

ELECTRONIC CITY CREDENCE

NAMMA NEIGHBOURHOOD NEWS

Bommanahalli to Chandapura

Akshaya Nagar to Ananth Nagar

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Quick News Bites

- 1

PES University, Electronic City, held its Entrepreneurship Summit on November 14, featuring CXOs sharing insights on innovation, leadership, and business strategies. A hub for aspiring entrepreneurs!
- 2

From November 11, 2024, BMTC, in collaboration with ELCITA, introduces an electric bus service linking Silk Institute Metro and Electronics City, ensuring eco-friendly and efficient commutes.
- 3

ELCITA engaged with Mexico's Ambassador to India, H.E. Federico Salas Lotfe, and Mr. Guillermo Conejo at an ISBR-hosted session. Leaders showcased Electronic City's ecosystem, highlighting innovation and potential for global collaborations.
- 4

Thirupalya Lake near Electronic City, recently rejuvenated, was destroyed by a neighbouring landowner who illegally demolished the bund, claiming ownership. Environmentalists raise concerns about the growing influence of money on lake destruction.
- 5

Frequent reports regarding Massive traffic Jam in E city flyover left commuters stuck for over an hour, bringing movement to a stand still. The congestion has caused significant delays & created a ripple effect, slowing down traffic on connecting roads, leaving frustrated travellers stranded.

Are we Really good at complaining about others?

One fine day I was going to the office in my Car. Suddenly the car in front of me stopped and my subconscious reaction triggered me to honk without a second thought. The next moment my conscious mind made me realise that the Car had stopped because another car in front was taking a U turn.

Why are we always in a Hurry?
If I was late to my work it's my mistake and I should have started early. Instead of waiting at a traffic signal as soon as the signal turns green we tend to honk even though we know that the vehicle in front of us will also move shortly.
Let's try to slow down our

lives. Even though we don't intend to, the fast pace of City life is unconsciously making us forget our emotions, empathy towards others. Let's Be Conscious of what we are doing.
“Building a New India, One Individual at a time”
- Prabhu P
Software Engineer.

Shriram Signiaa Association Empowers Women with Self-Defense Training



In a commendable initiative, the Shriram Signiaa Association recently organized a *Self-Defense* program for their female staff, conducted by the esteemed Rani Chennamma Parade team of the Bangalore City Police. This program aimed to empower women with essential self-defense techniques, equipping them with the skills and confidence to protect themselves in challenging situations. Participants praised the session for its practicality and relevance, as they

learned vital tactics to counter potential threats. The program also emphasized the importance of awareness, quick thinking, and physical agility in ensuring personal safety. If you'd like to conduct a *Self-Defense* session by the Rani Chennamma Parade team in your community, Please reach out to Manisha at 9663470110. Let's join hands to build a safer, more confident society!

BMTC Launches Electric Bus Service in Collaboration with ELCITA

Bus	From Silk Institute to E City		
ELCITA Bus		7.45 am	
BMTC		8.15 am	
ELCITA Bus		8.45 am	
ELCITA Bus		9.10 am	
ELCITA Bus		9.30 am	
Bus	From E City to Silk Institute		
ELCITA Bus		4.45pm (From Phase 2)	
BMTC		5.15pm (From Wipro)	
ELCITA Bus		5.30pm (From Phase 2)	
ELCITA Bus		6.00pm (From Wipro)	
ELCITA Bus		6.20pm (From Wipro)	

The Bengaluru Metropolitan Transport Corporation (BMTC), in partnership with the Electronics City Industrial Township Authority (ELCITA), launched a free electric bus service connecting Silk Institute Metro Station and E City on Monday. Designed to improve last-mile connectivity, the service includes three daily trips between East & West E City.

