

# ELECTRONIC CITY CREDENCE

## NAMMA NEIGHBOURHOOD NEWS

Bommanahalli to Chandapura

Akshaya Nagar to Ananth Nagar

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## Quick News Bites

**01** Roads at the Electronic City and the Hosur main road are waterlogged as rain lashes parts of the city last week. Specifically near to PES college.

**02** Attempt of theft reported in NeoTown, incident took place last week in NeoTown Road, between Birchwood and GM Infinite, beside the lake side road.;stay Vigilant.

**03** BMRCL Update : 33KV cables running along the BMRCL viaduct and 750 V DC Third Rail laid on the viaduct section, progressively test charging with effect from 18.05.2024.

**04** Electronic City weather update, last four weeks ( 27.4 - 21.5 ) average humidity is 62.1 and rain accumulation is 3.4.

**05** Interstate buses illegally park at Velankani drive opposite Salarpuria Infozone leading to SLR bar /Thalassery restaurant, which causes traffic chaos in the evening.

**06** Frequent & prolonged power outages reported in Doddanag-amangala, Shanthipura , New town, Neeladri nagar, Hulimangala. BESCO should ensure to keep up the demand & supply.

## Urgent Action Needed for Neeladri Nagar Sewer Crisis



Despite complaints since last February, sewer water and sludge on 4th Cross, #NeeladriNagar, #ElectronicCityPhase1, remains unresolved. The situation worsened after last week's rain. Authorities, request the authorities to take action! @osd\_cmkarnataka @chairman-bwssb @bwssbdirector @elecityps

## Adamyia Chetana NGO Plantation Drive



An NGO initiated by Sri Ananth Kumar Providing midday meals to 1 lakh+ schoolchildren daily. The 437th program of Green Sunday, an ongoing program of Adamyia Chetana Sanstha, was held on May 12, 2024, on the banks of Maragondanahalli Lake in Electronic City, Bangalore. The plants were planted, the place was cleaned, and the previously planted plants were watered.

## Calling all declutterers and generosity champions!

As we continue to support those in need, we're in need of gently used clothes, toys, and household items. Your donations will bring joy and warmth to those who need it most.

@bhumi.bengaluru



### E- WASTE, CLOTHES, TOYS COLLECTION DRIVE

" Happiness doesn't result from what we get , but from what we give "



E-waste usable will be donated or recycled with collaboration of Sahaas India. Clothes should not be torn and in good condition. Toys should be in good condition

POC: Prabhu ( 82200 24319 ) - Across Bangalore

Please consider donating gently used clothing, shoes, and accessories for all ages Toys, books, and games for kids, household items like blankets, linens, and kitchenware.

Your kindness will make a real difference in our community! Kindly contact the POC to arrange a pickup. The campaign duration is planned for April 20th, 2024, to May 30th, 2024.

Thank you for your generosity and support!

**POC: Prabhu, Mob: 8220024319**

## Constructed Wetlands Needs of the hour

Bengaluru - Once known as a city with over thousand lakes, is today left with less than hundreds and less than ten in drinkable condition. Along with destruction of lakes, we also destroyed the fragile ecosystem associated with it, the wetlands. Wetlands were nature's sponge mechanism to recharge ground water, keep surrounding flora & fauna in healthy state. It was the exchange pool for macro and micronutrients. However, we have lost them all. Wetlands are also ecosystems natural sewage treating mechanisms. Much before the advent of power guzzling large Sewage treatment plants, wetlands played a very important role in breaking down sewage and other organic matter and reclaiming water. With the concretization of the city, there is even more stress on wetland ecosystems.

However, metropolitan cities like Bengaluru can as well try to mimic the natural wetlands by constructing the wetlands. Constructed wetlands (CW) systems are fully human-made wetlands for wastewater treatment, which apply various technological designs, using natural wetland processes, associated with wetland hydrology, soils, microbes and plants. Thus, CWs are engineered systems that have been designed and constructed to utilise the natural processes involving wetland vegetation, soils, and their associated microbial assemblages to assist in treating wastewater. Synonymous terms to "constructed" include "man-made", "engineered" or "artificial". In general terms, the landscaping we do in front of every house, apartment complex can act as a CW.

