

# ELECTRONIC CITY CREDENCE

NAMMA NEIGHBOURHOOD NEWS

Bommanahalli to Chandapura

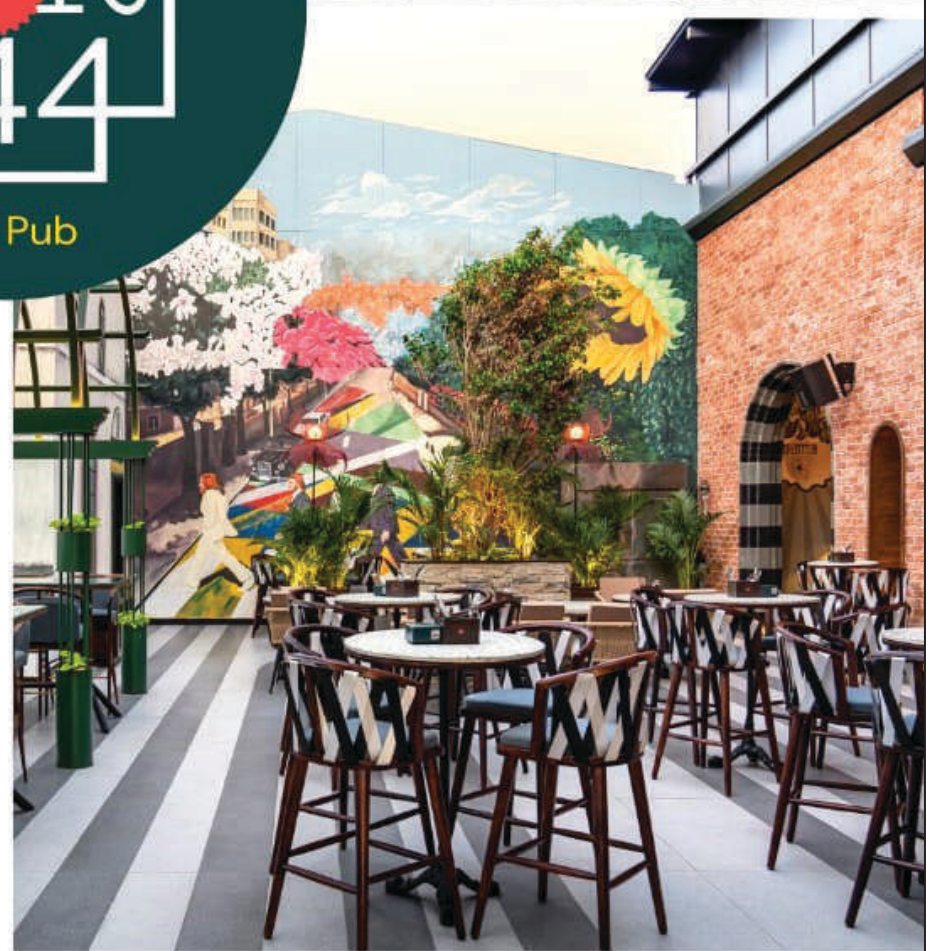
Akshaya Nagar to Ananth Nagar

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### Quick News Bites

- 01** Despite RWAs choosing an authorized garbage vendor, poor waste management persists. Urgent action needed by Hulimangala Panchayat for a cleaner environment.
- 02** Roads linking Electronic City, Vabsandra, Kyalasanahalli Lake, and Jigani Link Rd are riddled with dangerous potholes, demanding immediate attention.
- 03** Urgent action needed on treacherous Heeliage Roads near Gold Coin Club, Chandrapura, posing a hazard to bike riders.
- 04** Bangalore, a "Garbage City" - Anekal constituency's dire dumping issue. Seek assistance from respected MLA.
- 05** Deputy CM D.K. Shivakumar seeks swift relocation of Bengaluru's waste facilities to address pressing waste management concerns in the city.
- 06** Titagarh: First Metro trains for Bengaluru's Electronics City to be shipped from China on October 18.
- 07** CM Siddaramaiah announces: Namma Metro Yellow Line to Electronic City and extended Green Line to Tumakuru Road to open by April 2024.
- 08** Silk Board Junction Flyover (Madivala Side) partially closed for 4 months, starting October 21, for construction work. Public cooperation urged.