This initiative aims to meet the growing demand from IT employees and industry professionals in South Bengaluru while promoting eco-friendly travel and reducing private vehicle dependence. Notably, ELCITA has previously operated free feeder buses on this 25-km stretch since the opening of the Silk Institute Metro Station in 2021

NICE-4A Bus Service: Faster Commutes to Electronics City

NICE-4A Kaveri Nagara to Electronics City WIPRO GATE (NICE ROAD)

Departure from Kaveri Nagara: 07:30
Departure from Electronics City Wipro Gate: 16:45

BMTC introduces the NICE-4A bus route connecting Kaveri Nagara and Electronics City Wipro Gate, tailored for office goers during peak hours. Taking the efficient NICE

Road route, the service ensures a quick and hassle-free journey. Commuters can now enjoy timely transportation to their workplaces with a reliable and streamlined timetable.

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**Interested in contributing an article?
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Burnout: Recognizing It & Recovering

A few weeks ago, an IT professional from Bangalore shared his story online—it resonated with so many of us. After months of working 12-hour days, handling client calls at odd hours, and skipping meals to meet deadlines, he found himself in a hospital bed. Diagnosis? Exhaustion and stress-induced hypertension. What he thought was just “part of the hustle” turned out to be full-blown burnout.

Burnout isn't just about feeling tired. It's that deep sense of exhaustion, hopelessness, and detachment that doesn't go away with a weekend off. Work is often the biggest culprit, especially in high-pressure environments. Tight deadlines, long hours, and a lack of appreciation can wear anyone down. But unlike regular stress, which comes & goes, burnout lingers—it's like carrying a heavy backpack you can't put down.

How to Manage Burnout

- Pause and Prioritise:
- Set Boundaries
- Reconnect with Joy
- Talk it out
- Eat well, sleep well, and move your body

- Dr Ruupa Rao, Psychologist and Psychotherapist, And ICF PCC

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Great Minds Grow @ Sprouts the Happy Playschool



Mrs.M.Triveni Krishnaraj
Co-Founder & Principal

Had a desire to create a difference, provide and promote a joyous learning space for students, thus making the school going experience an exciting and purposeful one. All of these were instrumental in the birth of **SPROUTS-The Happy Playschool**.

Like how a seed germinates into a plant, we wanted our children to always sprout at their own pace, yet be very firm and strong in their roots and thus the name Sprouts was born!

Our Mission:-

Provide a secure and safe learning environment that values and nurtures the emotional, social, intellectual, & physical needs of every child.

Our Vision:-

To be a progressive school, with international standards, that fosters independence, leadership, and mindfulness in every learner.

IN A SPROUTS CLASSROOM, YOU WILL SEE THAT:

- Low student – teacher ratio with qualified teachers and Multilingual staff.
- Exploration of Montessori & playschool activities.
- Enhancement of Cultural inhabitants in children by organizing events and celebrations of festivals.

“In every child is a Seed that grows into a great Mind.”

The Final Word

Playschool education acts as a stepping stone to face formal education in kindergarten. A quality preschool education can be one of the greatest gifts you can give to your child. So, choose a play school wisely and one that suits the needs of your child. Don't choose a playschool based on the cost rather the best quality at low price.

AI's Immense Potential

 Mr. Navneet Pandey panellist	 Mr. Saurabh Sahu panellist	 Mr. Arun Kumar N panellist	 Mr. Surya Prakash panellist
 Mr. Sijin Jacob panellist	 Mr. Venkata Saikiran Sanapa panellist	 Ms. Suchitra panellist	 Mr. Prabhu Anandh panellist
 Mr. Pradeep Mishra panellist	 Mr. Sudhakara Hosthota Romachandra panellist	 Mr. Bruce D' Rozario Moderator	 Ms. Likitha Murali Moderator



HPV VACCINE SHOULD YOU GET IT?



Human Papilloma Virus (HPV) is responsible for genital warts and several cancers, including cervical, anal, mouth, throat, head, and neck cancers. Certain strains of HPV are linked to specific diseases. Taking the HPV vaccine before exposure to the virus can help prevent these conditions.

The vaccine is ideally given to boys and girls between 9 to 15 years of age. Women and men can also take the vaccine up to the age of 45. If you already have an HPV infection, the vaccine cannot cure it, but it can protect

against newer strains and prevent further infections. It is important to note that the vaccine is for **PREVENTION** and **NOT FOR CURE**.

