

# ELECTRONIC CITY CREDENCE

## NAMMA NEIGHBOURHOOD NEWS

Bommanahalli to Chandapura

Akshaya Nagar to Ananth Nagar

Volume 2 : Issue 39

08th- 21st Dec 2024

Free Circulation - 25,000 Copies

### Quick News Bites

01

Bengaluru-based Exponent Energy will launch its first integrated facility in Electronics City, featuring a 1 GW battery manufacturing plant and R&D lab, accelerating EV innovation and expansion efforts.

02

ELCITA initiates a one-way traffic trial in Electronics City West Phase from December 20, 2024, to January 3, 2025, aiming to reduce congestion and enhance road safety.

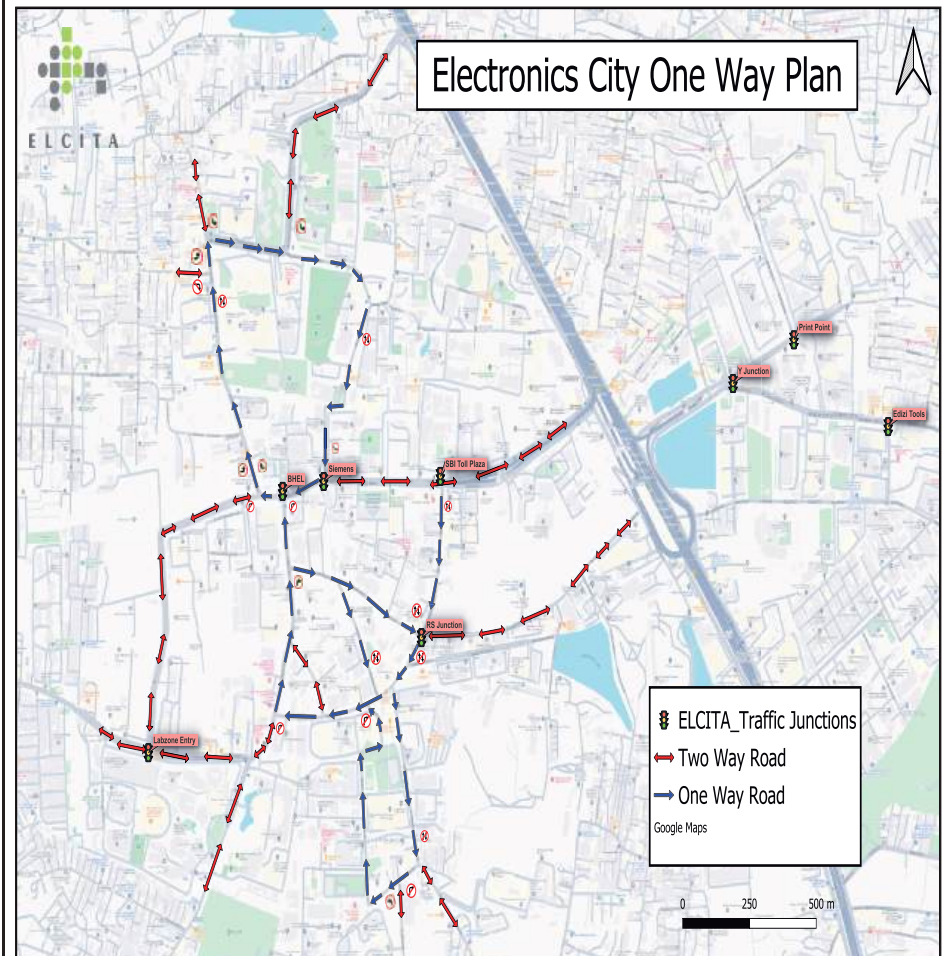
03

Morning traffic chaos at Neo Town Junction and Gollahalli to Shikaripalya Road disrupts commuters due to ongoing road maintenance. Authorities urged to expedite repairs for smoother travel.

04

Electronic City reports for the last month (November) have an average of 82, 119 Max.at 12:03 PM on 20th Nov.