CWs can be designed based on parame-

ters of input water; type of vegetation needed, type of fauna needed in the water and the desired quality of output water. There are large choices of vegetation suited for any kinds of landscape requirements. The CW will act as a mini ecosystem, soaking in enough water for the aquifer recharge and also water immediately available for reuse.

There are real good examples of constructed wetlands available in Bengaluru today. A Bengaluru based start up on Sewage Treatment; EcoSTP has pioneered in Plant Based Filter which uses wetlands hydrology for sewage treatment. Indian Railways owned Rail & Wheel Factory has built multiple wetlands in the campus which recharges all the wells. This design & implementation of Wetlands was done by Shri Ajay Singh, who is also known as Rail Water Man.

“In general, cities like Bengaluru can have millions of smaller and micro constructed wetlands which will negate the impacts caused by destruction of macro wetlands & make it water abundant”



**Ganesh Shanbhag**  
Software Engineer by Profession  
Eco Friend by passion!!

## The Importance of Legal Awareness & the Indian Constitution

Legal awareness, also known as legal literacy, is the foundation of a just and democratic society. It empowers citizens to understand their rights and responsibilities, ensuring that they can actively participate in the governance of their country and safeguard their own interests. For a nation as diverse and complex as India, legal awareness is particularly critical to ensure social harmony, uphold justice, and promote equality. Here I pen down the significance of legal awareness and highlight the salient features of the Indian Constitution, the cornerstone of the nation's legal framework.

### Why Legal Awareness Matters

Legal awareness helps citizens understand the laws that govern them, providing a sense of security and clarity in their daily lives. It also enables individuals to recognize and challenge injustice, discrimination, or abuse of power. When citizens are legally literate, they can make informed decisions, hold public officials accountable, and contribute to the democratic process.

Moreover, legal awareness is crucial for promoting social justice. In a country with deep-rooted social and economic disparities, a basic understanding of legal rights can empower marginalized groups to assert their rights and seek redress when wronged. It fosters a culture of respect for the rule of law and discourages arbitrary use of power.

### The Indian Constitution: A Pillar of Legal Framework

The Indian Constitution, adopted in 1949 and effective from January 26, 1950, is the supreme law of India. It lays the foundation for a democratic republic and establishes the legal and institutional framework for governance. Here are some of its salient features:

- Sovereign, Socialist, Secular, Democratic, Republic: The preamble declares India to be a sovereign state with a socialist and secular orientation, governed democratically, and led by elected representatives.

- Fundamental Rights: The Constitution guarantees essential rights such as the right to equality, freedom of speech, religious freedom, and protection against discrimination, providing a powerful tool for safeguarding individual liberties.

- Directive Principles of State Policy: These principles guide government policies to ensure social and economic justice. Though not legally enforceable, they underscore the state's commitment to promoting the welfare of its citizens.

- Federal Structure with a Strong Centre: India is a federal union with a central government and state governments, ensuring a balance of power. However, the central government holds considerable authority, maintaining national unity.

- Judicial Independence: The judiciary operates independently from the executive and legislative branches, safeguarding the Constitution's integrity and ensuring the rule of law.

To summarise Legal awareness is essential for every Indian citizen, as it helps them understand and engage with the legal system that governs their lives. The Indian Constitution provides the framework for a democratic society, guaranteeing fundamental rights and establishing the principles that guide the nation. By promoting legal literacy, India can empower its citizens, promote social justice, and uphold the values enshrined in its Constitution.



**Shubhankar C.**  
Legal Associate  
General Secretary, SMSC Trust

## LIFE SAVING HERO-A CENTURION BLOOD DONOR

A true life saving hero Ms. Asha Suryanarayan, 180 times blood & its component donor is a Govt. of India employee by profession and a social contributor by passion. This true life giving mother has saved hundreds of lives by donating 58 whole blood and 122 Single Donor Platelet donations.



During the pandemic, she had been an intense covid warrior too and has cremated 26 bodies carried alone in an ambulance and has been instrumental in getting 200+ beds for covid victims.

She has also supported and promoted vaccination for the front line workers at the office like security, housekeeping and other sub staff as well as for the other officials. Asha has plenty of recognition and

merits added to her cap by coordinating blood needs all over Bangalore.



She is a compassionate mother who supports girl child education too and a qualified counselor supporting people in distress. By marking her footsteps by supporting various causes, she is loved by many as Asha Ma and is the leading lady of Karnataka in blood donations as on date.