Children under 15 years of age require two doses of the vaccine, with the second dose given six months after the first. Individuals aged 16 to 45 years need three doses, given at 0, 2, and 6 months.

The HPV vaccine is generally safe, with common side effects including soreness, redness, or mild allergy at the injection site. Rarely, it may cause dizziness, nau-

sea, vomiting, or fainting spells.

The vaccine should not be administered during pregnancy. If a woman becomes pregnant after receiving the first dose, the subsequent dose should be delayed until after delivery. Those allergic to the first dose should avoid further doses.

This is the only vaccine that can prevent cancers caused by HPV. For maximum effectiveness, it is best taken before becoming sexually active. However, even if vaccinated later, regular Pap smears are essential for cer-

vical cancer screening.

“Early vaccination is key to preventing HPV-related cancers and ensuring



- Dr. Sabiha Anjum, MBBS,DGO,FRM, (MRCOG UK), Consultant Fertility & Women's Health Specialist, Raya healthcare, E city



Joyful Celebrations at Vedam School On Children's Day



Vedam School celebrated Children's Day with great enthusiasm and a variety of cultural activities organized by the teachers. The events included various

dances, a kitchen orchestra, skits, and songs. Each class conducted different games, snack parties, and dance sessions, adding to the festive spirit. Teachers

also gave gifts to the children, making the day extra special. The school management joined the celebrations by presenting gifts and sweets to the students,

and a cake-cutting ceremony was held to mark the occasion.

“It was a memorable day filled with joy and excitement for everyone.”

Why Men Should Switch to Natural and Ayurvedic Grooming Products?

Gentlemen, is your grooming routine as healthy and effective as possible? The rising popularity of natural and Ayurvedic skincare isn't just a fad—it's a revolution in self-care that's as kind to your skin as it is to the environment.

Gentle Care for Resilient Skin

Men's skin endures daily challenges like shaving and exposure to pollution. Natural ingredients like aloe vera, turmeric, and sandalwood soothe irritation, reduce dryness, and

promote a refreshed, nourished feel after every shave or cleanse.

Ditch the Chemicals

Conventional grooming products often contain parabens, sulfates, and synthetic fragrances that can harm your skin over time. Ayurvedic alternatives leverage the healing properties of neem, tea tree oil, and antioxidants to keep your skin safe, healthy, and glowing.

Revive Hair & Beard Health
Struggling with a dry scalp

or brittle beard? Ayurvedic gems like bhringraj and amla strengthen your hair, improve texture, and provide deep nourishment, leaving your hair and beard smooth, vibrant, and manageable.

Eco-Friendly & Sustainable

Natural grooming products are not only great for you but also for the planet. With biodegradable and ethically sourced ingredients, they reduce environmental impact while enhancing your self-care routine.

Elevate your grooming with natural and Ayurvedic products—experience the difference today!



Lakshmi Priya TT
Founder & CEO
Life Purified

Samsidh International School, GOLAHALLI, Electronic City Branch, Bangalore organized an insightful discussion on the Pros and Cons of Artificial Intelligence (AI) with the panelist being the Parents.

“The conversation underscored AI's immense potential to enhance productivity and support adaptive learning

for students. However, it also highlighted a crucial point — the irreplaceable value of human interaction, compassion, and empathy, qualities that AI alone cannot provide.”

Together it was explored both, the opportunities and risks involved with AI in School environment. AI offers a powerful way to customize learning and empower teach-

ers with tailored lesson plans and formative assessments. Yet, we must also equip our children to discern right from wrong, a skill essential for navigating AI's challenges and the online world's influence.

As message to the Society that, how Samsidh School is deeply committed to guiding students in using AI respon-

sibly, leveraging its strengths to foster effective learning while nurturing their sense of judgment and ethical values. Let's continue working hand-in-hand with schools and parents to help children grow into capable & conscientious individuals.

- Samsidh International School, Golahalli, E City, Bangalore

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Aanya Soni,
Grade 11,
Candor International School.

A kid's Guide to Parenting

Build Empathy and Connection

Parents must learn to get on with the times and become more open minded; like their children and realize that something that may seem insignificant to you could be something very important to them. Empathy is the most critical skill for parenting.