### Partial One-Way Traffic System for West Phase, Electronics City!



### S.M. Krishna: The Visionary Behind Bengaluru's IT Revolution & E City

S.M. Krishna, a distinguished statesman and administrator, left an indelible mark on Karnataka and India. Serving as the Chief Minister of Karnataka from 1999 to 2004, Krishna's tenure is celebrated for transforming Bengaluru into India's IT hub, earning it the title of "Silicon Valley of India."

ments from tech giants like Infosys, Wipro, and Texas Instruments, which established their bases here, contributing to economic growth and employment.

#### Development of E City

Electronic City, Bengaluru's premier IT hub, owes its development to Krishna's visionary policies.

#### Legacy

Krishna's focus on education, technology, and infrastructure transformed Bengaluru into a dynamic and cosmopolitan metropolis. His advocacy for Bengaluru as a global brand extended even after his tenure, as he urged successive governments to sustain its growth trajectory. This dedication to urban development and IT revolution has earned him the title of the Father of Modern Bengaluru.

“In conclusion, S.M. Krishna's foresight and leadership laid the foundation for Bengaluru's evolution into a global technology hub, with Electronic City being a shining example of his transformative vision. His contributions continue to inspire the city's development today.”



#### Contributions to Bengaluru and the IT Sector

Krishna prioritized IT and urban development, establishing the Bangalore Agenda Task Force (BATF) to modernize city governance and infrastructure. This initiative brought together public and private stakeholders to enhance Bengaluru's global appeal and manage urban challenges. Under his leadership, Bengaluru attracted invest-

He emphasized creating state-of-the-art infrastructure and providing a business-friendly environment. His government streamlined policies to attract multinational companies, ensuring that Electronic City became a hotspot for innovation and technology. Companies such as Siemens, Infosys, and HP flourished due to his efforts, setting the stage for Bengaluru's global IT prominence.



- Shubhankar C.  
Legal Associate  
General Secretary,  
SMSC Trust

This is to inform all commuters that a partial one-way traffic system will be implemented within West Phase, Electronics City on a trial basis. The objective is to improve traffic flow, alleviate traffic congestion and improve road safety in Electronics City.

The proposed one-way solution plan has been recom-

mended by traffic consultants & discussed in detail with senior traffic police authorities, who have approved its implementation.

#### Key Details:

- The trial of one-way traffic will be from Friday, December 20, 2024, to Friday, January 3, 2025 (both days inclusive)
- A detailed map outlining the changes and directional flow

of traffic is attached hereto. Adequate signages will be installed, and traffic marshals will be deployed to assist road users during the trial phase.

- The proposed one-way system will apply on a 24 x 7 basis. Commuters are requested to adhere to the proposed guideline without any deviation.
- **Electronics City Industrial Township Authority**

### A Guide to Applying for E-Khata in Bengaluru

The Bruhat Bengaluru Mahanagara Palike (BBMP) has digitized khata records, making it easier for property owners to access them through the e-AASTHI platform. As of October 1st, 2024, e-khata applications can be submitted online, eliminating the need for physical visits to BBMP offices.

An e-khata is a digital version of your property's khata, consolidating details from the khata certificate and extract, along with GPS coordinates, photos of the property and owner, and a unique 10-digit e-property ID. Both A & B khata properties are eligible for e-khata.

To apply, log in to the e-AASTHI portal, locate your draft e-khata by ward or property owner's name, and upload required documents such as the sale deed, encumbrance certificate, property tax receipts, Aadhaar eKYC, and photos. Upon submission, the system matches your details with the Kaveri and BESCO databases for automatic approval. Any discrepancies are forwarded to the Assistant Revenue Officer (ARO) for resolution.

While the initiative promises transparency and convenience, some challenges remain. Citizens report issues

like errors in draft e-khatas and unlisted properties. BBMP has assured that corrections and additional modules for unlisted properties will be available soon.