### Huskur Lake Stop Fish Mortality and Improve Hygiene



**H**uskur Lake about 35 acres under Anekal taluk which was rejuvenated 7 years ago by Kiran Mazumdar-Shaw foundation has recently facing issues of Fish kill and Bad smell because of contamination , which posed a serious issue to the environment and nearby livinghood.

The Department of Fisheries reported that fish kill is due to the contamination of the lake's water due to the flow of leachate from GP Tank called Gulimangala tank belongs to Huskur GP and requested them to take action in stopping the fish kill , initiate water testing and as a long term solution to relocate the plant as soon as possible.

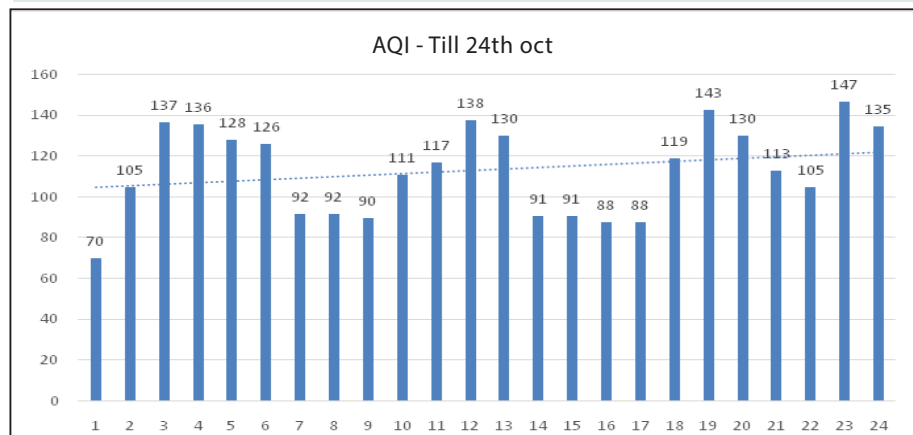
### Air Pollution : Report till 24th Oct

The Air Quality Index (AQI) is a standardised system used to communicate the quality of the air in a specific area to the general public.

Range ( AQI )	Impact
0 - 50	Satisfactory
51 -100	Moderate
101 - 150	Unhealthy ( Sensitive Groups )
151 - 200	Unhealthy
201 -300	Very Unhealthy
301 - 500	Hazardous



Electronic City reports last three weeks ( till 24th October ) are and with the average of 112 which is unhealthy with Air quality is impacted; however, there may be a slight concern for some individuals who are unusually sensitive to air pollution.



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NAMMA NEIGHBOURHOOD NEWS



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### Concerns Rise Over Heavy Metal Contamination in Bengaluru's Vegetables

The utilization of wastewater for vegetable cultivation in Bengaluru has raised serious concerns as it has led to elevated levels of heavy metal contamination in these crops.



Organisation (FAO). Bengaluru, with a significant portion of the state's population, sources its vegetables from various regions, including Hopcoms, private retailers, and farmer networks. This research highlights the urgent need for source tracing, specific limits, and comprehensive health studies to discourage the use of wastewater in farming, particularly for leafy greens, where heavy metal accumulation poses a higher risk.

Research conducted by the Environment Management and Policy Research Institute (EMPRI) analyzed 400 samples of 10 different vegetables and discovered that contamination levels exceeded permissible limits set by the Food and Agriculture





## Organic Farming

Organic food are produced using practices that adhere to organic farming guidelines. While there are regional variations in standards, organic farming incorporates conservation of biodiversity, ecological balance, and resource cycling. Some pesticides and fertilizers may not be allowed to be used in farming practices by organizations that oversee organic products.



### Environmental Benefits of Organic Farming

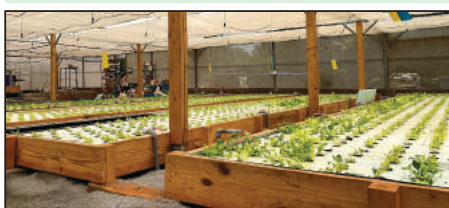
From an environmental standpoint, typical farming practices such as fertilization, overproduction, and pesticide use may have a detrimental impact on ecosystems and soil health, supplies of drinking water, groundwater, and biodiversity. The goal of organic farming is to reduce or completely eliminate these negative health and environmental effects.