Heal to Empower Your Parenting

Oftentimes parents who grew up in times where children were a means of labor and born for the purpose of needing more workers, were not given the proper nurture and individual care as a child. While it is understandable that they would struggle to parent their own children, it is certainly no excuse for treating your child in the same not so great manner in which you were treated.

Celebrate Individuality

Stop comparing your child to those around them. The only thing that it brings is disappointment to you as a parent, and leaves the child feeling like they will never be good enough. Each child has their own strengths, you cannot compare them to others and make them feel like they are lacking in some way. Instead foster individuality in the child and make them feel confident in their own skin; this way they can continue to excel in their own field more.

Start with Self-Care

You cannot help a kid unless you are comfortable and secure in yourself first. Kids require a lot of time, energy and patience, which unless you are ready to accept you can never move forward in your relationship; this ultimately just leaves the parents frustrated and the child feeling misunderstood, not to mention the problem never gets solved and you are just moving in circles.

See the World Through Their Eyes

Oftentimes parents are not able to see their children's problems as real, as to them they may seem insignificant. However they must put themselves in the shoes of their child. Children's worlds are a lot smaller than that of an older person, so a relatively small problem could be bothering them a lot more than one would think.

Adapt to Changing Times

Times are changing; we do not live in the 20th century anymore, the internet and the digital world is a key part of our lives, and children are exposed to a lot more knowledge and opinions than that of their parents. This can lead to them fostering a different individual perspective and identity than that of their parents, and parenting them could need a completely different skill set than that that were used on parents themselves.



Which superhero would I like to be and What Superpowers will I have

I wish I was Elsa because she has magical "Ice Powers". And do you know, she can make snow man and even a snow castle! But one time, she got so scared when she hits Anna, her sister. So much scared that she went up the mountain to avoid hurting anyone else. She also wore gloves to control her powers. When any-

one tries to shake her hands, she doesn't allow. She also looks very beautiful.

Elsa can also help people with her ice powers. She can freeze bad people with her magic. Her magic is very powerful.

If I had such powers, what would I do? I could do whatever Elsa does - I could make some snow in my house and

even things made of ice. For fun, I could have ice creams whenever I want and not catch a cold, make snow slides to play with my friends. Like Elsa, I could also freeze bad people to help the police. I could freeze food in hot weather so it never goes bad - there will be no need of a fridge!

I would be very happy

if I could have magic - it would be a very happy day for me.



Vartika Bajpai
Class 2

Future Leaders, Dreamers, Adventurers & Achievers

The Little Star's Big Dream

High up in the night sky, there lived a tiny star named Twinkle. Twinkle wasn't the biggest or the brightest star, and she often felt overlooked among the dazzling constellations. Her dream was to shine so brightly that everyone on Earth would notice her.

One day, Twinkle decided to visit the Moon for advice. "Moon," she said, "how can I shine brighter? I want people to see me." The Moon smiled gently and replied.

"Twinkle, it's not about being the brightest. It's about finding your purpose. When you bring light where it's needed most, your glow will become unforgettable."

Twinkle didn't quite understand, but she decided to look around Earth for a way to help. That night, she noticed a small boy named Ravi sitting alone by a window. Ravi loved stargazing but was sad because he couldn't find the constellations his mother had shown

him before she went away for work. Twinkle thought hard and then had an idea. She twinkled her brightest, guiding Ravi's eyes to the stars forming the Little Dipper. Ravi's face lit up with joy. "I see it! I see it!" he shouted excitedly.



From then on, Twinkle helped people find constellations and guided lost travelers with her light. She realized that her dream wasn't about being the brightest star but about making a difference, no matter how small.

Twinkle might have been little, but her kind heart made her shine brighter than all the stars in the sky.

Lesson: The greatest light shines when you use your talents to bring joy and meaning to others.

Eight-year-old Upendra Parate receives National Award in Art Competition



Upendra Parate
Summitt Apartment

Upendra Parate, from Shriram Summitt Apartment in Electronic City, is a fourth grade student at Christ Academy CBSE School and is well-known for his interest in art.

