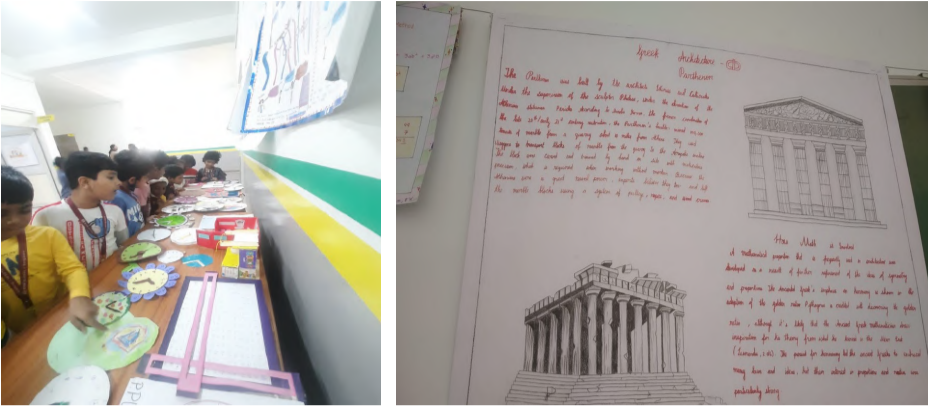
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BASAPURA, BANGALORE

What kinds of foods and drinks should I consume?

Consume more nutrient-rich foods. Nutrients—like vitamins NIH external link, minerals NIH external link, and dietary fibre—nourish our bodies by giving them what they need to be healthy. Adults are encouraged to consume some of the following foods and beverages that are rich in nutrients.

Mathematics Day Celebration At BVM Global School



National Mathematics Day is celebrated to commemorate the birth anniversary of the great mathematician Srinivasa Ramanujan. Students of different classes presented their innovative ideas for comprehending concepts in the form of charts and presentations. The unique topics involved a lot of logic, research and creativity.

My teammates and I were given the topic comparison of operators in computing or checking conditions of sensor values of the coding robot. Explaining the concept was the most challenging part as we had to muster the confidence and make the listener understand the concepts. The main objective of this program is to develop the mathematical thinking and grasping capacity of an individual among young minds.

Pavani D, 9A

Ramanujan Day has always been special in our school and this year it helped us to dive deep and learn more on our own through different projects. It was a challenging and interesting task offered to us to develop our knowledge. It not only counts as a memorable experience but also the perfect present before Christmas.

Aatish, 9A

The primary class students also were involved in different activities.

Classes 1 to 3 had 'Time' as their topic. They were given worksheets to make the concept clear. As an extended learning, class 4 volunteers explained this topic further to class 1.



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Republic Day



This year India is celebrating its 74th Republic Day, led by President Droupadi Murmu with Chief Guest Egyptian President Abdel Fattah El-Sisi. A grand parade is also held on Rajpath in Delhi.

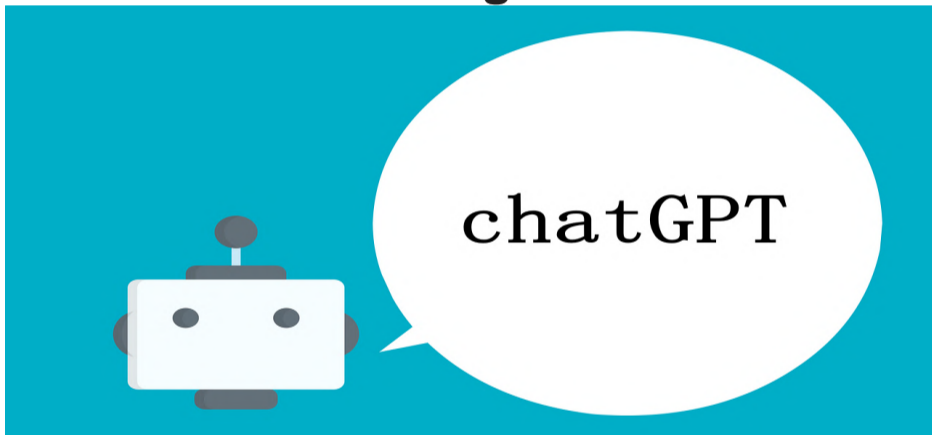
One of the main functions of the Republic Day Parade is to pay tribute to the martyrs who have sacrificed their lives for the country and to confer bravery awards on military persons, citizenry, and children for showing courage in the face of adversity.