### Weekend hangouts for better living

### SCN farms -Organically root to fruit

"We organically produce, Lemon, Papa-

ya, elakki banana, jackfruit, mango, guava, mushroom. Only seasonal fruits available and natural ripening processed. We conduct seasonal workshops on composting, mushroom farming, honeybee cultivation, agroforestry, permaculture, animal grazing, poultry, grafting, fishery etc and also do customisation according to client requirement."

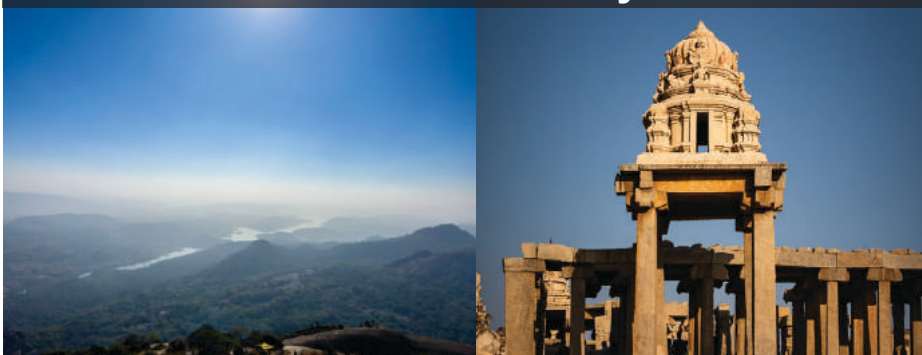


### Eat Neat Project: Aquaponics for Food Security

"Eat Neat Project is an aquaponic farm addressing India's rapidly growing food security crisis by educating people with the knowledge & means to know exactly where and how their food grows. This as a result that empowers people to grow their own food without the harmful chemicals added to them. We are offering, - Commercial Farms: Design & Build of commercial Aquaponic farms for commercial, research and other specific purposes. - Plug & Grow Home Farms: Rooftop and indoor urban farms which fit into any space and can feed a family. "Explore our operational Aquaponic farm and join our workshop on using Aquaponics for pesticide-free food."



## Exciting Destinations Within 200 Kilometres of Electronic City



These places offer a mix of natural beauty, historical significance, and adventure, providing a diverse range of experiences within a 200-kilometre radius of Electronic City, Bangalore.

**Shivanasamudra Falls (135 km):** A majestic waterfall on the Kaveri River, famous for its segmented cascades and a popular picnic spot.

**Bheemeshwari (100 km):** A natural habitat for the Mahseer fish, this place is perfect for activities like trekking, bird watching, and camping.

**Ramanagara (55 km):** Known for its rocky outcrop, this place offers excellent opportunities for trekking and rock climbing. It is also famous as the shooting location for the iconic movie "Sholay."

**Lepakshi (120 km):** Famous for the Veerabhadra Temple, known for its magnificent architecture and the largest monolithic Nandi in India.

## BRIDAL SEASON: MAKEUP TIPS

### 1. Start with Skincare:

Begin your bridal makeup routine with a good skincare regimen. Well-moisturized and hydrated skin provides a smoother canvas for makeup application. Consider a hydrating mask a few days before the wedding for that extra glow.

### 2. Choose Long-lasting Formulas:

Opt for long-lasting makeup products, especially foundation and lipstick, to ensure your makeup stays fresh throughout the day. Look for products labeled as "long-wear" or "smudge-proof."

### 3. Natural-Looking Foundation:

Choose a foundation that matches your skin tone perfectly. Avoid heavy or overly matte formulas; a natural finish will look better in photos. Blend well, especially around the jawline and neck.

### 4. Waterproof Everything:

Whether it's mascara, eyeliner, or eyeshadow, go for waterproof options to prevent makeup from smudging, especially if you expect tears of joy.

### 5. Enhance Your Eyes:

Play up your eyes with neutral or soft shades that complement your dress. False lashes can add drama without looking too heavy, and don't forget to define your brows.



### 6. Subtle Contouring:

Contour your face to add dimension but keep it subtle. Harsh lines can look unnatural in photos. Blend well, and choose a matte bronzer that's just a shade or two darker than your skin tone.

### 7. Blush Wisely:

Apply blush to the apples of your cheeks for a natural flush. Peachy or rosy tones usually work well for brides. Avoid anything too shimmer.

### 8. Lips That Last:

Use a lip liner - A brown liner works well to contour the lip and give definition it also prevents lipstick from feathering. Opt for a long-lasting lipstick or liquid lipstick in a shade that complements your overall look.



