

### ELECTRONIC CITY CREDENCE NAMMA NEIGHBOURHOOD NEWS



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14 May - 02 June, 2023

10 Pages

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#### Karnataka Legislative Assembly Election Results 2023

The Legislative Assembly election was held in Karnataka on 10 May 2023 to elect all 224 members of the Karnataka Legislative Assembly. The votes were counted, and the results were declared on 13 May 2023.

The election saw a voter turnout of 73.19%, the highest ever recorded in the history of Legislative Assembly elections in Karnataka.

The Indian National Congress won the election in a landslide by getting 135 seats, making it their biggest win by seats and vote share. The Bharatiya Janata Party and the Janata Dal conceded defeat, finishing second and third, respectively.

The demography of "ELECTRONIC CITY CREDENCE" comes under three assembly constituencies.

- 1. Anekal Assembly constituency (Assembly constituency no: 177)
- 2. Bangalore South Assembly constituency (Assembly constituency no: 176)
- 3. Bommanahalli Assembly constituency (Assembly constituency no: 175).
- The assembly election 2023 results of the above three constituencies are as follows:
- 1. Anekal Assembly constituency (Assembly constituency no: 177):

Anekal Assembly constituency is one of the 224 constituencies in the Karnataka Legislative Assembly of Karnataka, a south state of India. It is also part of Bangalore Rural Lok Sabha constituency. It is in Bangalore Urban district and is reserved for candidates belonging to the Scheduled Castes.

In 2023 B. Shivanna of the Indian National Congress won the seat by defeating Hullalli Srinivas of the Bharatiya Janata Party with a margin of 31325 votes. INC's B. Shivanna has won with over 135000 votes. BJP's Hullalli Srinivas is in second place with over 103000 votes. While the JD(S)'s K.P. Raju came in third.

In the 2023 Karnataka Assembly elections, the total percentage of voters in the Anekal Assembly Constituency was recorded at 61.85 percent.

Total Voters: 348,106 Male: 184,799 Female: 163,228 Transgender: 79

More Information In Page No.7

ELECTRONIC CITY TIMES TITLE CHANGED TO ELECTRONIC CITY CREDENCE

## **APPROVED TITLE**

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#### **PILES N' PREGNANCY: What's the connect?**

#### What are haemorrhoids?

Haemorrhoids are also known as piles. They keep the back passage clean. Occasionally are enlarged blood vessels placed inside of there can be a blood clot within these caus- piles are more likely. the anal canal (back passage). They are also ing pain. This is called as thrombosed haemcalled as anal cushions. Entirely normal and orrhoid. physiological to have haemorrhoids. These What are the causes of piles?: an integral part of body and contribute There are several causes for swollen piles. significantly to our continence. They Constipation, straining, sitting for long prevent us from leaking liquid stools or hours, Heavy lifting and strenuous exercises wind. Haemorrhoids sometimes can swell are a few. Prostatic and liver problems can Bangalore Bowel Care | Singasandra and cause symptoms include swelling,

cause swollen piles. Pregnancy can also

bleeding, leakage, itching an inability to also cause symptoms from swollen piles. Old age leads to weak pelvic floor and hence

#### What or haemorrhoids symptoms?

Bleeding whilst evacuating, itching, mucus discharge, lumps around the back passage, lumps prolapsing in and out, feeling of fullness in the back passage are some of the common symptoms.

Dr. Narasimhaiah Srinivasaiah Bommanahalli



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#### Autism and Gross motor skills

Children with autism undergo sensory issues Cdepends on motor development into 2 running, jumping from the birth inculcated among 5 senses visual, auditory, tactile, (gross and fine motor skills).gross motor and made challenging with other advanced vestibular and proprioception. Those senses skills plays a larger role from the initial become an obstacle for the child with autism period to end of life, where the development to develop or attain the normal milestone. begins from 2 months of birth (head control) they may have issues in running, jumping, to 4 years (independent stair climbing). sitting, walking and need to satisfy the senses. Those skills enhance balance, coordination, In this we focus on 2 primary senses that are body awareness, motor planning, posture proprioception and vestibular and where and gravitational security. The child who can gross motor development plays the main role. attain those skills like standing, walking

skills like hopping, one leg standing, obstacle crossing are taught and used in different ways to balance the sensory issues which sense is more important for gross motor. Dr Tamilrasan **Occupational Therapist** 