When in third grade, he participated in the All India 'Swachh Bharat' Art Competition.

Organised by National Education and Human Resource Development Organisation (NEHRDO). The collage and colouring done by him were selected at the State level.

Subsequently, the drawing and colouring done by him, on the theme of 'Swachh Bharat Abhiyaan', was recognised at the National level and he was awarded National Award by NEHRDO. Other than academics & art, he also pursues other interests like Tae-kwondo and skating in his school & apartment.

Regional Creativity Art Contest at Globalart



Globalart International school of Creative drawing had conducted Kreative Star 2024, the 9th edition of the unique creativity contest for schools across bangalore at Nexus Shantiniketan Mall, Whitefield on Nov 17th 2024. The competition was held in 3 rounds, round 1 at school level, round 2 at the centre level and round

3 at the regional level. We witnessed an overwhelming response, with over 20,000+ students from 36 esteemed schools across Bangalore taking part in the first round of this unique creativity contest. Advik Mohapatra from Delhi Public School, Electronic City grabbed the Champion trophy for grade 3.



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Fermented Rice: The latest Health trend

An integral part of the Indian diet, fermented rice has always been a staple food that has been advocated by our ancestors. Increasing research in the last few years has shone light on the myriad health benefits of fermented rice. The present generation has started incorporating this nutritional powerhouse as their breakfast and it's gaining traction like never before.



Loaded with nutrients, probiotics and antimicrobial properties, fermented rice helps in increasing the good bacteria in your gut and improves the over-

all health of your gastrointestinal tract.

In addition, consuming fermented rice helps reduce frequent hunger pangs and aids in appetite control, thereby helping you with weight management.

“Fermented rice is super easy to make and sustainable. It is prepared by simply soaking left-over cooked rice in water overnight and must be mashed thoroughly. To get the best flavour outcome, you can add curd, salt and small shallots as add-ons and you're good to go.”



**Madhumita P,
Freelance writer**

Must-Have Activewear Your Essential Guide to Fitness Fashion

For those who embrace an active lifestyle, having the right gear can make all the difference. From morning jogs to yoga sessions, investing in high-quality activewear not only boosts performance but also enhances comfort. Here's a rundown of must-have pieces to elevate your workout wardrobe.

Leggings: A staple in any fitness wardrobe, leggings offer support and flexibility. Look for options with moisture-wicking fabrics and a high waistband for optimal coverage during squats and stretches. Whether you prefer full-length or capris, finding the right fit is key.

Sports Bras: A well-fitted sports bra is essential for comfort and support. Choose styles based on your activity level—lighter support for yoga and high-support for running. With options that vary in style and size, finding the perfect fit can help prevent discomfort and distractions during your workout.

Lightweight Tank Tops and Tees: Breathable, lightweight tank tops and tees are perfect for layering and provide breathability during workouts. Choose materials that wick moisture away from the body and allow for ease of movement.

Track Pants/Joggers: Ideal for casual wear or warming up before a workout, joggers and track

pants offer comfort and style. Look for joggers with elasticized cuffs for a secure fit that allows you to train without distractions. **Shorts:** For warmer weather or intense cardio sessions, breathable shorts are a must. Opt for those with built-in liners for added comfort and pockets for convenience. Whether you prefer a loose fit or more form-fitting styles, having a few pairs on hand will keep you cool & stylish. **Versatile Outerwear:** As temperatures fluctuate, versatile outerwear becomes invaluable. Lightweight jackets or hoodies can easily layer over your activewear, offering warmth without bulk. Look for materials that are wind-resistant and moisture-wicking.

“With these essentials in your wardrobe, you'll be ready to tackle any challenge, keeping comfort & functionality at the forefront of your fitness journey.”



**- Neethu A
Director: Design & Product
Jolger Activewear**



Effective strategies for parent Teen communication



Effective parent-teen communication is crucial for building trust, resolving conflicts, and guiding teenagers through the challenges of adolescence. To communicate effectively, parents should practice active listening by giving their undivided attention, maintaining eye contact, avoiding interruptions, showing empathy, and paraphrasing to ensure understanding. Open communication can be encouraged by fostering open-ended conversations, using non-judgmental language, validating feelings, creating a safe and supportive environment, and being approachable and available.