This day is also to remember the struggles and sacrifices of our freedom fighters, who fought for the independence and sovereignty of our nation.

The Constitution of India, which came into effect on this day in 1950, is a testament to the values of democracy, justice, liberty, and equality that have guided our nation since its inception. It guarantees certain fundamental rights to all its citizens and provides a framework for the government to function in a transparent and accountable manner.

India is a republic because the Supreme head of the State/Country i.e the President is elected by the people. The term Republic is incorporated in the Preamble of the Constitution, which explains that India has an elected head as the President, who is indirectly elected for a fixed term of five years.

ChatGPT - Tech Insight



The application of Artificial Intelligence (AI) in content marketing is rapidly emerging, and tech giant Elon Musk's OpenAI Chat GPT is a prime example. Could this technological advancement ultimately replace content writers? This article will explore the implications of Open AI Chat GPT on the content writing industry, the advantages and disadvantages for companies adopting this technology, and its implications for content marketers.

I. What is Open AI Chat GPT?

Open AI Chat GPT is a technology created by tech giant Elon Musk that uses Artificial Intelligence (AI) to generate natural language text. It is a chatbot that can generate text based on input from the user. Open AI Chat GPT is capable of producing text that is similar in style to a human writer. It has been used in the fields of advertising, content marketing, and even fiction writing.

Open AI Chat GPT uses an advanced type of machine learning known as a Generative Pre-trained Transformer (GPT). A GPT is an AI model that is trained on existing text datasets to generate new text. It is designed to produce text that is similar in style and structure to the source text. Open AI Chat GPT is able to generate text from just a few words of input, making it well suited for content marketing and other writing applications.

II. Advantages and Disadvantages of Open AI Chat GPT

Open AI Chat GPT has many potential advantages for businesses that use it for content marketing. For example, it is able to generate text quickly and is less likely to make mistakes than a human writer. Additionally, Open AI Chat GPT can be used to create multiple versions of the same text, allowing businesses to produce content that is tailored to different audiences. However, Open AI Chat GPT also has some drawbacks. For example, the generated text may not be as creative or engaging as content written by a human writer. Additionally, Open AI Chat GPT is highly dependent on the quality of the source text dataset, so poor-quality datasets can result in poor-quality output.

III. Implications of Open AI Chat GPT for Content Writers and Content Marketers

Open AI Chat GPT may have implications for both content writers and content marketers. For content writers, the technology may reduce the need for human writers, as businesses can use Open AI Chat GPT to generate text quickly and cheaply. However, content writers who are able to create high-quality, engaging content may still be in demand. For content marketers, Open AI Chat GPT provides an opportunity to produce customized content quickly and easily. However, content marketers should be aware of the limitations of the technology and take care to ensure that the content generated is of high quality. Additionally, content marketers should consider the ethical implications of using AI-generated text and ensure that it is used responsibly.

IV. Conclusion

Open AI Chat GPT is a powerful technology that can be used to generate natural language text quickly and easily. It has potential applications in the fields of content writing and content marketing, but there are also some drawbacks that should be considered. Content writers and content marketers should be aware of the implications of using Open AI Chat GPT and use it responsibly.

Gangadhar M

Performance Marketer & Digital Marketing Consultant

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National Girl Child Day 2023



On January 24, the nation celebrates National Girl Child Day. This day was established in 2008 by the Ministry of Women and Child Development. The goal of National Female Child Day is to highlight the prejudice and injustice that girl children face. To raise awareness of the injustices girls face in Indian society, the Ministry of Women and Child Development and the Indian government started it in 2008.
 To create awareness among people to protect and raise child children with equality in terms of education, health and other opportunities in life.
 To promote the idea of the elimination of any form of discrimination against the child children at home or outside world.
 To accept child children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.

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