**Asha Suryanarayan**  
C-Dot, E.city Phase 1

## Innovative Delight: Idli Vada Sambar in Idli Cup

### Ingredients:

- Idli Batter
- Mini Vadas
- Red Chilli Powder
- Chopped Coriander
- Sambar
- Chutney
- Salt



### Method of Preparation:

1. Prepare idlis in cups, ensuring they're greased for easy removal.
2. After steaming, allow the idli cup to cool down. Remove the idli from the cup and take out the center, creating an idli cup.
3. Gently smear ghee along the edge of the cup.

4. Apply a layer of chutney and sprinkle with red chilli powder, salt, and chopped coriander.

5. Place mini vadas in the cup.

6. Fill the cup with sambar.

7. Serve this unique and healthy breakfast, loved especially by kids.

**Tips:** For variation, the same idli cups can be served with sweet kheer, garnished with chopped nuts and seeds.

This recipe offers a delightful twist to traditional idlis, presenting them in an innovative and appetizing manner that's sure to captivate both adults and children alike.



**Gayathri Krishna (Bsc)**  
Gayi's Delicious Recipes

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## Yoga: Your Answer to Sustained Healthy Weight Loss

### 'An Asana a day keeps belly fat away'

Fast diets, skipping meals and a rigorous exercise regimen could help you shed those extra kilos but only for a short period of time. Why, you wonder? The day you return to a normal diet or skip a week of exercise, you will find the weighing scale tipping towards your pre-diet and exercise days. The answer to losing that belly fat and love handles lies in a sustained, holistic, and balanced diet and exercise routine, like yoga.



#### Yoga and Metabolism

Every yoga practice impacts the digestive and endocrine system, nourishing the organs involved in the metabolic process.

For example, yoga Asanas that involve twists and bends improve blood circulation and oxygen supply to the digestive organs, remove toxins and boost gut health. The endocrine system is stimulated, releasing and balancing hormones. This improves the metabolic process. Pranayama and Meditation practices elevate oxygen levels, which also speeds up metabolism.

#### Yoga and Muscle strength

Regular yoga practice will stretch, stimulate and strengthen the muscles, and even connective tissue. When you hold a yoga posture for a longer duration or repeat a movement several times, the muscles are constantly engaged. Oxygen supply and blood circulation to the muscles improve.

#### Stimulating the Digestive Fire

The better your digestion, the better your metabolism. Practices that work on the abdomen such as AgniSar and Kapalabati are useful.

#### Yoga, Stress and its impact on Weight Loss

Stress is the root cause of all problems today. When stress is managed with a practice like yoga, overall functioning and health of the system improves.

#### Mindfulness and Diet

Yoga leads to physical and psychological changes that support weight loss in a holistic and natural way. With increased awareness, improved mood, and greater self-acceptance and self-esteem, your motivation to stay committed and you will see the wonderful results unfolding!

Improved awareness of the body and mind leads to better choices in diet and lifestyle.



Gayathri Aradhya  
Yoga teacher and Evaluator  
Ashtanga Yoga Centre  
Electronic City

## Understanding Childhood Spoken Language Disorders- Part 1

A spoken language disorder represents a persistent difficulty in the acquisition and use of listening and speaking skills across any of the five language domains: phonology, morphology, syntax, semantics, and pragmatics. Language disorders may persist across the life span, and symptoms may change over time. A spoken language disorder can occur in isolation or in the presence of other conditions. Children who have experienced trauma may also exhibit language problems.



#### Developmental language disorder

(DLD) is used when the spoken language disorder is a primary disability without a known medical cause and persisting at school age and beyond. DLD is also used when the language disorder co-occurs with other diagnoses such as attention-deficit/hyperactivity disorder or developmental coordination disorder, but the causal relationship is not as obvious.

#### Specific language impairment

also appears in the literature. Some researchers may still use "specific language impairment" with distinctions

from DLD.

#### Reading, Writing, and Social Communication in Spoken Language Disorders

Children with a spoken language disorder often have difficulty learning to read and write. A learning disability (i.e., reading or writing disorder) is identified when spoken language disorders negatively affect a child's academic performance. Conversely, children with reading and writing problems tend to struggle with spoken language, particularly as it relates to higher order spoken language skills, such as expository discourse.