In resolving conflicts, it is

important for parents to stay calm and composed, avoid criticizing or blaming, focus on the issue rather than the person, use “I” statements, and seek common ground. Effective expression involves using clear and concise language, being honest and transparent, showing physical affection like hugs, using positive language, and avoiding lecturing or preaching. Building trust requires parents to be consistent and reliable, follow through on promises, respect their teen's boundaries, show interest in their life, and apologize when needed.

To strengthen the relationship further, families should schedule regular time together,

engage in activities their teenager enjoys, monitor and set boundaries, practice mindfulness, and seek professional help when necessary. Parents should also recognize and address common challenges such as technology use, peer pressure, emotional changes, independence seeking, and differences in values. Overcoming barriers involves being patient and understanding, avoiding assumptions, focusing on shared values, finding common interests, and demonstrating a willingness to learn.

“Resources such as the American Academy of Pediatrics (AAP), National Parenting Publication Awards

(NAPPA), Verywell Family, Psychology Today, and health-care providers or therapists can provide valuable guidance. By implementing these strategies, parents can foster stronger, more positive relationships with their teenagers.”



**- Seema,
Educator, Artist,
Psychological
Counsellor.**

Navigating Generation Alpha with Intention

Raising children today feels like sailing uncharted waters. As a parent of a child born between 2010 and 2024, you're witnessing the rise of Generation Alpha - a generation so fundamentally different that our traditional parenting playbooks seem obsolete.

These digital natives don't just use technology; they breathe it. They're born into a world where screens are as natural as breathing, where information flows faster than we can process. But beneath their tech-savviness lies a critical challenge: maintain-

ing human connection in an increasingly digital landscape.

The real parenting superpower now isn't controlling technology, but guiding its use. When your child intuitively fixes phone settings or navigates apps with ease, it's not just a cute moment - it's a signal. A signal that we must evolve our parenting strategies.

Our children are absorbing more than just digital skills. They're internalizing our behaviors - our phone addiction, our stress, our constant rush. If we're perpetually distract-

ed, they'll learn distraction. If we're always in motion, they'll struggle to find stillness.

Here's the transformative insight: We aren't just raising children; we're co-creating their worldview. Every digital boundary we set, every moment of genuine connection, every intentional pause matters deeply.

Practical steps:

- Create tech-free family zones
- Model balanced screen time
- Prioritize physical play and outdoor experiences
- Practice mindful digital con-

sumption together “Generation Alpha isn't a problem to solve, but a generation to understand, guide, and learn from.”



**- Suma Chunduri
Certified Parenting
Coach & Author**

THE GOD WHO SPEAKS

Greenhouse is graced by several temples, the foremost being the Sri Lakshmi Narasimha Swamy Temple, also known as Sri Sesharooda Prahalada sameda Sri Lakshmi Narasimha Swamy Temple. Established in 2009, when the area was a dense jungle, this temple is managed by a private trust with Sri G. Shankar Reddy as President and Sri N. Purushotama Reddy as Vice President. The temple is credited with inspiring the growth of nearby apartments and draws large crowds who believe in the Lord's miraculous power to fulfill sincere

prayers—be it for wedlock, childbirth, jobs, or education. Devotees share personal experiences of the Lord responding instantly, often signified by a falling flower or garland.

Sri Lakshmi Narasimha Swamy is revered as an instant avatar who manifested to protect child devotee Prahlada by slaying the demon Hiranyakashipu, using His divine form—a human body with a lion's head—and His nails as weapons. The temple's sanctum exudes divine energy, and visitors feel His piercing gaze uncovering their wishes. A miraculous for-

mation of a lion's open mouth was recently observed on the temple's tiled floor.

“The temple celebrates festivals like Brahmotsavam, Vaikunta Ekadasi, Sankatahara Chaturthi, and Sri Satyanarayana Pooja with grandeur: Sannadhis for Lord Ganesha, Sri Ram, Sita, Lakshman, Hanuman, Lord Shiva, and the Navagrahas enhance its sanctity.”