“Additionally, privacy concerns have been raised as draft e-khatas are publicly viewable. BBMP, however, states the system is secured with blockchain integration. This digitization is expected to streamline property transactions and improve urban governance. Property owners are encouraged to check their listings and apply for e-khata promptly.”



# LORD SHIVA, THE GOD WHO CLEARS DEBTS

**GREEN HOUSE LAYOUT** is graced by the presence of the Lord Shiva Temple, popularly known as Shri Shanta Muneswara Samedha Shiva Pan-chayatana Temple. This temple is located on Bettadasanapura Main Road. The idol of Lord Shri Shanta Muneswara is over 300 years old. It was originally a solitary temple in the jungle, which later developed into the Green House Layout, DOD-DATHOGUR, E.CITY Phase I. The temple was consecrated in 2005.

The main idol of Lord Shiva here is called Runa Mukteswara, meaning the Lord who wards off all our debts. The unique feature of this temple is the Daridraya Dahana Chakra—a chakra believed to burn away poverty and debts. This chakra was brought from another Shiva temple in Thiruchera, a hamlet near Kumbakonam, Tamil Nadu. Notably, there are only 12 temples in India with this chakra, and this temple is the second in the sequence. The chakra is considered so powerful that no one is allowed to take a picture of it.

The sanctum sanctorum houses five idols: Lord Runa

Mukteswara (Lord Shiva), Lord Ganesha, Lord Suryanarayana, Lord Vishnu, and Goddess Durga.



These idols were donated by the Tirumala Tirupati Devasthanam.

The landowners of this temple were the late Sri Ayyappa, Muniyamma, and Akkachamma. Their descendant, Shri Narayanaswamy, is the current trustee. While Lord Ganesha, Lord Shanta Muneswara, and Chandikeswara have separate sannidhis, there is no Navagraha sannidhi in this temple. The reason is that the powerful Daridraya Dahana Chakra enables Lord Shiva to relieve devotees of all debts and mental agony caused by the Navagrahas.

**Festivals:**

The temple celebrates festi-

vals such as Pradosha Pooja, Kartika Somavara, Shivratri, Shravana Month, Durga Pooja, Sri Sathyanarayana Pooja, and Sankatahara Chaturthi with great fervor.

Prasada distribution occurs every Monday and on special pooja days. Annadana (food donation) is conducted throughout the day on Maha Shivratri and is held on a grand scale on the fourth Monday of the Kartika month by the temple authorities.

**Temple Timings:**

- Mondays: 6:30 AM to 12:00 Noon & 6:00 PM to 9:00 PM
- All Other Days: 6:30 AM to 10:30 AM & 6:00 PM to 8:30 PM

Kindly visit the temple to have the holy darshan of Lord Shiva with the powerful chakra and lead a debt-free life.



- Mrs. Jayamangalam Ramamoorthy, Freelance Writer.

## HLC Ayurveda Hospital Conducts Free Health Camp at Ananda Vihar Old Age Home



**Akshaya Nagar, December 12, 2024:** HLC Ayurveda and Naturopathy Hospital organized a free health camp at Ananda Vihar Old Age Home, providing comprehensive medical care and support to its 30 elderly residents.

The camp, led by Dr. Krishnasree and Dr. Bheemava, included general health check-

ups, vital assessments, diabetes screenings, and blood pressure monitoring. In addition, HLC Ayurveda Hospital generously supplied free medicines to patients in need, focusing on managing conditions such as pain, sleeplessness, cough, and cold.

Kantara, the proprietor of Ananda Vihar, praised the

initiative, describing it as “a kind-hearted and efficient service” that made a significant difference in the lives of the elderly residents.

“This thoughtful effort by HLC Ayurveda underscores its commitment to community welfare and holistic healthcare, leaving a positive impact on the residents of Ananda Vihar.”