**TINY Child Development Centre**, Electronic City | 8667868173



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timely treatment and pre- tionally, sun: Prolonged exposure to eyes. Take ultraviolet (UV) rays can

vision problems or eye con- glasses that block 100% of discomfort. wearing Protect your eyes from the vide extra protection for your something 20 feet away. digital screens: Extended

lar eye exams to maintain diseases such as cataracts er screens, smartphones, or good eye health. Eye exams and macular degeneration. other digital devices can can detect any potential When outdoors, wear sun- cause eye strain, dryness, And Follow the ditions early on, allowing for both UVA and UVB rays. Addi- 20-20-20 rule, which suggests a taking a 20-second break vention of further damage. wide-brimmed hat can pro- every 20 minutes to look at breaks from This helps reduce eye fatigue

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and strain.

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## CLASSIFIEDS

#### **Badminton Tournaments** @ Net kill Badminton Academy



Net Kill badminton academy conducted tournaments for Junior categories

- U9 B/G winner/runners-up
- U11 B/G winner/runners-up
- U13 B/G winner/runners-up
- U15 B/G winner/runners-up

Junior category were conducted on 28th May.Sports Enthusiast participated and the tournament was a great success.Winners and runner up got the trophy and medals

CANDIDATE'S NAME	PARTY	LEVEL	VOTES	VOTE RATE %	MARGIN
B. SHIVANNA	INC	WINNER	134,797	54.00%	31,325
HULLALLI SRINIVAS	BJP	RUNNER UP	103,472	41.00%	
K.P. RAJU	JD(S)	3RD	6,415	3.00%	
NOTA	NONE OF THE ABOVE	4TH	2,354	1.00%	
DR. CHINNAPPA Y. CHIKKAHAGADE	BSP	5TH	1,285	1.00%	
ANBURAJ	KRS	6TH	851	0.00%	
MUNESH M	AAP	7⊺H	818	0.00%	
G. NAGARAJU	IND	8TH	758	0.00%	
BYATARAJU. N	REPUBLICAN PARTY OF INDIA (ATHAWALE)	9TH	322	0.00%	
GOWRAMMA. J	IND	10TH	277	0.00%	
MUNIKRISHNAPPA MURUGA	IND	ШТН	190	0.00%	
M. RAMESH	IND	12TH	163	0.00%	

#### **ANEKAL ASSEMBLY ELECTION RESULTS (2023)**

#### 2. Bangalore South Assembly constituency (Assembly constituency no: 176)

Bangalore South Assembly seat K. Ramesh of the Indian Nation-Sabha

Bangalore South is the only

the city boundary which has

the word 'Bangalore' in its title.

In 2023, M Krishnappa of the

49699

is one of the seats in Karnataka al Congress with a margin of state assembly in India. It is part 49699 votes. BJP's M Krishnapof the Bangalore Rural Lok pa has won with over 196000 seat. votes. INC's R K. Ramesh is in Bangalore South Assembly seat second place with over 147000 was created when the delimita- votes. While the JD(S)'s Rajagotion of seats was carried out in pala Reddy came in third. 2008. While there are four Lok In the 2023 Karnataka Assembly Sabha seats with the name of elections, the total percentage the city 'Bangalore' in their title, of voters in the Bangalore South Assembly Constituency was Assembly seat among dozens in recorded at 51.6 percent. TotalVoters: 581,422 Male: 311, 437 Bharatiya Janata Party won the Female: 269, 882 seat by defeating R margin of Transgender: 103

**BANGALORE SOUTH ASSEMBLY ELECTION RESULTS (2023)** 

votes.

#### World Hypertension Day

- May 17



17th, World Hyperten- The identification, tion, and control (the date has been postponed to October 2020 owing to the t h e U

Every year on May COVID-19 pandemic). primary risk sion Day is commem- factor for developing orated to encourage cardiovascular hypertension preven- disease is high bloodpressure. The Global Hearts Initiative was launched 2016 in 17, by the WHO and S Α