Language disorder associated with [condition] is used to describe a spoken language disorder that is secondary to another condition or diagnosis, such as autism, Down syndrome, intellectual disability, traumatic brain injury, or sensory impairment. For example, "a language disorder associated with autism."



Alka Raghu  
BASLP, speech language pathologist,  
Tiny child development centre, E City.

## UNDERSTANDING THE DANGERS OF CRASH DIETING

Crash dieting refers to a drastic and often unsustainable approach to weight loss, typically involving severe calorie restriction or extreme dietary changes over a short period. While crash diets might yield rapid results initially, they can have negative consequences for both physical and mental health.

Physically, crash dieting can lead to nutritional deficiencies, muscle loss, decreased metabolism, and fatigue. Mentally, it can promote unhealthy attitudes towards food and body image, as well as increase the risk of developing eating disorders. Additionally, most people who engage in crash dieting regain the weight they lost once they return to their normal eating habits.

A more balanced approach to weight loss, focusing on long-term lifestyle changes such as regular exercise and a balanced diet, is generally considered safer and more effective. It's important to prioritize health and well-being over quick fixes when it comes to weight management.

#### Few examples of crash dieting include:

- The Cabbage Soup Diet: This involves consuming primarily cabbage soup along with a few other specific foods for a week or so. It severely restricts calories and can lead to rapid weight loss, but it lacks essential nutrients and is not sustainable long-term.



- The Lemon Detox Diet (Master Cleanse): This diet involves consuming a beverage made of lemon juice, maple syr-

up, cayenne pepper, and water for several days to a week. It is extremely low in calories and nutrients, and proponents claim it can detoxify the body, but it can be harmful and is not supported by scientific evidence.

- Liquid Fasting or Juice Cleanses: These involve consuming only liquids such as fruit or vegetable juices, smoothies, or water for a set period, often ranging from a few days to a week. While proponents claim they can detoxify the body and promote weight loss, they lack essential nutrients and can be harmful if followed for an extended period.

- Fruit only diet: This involves consuming only various fruits throughout the day, which is not enough to meet a human's daily caloric requirement.

- One meal a day diet: This involves skipping one or two meals in a single day, in hopes to lose weight at a faster rate for a particular duration of time.

These examples of crash diets typical-

ly promise quick results but often fail to provide long-term weight loss or overall health benefits. They can also lead to negative side effects and should be approached with caution or avoided altogether.

Following a balanced meal pattern with addition of essential macro and micro nutrients is the way to go!



Shreyas Sanjay,  
Sports/Clinical Nutritionist  
WildFit

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## Celebrating Excellence Ms. Manisha J, Pride of Karnataka 2024



Congratulations to Ms. Manisha J, Founder President of Sri Krishna Mahila & Bala Seva Charitable Trust and Krishna Tailoring Institute, for receiving the prestigious Pride of Karnataka Award 2024 for Best Fashion Designer & Social Entrepreneurship.

The 26th edition ceremony, hosted by Icons of Indian Business Magazine, took place on May 11 at KASSIA Auditorium, Bangalore.

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## iHridAI Launches Advanced AI-ML Tool for Cardiac MRI Diagnostics

Bengaluru, 20th May 2024: iHridAI, a healthcare technology startup, has launched HarmonyCVI, an AI/ML tool for precise cardiovascular assessments via cardiac MRI, enhancing diagnosis accuracy, speed, and efficiency.

monyCVI for the clinical community. The tool is fundamentally designed to enhance the accessibility, accuracy and affordability of real-world cardiac MRI diagnostics.

Using these comprehensive and detailed insights,

our commitment towards curating an AI-based solution for analysing cardiac MRI scans rapidly. While the PAR (processing, analysing and reporting) for ECG, CT, PET and other MRIs is straightforward today, the complex cardiac MRIs need a vendor-agnostic, economically viable, easy-to-deploy solution to drive the adoption and further growth of cardiac MRI usage in advanced heart diagnostics. Harmony CVI is easy to learn, deploy and use. The user interface, speed, precision and diagnostic accuracy will help physicians with early diagnosis, thus improving better clinical outcomes of patients.”

iHridAI's HarmonyCVI, developed with medical experts and tested with real-world data, is their first step towards a multi-model AI analytics platform for ECG, ECHO, CT, and MRI. About iHridAI

iHridAI specializes in AI-based heart healthcare, enhancing diagnosis and care efficiency. Their flagship product, HarmonyCVI, provides detailed cardiovascular MRI visualization. For more info, visit [iHridAI] (<https://www.ihridai.com/>).