*January : Take the no paper cup challenge*  
**Mark the dates when you avoided using paper cups!**  
 Ecomargdarsak.in **2025**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Packing for 31st trip; keep reusables :)	Monday blues, don't forget your mug for Coffee	Wishing you happiness and health the year ahead !!	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	You all made it !! Partyyyyyy!!! without paper cups!! :D

**PLAY AN EXCITING FAMILY GAME TO START THE CHALLENGE**

Based on number of family members, choose shapes (e.g square, rectangle, triangle etc.), draw them in a paper. Ask each member to pick one paper. The person can use the chosen shape while marking in the calendar everyday. NO CHEATING!

Post & tag or Send marked calendar photos on Insta @eco\_margdarsak, get featured & inspire others; Also check the page after 20 Jan for Feb calendar with another exciting challenge

**WINNER of the month:**  
 An Eco\_lander Calendar imagined and created by @Eco Margdarsak

**NO.OF DAYS EACH MEMBER AVOIDED THE PAPER CUPS**

## Rejuvenate our children with daily dose of Art

Art is always the best way to express creativity, emotions, which play an important role to build our children's character at growing age.

**Observation as a mother:**  
 As a mother, I observed my two kid's imaginations are quite innovative, find their thoughts of new characters by combine several characters are interesting.

a hybrid over unique background (dark-gothic/bright-colourful) left me speechless. **Benefits of being skilled in Art:**

- Give a wing to kid's wild imaginations.
- Help them to control over emotions by expressing moods over paper, not on persons.
- Boosts kid's self-esteem. Finishing a drawing/colouring and

cially on pencil sketch do well in science subjects like biology and Physics as this subject contains drawings and diagrams, so drawing skills from childhood help a lot in higher study. “In this age of digital screen, where kids are stuck into screen which snatch away their thinking and speaking ability. Art practicing in class or at home is the best way to bring them back and give them a healthy environment to imagine, create that boost their self-confident and develop character.”



One day their reflexion of thoughts which came-out on paper with vibrant colours, mixing of characters to create

positive feedback, gives the confidence that “yes, I can do it by myself”.

- Kids with art skills, espe-



- Amrita Hazra Artist, Art teacher Founder, Pathshala

**ELECTRONIC CITY CREDESCENCE**  
 NAMMA NEIGHBOURHOOD NEWS

**Boost Your Brand with Electronic City Credence!**

Advertise with us to Reach your Local Audience and make an impact.

www.electroniccitycredence.in  
 info@electroniccitycredence.in

+91 8050391010



## Health, Indeed the Greatest Wealth

With more than half of 2023 flying past us, most of our New Year's Resolutions have been locked up in some dark corner of the hippocampus, collecting dust. I'll admit, I didn't even bother coming up with a New Year's Resolution this year, for I always end up breaking it within one month.

A survey conducted by **Forbes Health** on various New Year's Resolutions produced results such as maximum people citing improved mental health as a top resolution (45%), followed by improved fitness (39%). Both of these aspects relate to the topic discussed since times immemorial — health.

So, what does truly constitute a healthy lifestyle? Is it multiple hours at the gym in a day, or trying out the newest fad diet while chasing the latest, society-constructed ideal figure? I definitely disagree that it's either of those.

The **World Health Organization (WHO)** defines health as a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. In my opinion, on a broader spectrum, health is a basic right and the key to a safe, complete life.

However, I believe, health to me could vastly differ from health to someone else. My goals with respect to health today will also differ from my goals tomorrow. Overall, though, I think we all must take care to nourish ourselves with a healthy diet and plenty of exercise for the body along with the mind.

Starting with the seemingly trivial (yet incredibly effective) habit, washing your hands. Thorough washing of hands helps one avoid the most recent bug going around.

Eating an assortment of fruits, vegetables, protein and carbohydrates is definitely recommended by everyone. Switching up the fruits consumed every day not only provides a wide range of nutrients, but also keeps you from getting bored of eating the same thing!

Staying hydrated is an essential and easy action. **Medical News Today** shares the plethora of benefits of drinking water with us, such as its paramount importance for many bodily functions, such as lubricating the joints, delivering oxygen throughout the body, and preventing kidney damage. An added bonus is the healthy, clearer skin.