### 9. Touch-Up Kit:

Prepare a touch-up kit with a small powder compact, lipstick, and blotting papers to keep your makeup looking fresh throughout the day.

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### Rainbow Socio Cultural Association's Durga Puja



**R**ainbow Socio Cultural Association's Durga Puja was a huge success, with one of the biggest traditional venues in E-city Phase 2, offering free parking for more than 1000 cars at a time. This year, the organizers also organized the first-ever pet-friendly puja in Bengaluru, along with a flea market for shopping and eating. The organizers also provided senior citizen friendly wheel chairs and ambulances, and doctors were also present in case of any medical emergency. Kids had their own play area, and every evening, there were gala cultural programs organized.

**A**t the event, attendees had the opportunity to treat themselves to the holy prasadam and also witnessed a cultural soiree featuring celebrity singer DoyelGoswami (Zee Saregama Night) and a folk music concert by the famous band AchinPakhi. It was truly an amazing experience for all who attended, as it was an initiative that brought together the various cultures of Bengaluru.



### The Vibrant Tradition of Gombe Habba



**D**eepa joyfully celebrates Gombe Habba, the Festival of Dolls, a beloved tradition that brings friends and family together. With great enthusiasm, she meticulously arranges a variety of dolls on multi-tiered displays, inviting loved ones to admire the intricate craftsmanship. This annual gathering holds cultural significance, uniting people from diverse backgrounds in celebration. It's a time for sharing meals, stories, and creating lasting memories. For Deepa, Gombe Habba is not just an event; it's a heartfelt embrace of her cultural heritage and a testament to the unity and togetherness it fosters among those who join in the festivities.

### Bongodol -1st Durga Puja



**B**ongodol celebrated its first Durga Puja, a newly formed non-profit committee in 2023, dedicated to promoting Bengali culture in Bengaluru. Bongodol's Durga Puja featured diverse events, such as free lunches, Kumari Puja, a female priest in Ashtami, a flea market, kids' play area, Dandiya Night, and SindoorKhela. They also host ongoing activities like blood donation camps, breakfast drives, potlucks, and cultural events, celebrating Bengali heritage.

### ECCA Durga Puja



**E**lectronic City Cultural Association had a grand celebration of their 12th anniversary at white feathers community hall, with an estimated footfall of 60000+ in 5 days. Everyday free Bhog was distributed among 10000+ visitors by the ECCA committee. Power packed cultural programmes were organised everyday evening. Multiple events like drawing competition, talent show were organised to engage kids and senior citizens. The event showcased the rich cultural heritage and diversity of the community, uniting people of all ages in a joyous celebration. It was a memorable 5-day extravaganza that left a lasting impact on the attendees.

### Kidz Planet Dussehra Delight 2023



**K**idz Planet Ecity, renowned since 2011, presented classical performances on October 15, 2023, at Sri Vasavi Temple, Ulsoor, Bengaluru.

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## ChatGPT: Revolutionizing Education and Empowering Teachers at BVM Global School

Keeping in tune with the ongoing advancements in technology, BVM Global School, Bangalore organised a session on ChatGPT for the entire teaching faculty. The facilitator, with her in-depth knowledge of AI, ensured that everyone was made aware of how potent the ChatGPT is and how it can prove to be a game - changer in the classroom.



The teachers too put their best foot forward by participating actively in the session. Many tips and tricks were discussed regarding powerpoint presentations which play a very important role when it comes to modern day classrooms. Teachers worldwide would agree that making PowerPoint presentations becomes a tedious job at times as their day is packed with numerous classes. But, with this superpower at our fingertips and with the proper prompts, it is now a hassle-free job to make an excellent PowerPoint presentation within minutes.

In literal terms, the ChatGPT sensation that has taken the internet by storm holds the potential to revolutionise education systems across the globe. The big-

gest technological breakthrough of the 21st century is a must have tool in this fast-paced world. The recent launch of Robot teacher in a school at Bangalore reiterates the fact that changes are inevitable in the education system, and we need to grow with the technology adding the emotional quotient, which is unique to us, to achieve the desired results.