HarmonyCVI employs advanced deep learning to analyze MRI studies, predicting parameters such as dynamic contours and segmentation. It compiles these findings into customizable clinical reports accessible via a user-friendly dashboard, enabling rapid decision-making for cardiologists and radiologists, ultimately enhancing the diagnostic process and treatment planning.

Sai Sangineni, Founder of iHridAI, stated, “Resonating with the vision to create globally benchmarked AI-based healthcare solutions, we launched Har-

monyCVI for the clinical community. The tool is fundamentally designed to enhance the accessibility, accuracy and affordability of real-world cardiac MRI diagnostics. Using these comprehensive and detailed insights, patients with critical cardiac MRIs can be triaged for advanced and accurate review and assessed treatments. The core of our innovation addresses the need for cost effective PAR for the growing cardiac MRI adoption. At iHridAI, we strive forward to align with the new realities of preventive patient care using AI and continue to develop value-based solutions for the larger medical fraternity.”

Dr. Vimal Raj, Clinical Advisor and Co-founder, emphasised.

“The launch of HarmonyCVI reinforces



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## The BAF Bulletin Board

### Bangalore Apartments' Federation

(BAF) was formed in 2014 (Registration No. SOR / GNR/ 02 / 2014-15) to represent and protect the interests of Apartments & Resident Welfare Associations across Bangalore.

### SNN Raj Green Bay Solar Initiative A Model of Sustainability

SNN Raj Green Bay, in Phase 2 of Electronic City, Bangalore, spans 16 acres, with 4 acres dedicated to green spaces. The property consists of 1030 units across 26 towers, launched on July 1, 2017, with possession granted on September 1, 2019. To combat rising electricity tariffs, the SRG-BAOA association, maintaining the society for three years, installed a rooftop solar system in 2022.

“Initiated in June 2023 at a cost of Rs 2.40 Cr, the solar project is projected to produce 511,500 units in its first year, covering 60% of current needs sourced from BESCOM” Designed for 25 years, it is backed by warranties on inverters and modules, constituting 70% of the investment cost. Solar Square Energy efficiently managed BESCOM approvals.

The 344 kWp system, featuring Longi Bifacial modules and Enphase Micro inverters, saves the society Rs 3.5 to Rs 4.00 lacs monthly. Supported by the Karnataka Government Solar Policy 2014-21 and BESCOM, this project underscores SNN Raj Green Bay's commitment to sustainability.



Contact numbers for key individuals involved in the solar implementation:

**Shourya Singh:**  
+91 95381 81117  
**Arup Hazra:**  
+91 81499 13986

- Shashi Bhushan Mishra  
MC and Joint Treasurer  
SRGBOA

### Bridging Generations Empowering Senior Citizens



It was rewarding that school children in the age group of fifteen to seventeen tried to connect the senior citizens of Bangalore on 12th May at ISBR campus at the Electronic City.

## 2bin1bag Method of Waste Segregation

### “Organising is what you do before you do something;

On December 17, 2015, Karnataka High Court, mandated the “2bin1bag” be adopted by all waste generators in Namma Bengaluru.

What is “2bin1bag” method of waste segregation?

“2bin1bag” consists of one Green-bin, Red-bin, and Bag.

- Green bin for kitchen waste (vegetable and fruit peels and food waste)
- Red bin for reject waste (Sanitary waste) and
- Bag for Dry waste (Plastic, paper, etc).

“2bin1bag” promotes waste segregation at the source with a color-coded system, ensuring uniform and efficient waste management at all levels. 2bin1bag - “Divide and Conquer Waste” initiative by the Karnataka government has streamlined garbage collection in BBMP areas, eliminating roadside dumping of mixed waste. Gram panchayats are now adopting this system to tackle local waste issues.

How to follow “2bin1bag” method of segregation:  
**Step 1:** Get the “2bin1bag” kit online from platforms like Bigbasket for individuals and organizations like Stonesoup, Maatti Environ Waste Segregation, IndiaMart, etc., for community purchases.  
**Step 2:** Follow the waste segregation guidelines provided in downloadable pamphlets, available in multiple languages at <https://www.2bin1bag.in>  
**Step 3:** Get started.