CANDIDATE'S NAME	PARTY	LEVEL	VOTES	VOTE RATE %	MARGIN
M KRISHNAPPA	BJP	WINNER	196,220	51.00%	49,699
R K. RAMESH	INC	RUNNER UP	146,521	38.00%	
RAJAGOPALA REDDY	JD(S)	3RD	24,612	6.00%	
MANU M M	UTTAMA PRAJAAKEEYA PARTY	4TH	4,360	1.00%	
ΝΟΤΑ	NONE OF THE ABOVE	5TH	4,006	1.00%	
ASHOK MRUTHYUNJAYA	AAP	6тн	2,585	1.00%	
VIJAYARAGHAVA MARATHE	KRS	7TH	856	0.00%	
KIRAN V	BSP	8TH	775	0.00%	
A RAVI KUMAR	REPUBLIC AN PARTY OF INDIA (ATHAWALE)	9тн	417	0.00%	
R RAJESH	IND	10ТН	409	0.00%	
SHIVAKUMAR	IND	11тн	394	0.00%	
G SRINIVASA	IND	12TH	286	0.00%	
NISHANT KOTE	IND	13TH	271	0.00%	
RAJU	IND	14TH	217	0.00%	
ALTIN ANTHONY RAJ	IND	15TH	183	0.00%	

#### 3. Bommanahalli Assembly constituency (Assembly constituency no: 175).

Bommanahalli (Gen) is a State Assem- BJP's Sathish Reddy has won with bly/Vidhan Sabha constituency in the over 114000 votes. INC's Umapa-Bengaluru Urban district and Bengalu- thi Srinivas Gowda is in second ru region of Karnataka and is a part of place with over 89000 votes. the Bangalore South Parliamentary/Lok While the JD(S)'s Narayan Raju Sabha constituency. came In 2023, Sathish Reddy of the Bharatiya In the 2023 Karnataka Assembly Janata Party won the seat by defeating elections, the total percentage of Umapathi Srinivas Gowda of the Indian voters in the Bommanahalli National Congress with a margin of Assembly 2 4 2 1 5 v o t e s . recorded Total Voters: 405,039 | Male: 219,337 | Female: 185,633 | Transgender: 69

in third. Constituency was at 49.5 percent.

#### **BOMMANAHALLI ASSEMBLY ELECTION RESULTS (2023)**

CANDIDATE'S NAME	PARTY	LEVEL	VOTES	VOTE RATE %	MARGIN
SATHISH REDDY	BJP	WINNER	113,574	53.00%	24,215
UMAPATHI SRINIVAS GOWDA	INC	RUNNER UP	89,359	42.00%	
NARAYAN RAJU	JD(S)	3RD	3,445	2.00%	
ΝΟΤΑ	NONE OF THE ABOVE	4TH	2,456	1.00%	
SITARAM GUNDAPPA	AAP	5TH	1,989	1.00%	
MAMATHA .R	UTTAMA PRAJAAKEEYA PARTY	6ТН	1,819	1.00%	
UMAPATHI BABU .N	BSP	7TH	610	0.00%	
SATHISH REDDY .M	IND	8тн	465	0.00%	
SATHISH REDDY	IND	9тн	359	0.00%	
NANDA REDDY	KRS	10TH	313	0.00%	
NIJAMUDDIN	IND	11ТН	200	0.00%	
ANTHONY RAJ .J	IND	12TH	158	0.00%	
SIVARAMA KOTEGOWDA	NAVABHARATH SENA	13TH	100	0.00%	
ADIL PASHA .S	IND	14TH	96	0.00%	
ABDUL KHADAR G. S. Y	IND	15TH	94	0.00%	

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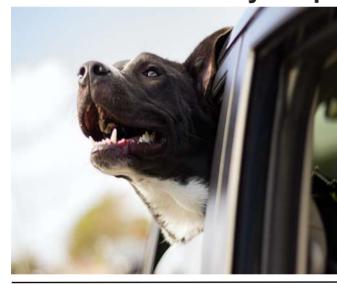
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#### Mother's Day



The second Sunday in May is celebrated as Mother's Day. This year we celebrated it on May 14th, 2023. The idea of celebrating Mother's Day in India originated in the United States and was first celebrated in 1914.Mother's Day is a special occasion celebrated worldwide to honour and appreciate the contributions and sacrifices made by mothers for their kids. This day is also known as Mothering Sunday dedicated to all loving Mothers. It is said that the lap of a mother is heaven on earth. Mother is the one who is filled with Kindness, Tender care, and Selfless love for her children. She is the one who forgets her own Dreams, listens to us carefully, and always motivates us. Every mother is devoted to her child throughout her life. Measuring the depth of a mother's sacrifice is not possible for anyone nor can we repay the priceless favors and love of our mothers. Mother is the one who is probably endowed with all the power.

#### How to travel with your pets in a car!



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