**Madhuparna Biswas,**  
English Teacher  
BVM Global School  
Bengaluru.

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## Importance of Early Childhood Education

### Hello Kids Champs - Basapura

"HelloKids one of the Largest Preschool Chain of India with over 900+ Centres Across India and Bangladesh. Dr. Hari Babu & Dr. Ekta Bagadiya, the directors of Hello Kids Champs has been running this school from last 14 years in this locality. Dr Hari Babu was drawn from the IT industry to the field of education by his enthusiasm for early childhood and preschool education. Preschool establishes the solid groundwork for a child's mainstream education, therefore during the course of this start-up's 14-year history, many creative concepts have been implemented.

### What sets Hello Kids apart from other preschools?

Researched, Age-Appropriate Curriculum, NCERT Curriculum (One of the Best in the world for Pre-Primary years does for MHRD, Government of India) - which is aligned to any CBSE, ICSE, State Boards, IGCSE and IB Boards curriculum. Life Skill and Experiential Learning, Montessori Methodology, Verified, Friendly, Trained Teachers and Caretakers, Stage Exposure, Safe and Secured Environment, Student transfer facility between branches."

### Striking a balance between technology and conventional methods of educating

Dr. Hari Babu takes pride in supporting the young learners with his technical knowledge through his team's innovative product " My Talking Tree and MagikMat".

My Talking Tree is an interactive robotic teacher that encourages creative learning and is called Mr. Dudu. It has a huge knowledge base and offers content, lessons, and tests to promote cognitive and intellectual development.

Magik Mat and My Talking Tree are recognized & awarded "The Most Innovative Education Product of the Year-2023" award for the second consecutive year at Brainfeed's 10th National Conference on 4th & 5th January - 2023 at HITEX Exhibition Center, Hyderabad. Their team's dedication to providing children with an engaging and successful educational experience is recognized with this honour. The Edutech products were chosen for this prestigious award due to their creative approach to children's learning and capacity to boost their educational experience considerably.

### Handling the pre & post pandemic

Dr. Ekta Bagadiya mentioned that the educational community faced many challenges during COVID, including educating teachers to teach online with adequate technical aids, developing teaching modules for the online sessions to make them engaging and interactive for the students, and many other things.

The first year of the online session, gave parents the faith and confidence in the online sessions. They were overjoyed with how much their children had progressed, as well as other children who weren't enrolled in the online lessons.



**Dr. Hari Babu & Dr. Ekta Bagadiya**  
Directors Of  
Hello Kids Champs  
Basapura, Bengaluru

### Message to the parents, faculty and to the community.

Early childhood education significantly shapes a child's IQ development, with 80% occurring between ages zero to six. Hence, I request all the parents to concentrate more at this age and to input as much as information to the kid so that the kid will develop and process a lot of creative ideas at the young years. Also, I would like to extend my thankfulness to the parents of Hello Kids Basapura for entrusting our teaching methodologies and staying associated. A big thanks to all the teachers and non-teaching faculty of the school for working together to make our vision a success."



## My Talking Tree & Magic Mat awarded the most Innovative Education Product of the year 2023



### JP SPORTS Men's Double Badminton Tournament Thrills



On October 13th, an exciting Men's Double badminton tournament unfolded at JP SPORTS, featuring the fierce competition between the Badminton Bulls Team and the Redwood Champions Team. It was a day of exhilarating matches, and in the end, the Redwood Champions Team emerged victorious.

Congratulations to all the winners and enthusiastic participants who made this event memorable.



### Nine Star's Pride



A moment of pride for Nine Star Sports Academy Ecity! Navaneeth S has been selected for the Junior Boys (Under 13 category) Indian Indoor Cricket team in the Junior World Series Indoor Cricket World Cup. Congratulations to Navaneeth for this remarkable achievement.

### Little Millennium Electronic City's SportsDay: Fostering Physical, Social & Emotional Growth in Preschoolers

Little Millennium Electronic City emphasizes holistic child development, instilling a love for sports from a young age. Their Annual Sports Day 2023 began with toddlers bearing the torch of sportsmanship, followed by a vibrant march past and enjoyable warm-up activities.



Age-appropriate races ensured every child's participation and completion, reinforcing the idea that every child is a winner. Preschool sports play a vital role in a child's development, promoting physical fitness, teamwork, social skills,

Moreover, at Little Millennium Electronic City, these sports events create a sense of camaraderie and unity among the children, fostering lifelong values of cooperation and fair play. As the children participate in these enriching experiences, they not only build physical prowess but also develop a deep appreciation for the importance of teamwork and the joy of staying active.



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