Our roads currently look like the picture on the left. The streets can be like the picture on the right with our collective efforts and following the “2bin1bag” segregation method at the source. The dirty laundry sits in a designated basket making it visually

easy to see and act.

Waste segregation with the “2bin1bag” method is as easy as walking, with a simple learning curve that builds strong muscle memory.



### Why follow waste segregation?

Non-segregated and mixed waste often ends up in landfills, leading to methane production, soil, and groundwater contamination. Stringent government rules on garbage dumping have resulted in roadside and vacant plot dumping in and around Electronic City. Adopting the 2binandbag method diverts 80% of waste towards recycling and composting, minimizing landfill waste.

- Suchitra Balu, Ranu & Savita  
smondo2 Apartment, Neotown

Painstakingly, senior citizens from far away places like Hebbal and BTM Layout were also reached out to and assembled under one roof under the aegis of Happy Folks Club (HFC), exclusively meant for the benefit of senior citizens.

Activities like zumba dance, led by a professional, followed by a workshop on wellness and later perception, were the highlights, organized with the help of professionals in the respective fields.

The mood of the elders in the conference was upbeat; about twenty-three members from Ajmera Infinity Recreation Club participated. This concept is not merely an initiative but going to be a movement, as the man behind the program.

Dr. Kothari, explained. The Happy Folks Club is organizing a one-year program starting in June 2024 with the aim to connect and empower the senior citizens. He also mentioned that the present India is a product of the sweat of the senior citizens.

“Dr. Rama, founder of ELCITA, mentioned that the children are the investments and grandchildren are the interest from the investments and seniors should devote time for the movement being started by school children. Happy Folks Club has invited the senior citizens to join the year-long program and contribute their efforts” Those who wish to join can please take note.

Siddarth Kothari  
63643 77772

### A Day in the Life of Our Waste Event For Kids At Ajmera Green Acres

As part of International Composting Week, the Solid Waste Management Team at Ajmera Green Acres,

adding compost powder before mixing and transferring it to the composting unit.



Bannerghatta Road, hosted a fun and educational event for kids on May 11th, exploring the ‘story of our waste.’

Ajmera Green Acres residents are proactive in green practices, composting most kitchen waste with three in-house units. Children and parents eagerly gathered for the event, where they witnessed a demonstration by the housekeeping staff on managing kitchen waste. The process involved spreading cocopeat to absorb moisture, dumping kitchen waste, removing non-compostable items, and

“The children connected the demonstration with their school lessons, asked many questions, and took home 1 kg of compost (‘black gold’) in reusable bags. They gained a deeper appreciation for the hard work of the housekeeping staff in maintaining a clean and green environment”

Events like these aim to instill a participative spirit in children, encouraging them to engage in waste segregation at home.

Viniba, Ajmera Green  
Acres Apartment



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## Annual Jatra Festival Brings Joy and Unity to Basapura Grama



On the occasion of the annual Jatra festival of Basapura Grama of Begur Hobli, south of Bengaluru, multiple religious events took place on the 18th of May, 2024, at Duo City & Duo South County Layout situated in Basapura village as part of a larger celebration. The SeethaRama Utsava Murthy was brought into the layout from Hanuman village temple and worshiped with great divinity.

Seetha Rama Kalyana was held at the layout, symbolizing the celestial union of Lord Rama and Mother Seetha. Multiple religious celebrations were included, which ended with prayers to the Lord for the well-being of society and the welfare

of residents. All the residents participated in the event with joy and prayed for inner peace and well-being.

Apart from that, residents also hosted Seetharama Palanquin (Pallakki Seva). It was a wonderful sight to see all the residents of the layout and also from Basapura village come together to celebrate the events with a lot of joy.

The events ended with a prayer of "Sarve Janaah Sukhino Bhavantu," praying for peace and harmony in society.

- Resident of Duo City Layout

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## Maple Bear Canadian Pre-school Opens Doors on Hosa Road



Maple Bear Canadian Pre-school inaugurated its new Hosa Road centre on May 10th, 2024, with CEO Mr. Inderpal Sing and Maple Bear Kindergarten marking the occasion. With a global presence spanning 40+ countries and 500+ preschools, Maple Bear aims to deliver top-notch Canadian education. BBMP Ex. Corporator Mr. Sininivas S N

praised the initiative, and parents eagerly enrolled their children on the auspicious day of Akshaya Tritiya. Centre Director Mr. Shivaprasad S B assured the best learning and parenting experience. The launch promises a new era in early childhood education for Hosa Road residents.