Timings:

- Sunday to Friday: 6:30 a.m. – 11:00 a.m. & 5:30 p.m. – 8:00 p.m.
- Saturday: 6:00 a.m. – 12:00 p.m.

Visit this temple to experience divine blessings and lead a fulfilled life.



**- Mrs. Jayamangalam
Ramamoorthy,
BA, Diploma in Journal-
ism, Retired Employee
of National Insurance
Co. Ltd, and Freelance
Writer.**



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Karnataka Rajyotsava 2024 Celebration

A grand celebration of Karnataka Rajyotsava 2024 was hosted by Samsidh International School, Electronic City, Golahalli on 16th November 2024. It was organized by Neotown Resident Welfare Association Trust and Sri Krishna Manila and Bala Kendra Trust, residents of Golahalli, Shikaripalya, and adjacent areas.



Defence veterans hoisted the flag at the Samsidh International School premises, followed by a motivational speech by Sampige Sir. As part of the formal inauguration ceremony, Prakash Sir, the Corporator, Miss Chethana, Advocate and other distinguished guests lit the lamps. The school children performed a tuneful rendition of Jaya Bharata Jananiya Tanujate.



At this remarkable event, Neotown residents demonstrated their diversity and togetherness to give back to their community. They created a platform for people to express their support and love for their neighborhood.

The highlights of the event : Dolly Kunita and Yakshagana performances, yoga demonstrations, self-defense workshops by Bangalore City Police's Rani Chennamma Pade team, cultural events of dance, elocution, singing, and flute and classical dance performance by the students of Laasya Dance Academy. Namate24 Training Academy also organized a tattoo painting workshop for kids, and Globalart Ecity conducted a drawing competition, with certificates and trophies awarded to the winners.

With the financial support of esteemed organizations: Zahabi Inc., Namate24 Training Academy, which provides tuition, coaching, and IT training online and offline in Bangalore, HongKong & UAE, Squiggle Decorations and Event Management, Pearls of Happiness for career and psychology counselling, spiritual sanctuary Soulful Zodiac/Soulszest, devoted to aligning astrology, Tarot, vastu, and healing practices, contributed gifts for the event. Food industry figures included Deepak, founder of Nala Food, Shristi Jain, an expert in North Indian cuisine, and Anusha Reddy- Bangarpet spicy chat, Frosting Corner - Homemade 100% eggless fresh bake, A premium daycare school - Rainbow Academy, a premium real estate firm S V Developers, Neo Smiles dental clinic and Ms. Deepa Jain, a leading astrology and numerology expert, sponsored the event. It is a huge thank you to the members of the organizing committee, Manisha, Megha, Deepa, Cecelia, Soumya, Aswathi, Ashok, Vishwa, Sri Ram for believing in the initiative and bringing together the residents.

- Neotown Resident



The Karnataka Rajyotsava was celebrated with great enthusiasm at SLV Brundavan, Heelalige, Electronic City Phase 2.
- SLV Brundavan

Diwali 2024 Shines Bright At Ajmera Infinity



Ajmera Infinity lit up with a grand two-day Deepank (Deepavali) celebration on November 16th and 17th, 2024. Organized by the AIAOA, the event witnessed participation from over 500 residents aged 4 to 80 years, showcasing the vibrant community spirit.

The celebrations were further elevated by the presence of Chief Guest Rama Ji, Advisor to ELCIA, and RJ Ankit Piplani, "The Big A of Anchoring," who hosted the event.

- Ajmera Infinity

Support Siva Nagendra Fight Blood Cancer



P Siva Nagendra, a loving husband and father of 7-year-old

twins, has been courageously battling Early T-cell Precursor Acute Lymphoblastic Leukemia/Lymphoma (ETP ALL, Blood Cancer) for the past six months. After spending ₹43 lakhs on chemotherapy, Siva now requires a bone marrow transplant, which will cost an additional ₹30 lakhs. We are reaching out to you for support to help cover the costs of his life-saving procedure. Your contribution can make a significant difference in Siva's fight

for survival.

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