- Maple Bear Canadian Pre-school Hosa Road Centre, Bengaluru

## 8th Annual Pallakki Utsava in Pragathi Nagar



On May 18th, Pragathi Nagar celebrated the 8th annual Pallakki Utsava at Shri Varasiddhi Vinayaka Devasthanam. The event featured a procession of 15 pallakis (palanquins) with traditional Veeragase performances, rangoli designs by women, special

poojas, and prasada distribution. Supported by the Electronic City Police, BBMP, and active resident participation, the celebration was a joyful and unified success.

- Residents of Pragathi Nagar

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## DriveX Expands Presence in Bengaluru with new dealership Greenage Motors!

Bengaluru, 20th May : DriveX - India's pioneering fully integrated pre-owned two-wheeler platform, is pleased to announce the grand inauguration of its latest dealership, Greenage Motors, located in Electronic City, Bengaluru. The inauguration ceremony has recently taken place, marking a significant milestone in DriveX's expansion journey.



While commenting on the occasion, Narain Karthikeyan, Founder and Managing Director, DriveX, said,

“The inauguration of this new dealership with Greenage Motors is a testament to

DriveX's commitment to providing customers with premium pre-owned two-wheelers and exceptional service. We are thrilled to expand our presence in Bengaluru and look forward to serving the residents of Electronic City and surrounding areas.”

Sharing his thoughts on the development, Mr Silambarasan Ayyappan, Partner, Greenage Motors, said, “We are excited to partner with DriveX in bringing premium pre-owned two-wheelers to the residents of Electronic City.”

Sunildatt Kunale, Partner, Greenage Motors, added, “DriveX is playing an enormous role of not just making high quality and reliable two wheelers accessible to everyone at affordable price, it is also integrating the pre-owned buyers and sellers through technology to realise the value for all.”

The new dealership, Greenage Motors will offer customers a wide selection of top-quality pre-owned two-wheelers, backed by DriveX's renowned refurbishment process and commitment to customer satisfaction. With a focus on transparency, reliability, and convenience, DriveX aims to redefine the pre-owned mobility experience for customers in Electronic City.

- Greenage Motors, Electronic City

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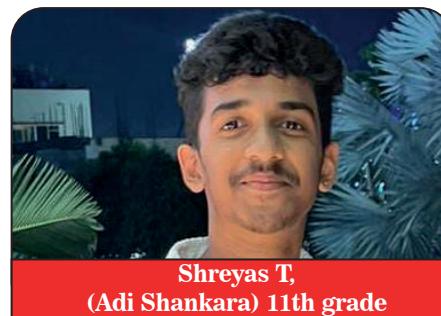
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## The Urgent Call for Responsible Teenage Behavior in India



In recent years, India has witnessed a concerning trend: a rise in teenage recklessness and reluctance towards responsibility. From minors speeding on scooters to lazily bypassing safety measures, the landscape is fraught with risks. Teenagers, instead of prioritizing safety, are opting for thrill-seeking behaviors, endangering both themselves and others.

One prominent manifestation of this trend is the increasing disregard for road safety. Many teenagers exhibit reckless driving habits, leading to tragic accidents like the recent incident in Pune where a 17-year-old's negligent driving claimed two lives. Additionally, the reluctance to use provided safety measures, such as skywalks, showcases a concerning lack of responsibility.

Moreover, the allure of digital devices has further diverted teenagers' attention away from constructive activities. Instead of investing time in personal development and education, many succumb to the addictive pull of gaming and social media platforms like Instagram.

Furthermore, the influence of media, particularly movies, has normalized toxic behaviors and substance abuse among teenagers, exacerbating the societal issue.

It is imperative for society to address these challenges collectively. By promoting responsible behavior and fostering a culture of safety and accountability, we can strive towards a safer environment for all. It's time for teenagers to recognize the importance of their actions and contribute positively to society, ensuring a secure and prosperous future for themselves and others.

Do you want to share your holiday learnings, scan and upload entries for our upcoming issue.

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