While getting enough rest might be lower on our priorities, sleep is a must for an improved health and mood. A good night's rest improves brain performance, initiates repairs in one's body and maintains your immune system. As your early-to-bed sleeper, I can assure you that the lack of sleep makes me excessively short-tempered and unfocused. Sleeping for at least 8 hours for the past year has definitely made me more productive during the day and ready to combat everything that comes my way.

One thing we all neglect these days is blowing off steam and taming stress. Long term

stress often turns into the root of many heart-related diseases. The amount of hormonal fluctuation can cause devastating results, to boot. The **Monday Campaigns** aptly describes reducing stress as 'taking a weight off your shoulders'. It has been found that stress-reduction techniques like mindfulness or meditation can help lower inflammation in the gut and relax your digestive system as well as your mind.

We all know that exercising has both immediate and long-term benefits. A consistent practice of yoga or any sport strengthens your bones and muscles, and leaves you with a wonderful feeling of accomplishment. Movement releases your natural feel-good brain-chemicals, endorphins. Personally, I'm inclined towards running. Over the last few years, I've seen the immense progress I've made; just the thought of it makes me flush with pride! Additionally, regular exercise improves memory, protection against chronic illness, and improved sleep-quality.

“Lastly, checking in with your healthcare physician is a tested method of catching any problems in the early stages, when they're more straightforward in terms of treatment. William Shakespeare did not err when he said, “Our bodies are our gardens to which our wills are gardeners.” Let us all garden our bodies well!”

- Aditi Garg  
Grade 11

## Public Alert: Misleading Claims About Road Paving on Basapura Main Road

Recently, the Bangalore Water Supply and Sewerage Board (BWSSB) carried out essential works on Basapura Main Road near Hosa Road to address issues related to the Kaveri water supply. This included replacing broken pipes, cleaning and sanitizing the unbroken ones, filling up gaps, and restoring the road that was dug up for the repair work. As per the officially notified tender for the project, it was mandated that the road must be restored to its original condition after the works were completed.

Unfortunately, a few supporters of a political leader have put up banners and flex boards claiming that the new road paving was sanctioned due to their leader's efforts. This is completely misleading. The road restoration was not a separate project initiated by any individual but a mandatory part of the BWSSB tender process.

We urge residents not to get carried away by such false propaganda. Whenever infrastructure works involve digging of roads—whether for water pipes, drainage, or elec-

tricity—the tender itself includes a provision\* for restoring the roads to their original condition. This is a standard practice and not a favor done by any political leader.

It is important for the public to stay informed and recognize the role of civic bodies like BWSSB in ensuring infrastructure works are completed efficiently. Let us work together to prevent misinformation and hold all stakeholders accountable. Always verify the facts before giving credit or being misled by such claims.

- Residents Of Basapura

## BANGALORE PREMIER LEAGUE MEN'S CRICKET TOURNAMENT 2025

Organized by  
**Arambh Events.**

Win Exciting Prizes  
Prize Money:

- **Champion: INR 1 lakh**
- **Runner-up: INR 50,000**
- **Man of the Series: INR 25,000**
- **Man of the Match for Semi-Final and Final: INR 15,000**
- **Best Batsman: INR 10,000**
- **Best Bowler: INR 10,000**

Tournament Ball : Leather Ball

Registrations Open: 6th December 2024

Tournament Begins: 25th January 2025

Finals Date: 4th February 2025

CONTACT @

+91 89719 47563

+91 63642 24826

**SMSCTrust** in collaboration with **AARAMB EVENTS** is organizing a cricket tournament for a cause related cancer awareness and menstrual hygiene awareness and support promoting the use of menstrual cups, a sustainable and cost-effective option for menstrual hygiene. A portion of the proceeds from the tournament will be donated to support cancer patient cause.

Bangalore Premier League men's cricket tournament 2025

Age Group

- Minimum age: 16 years
- Maximum age: No limit

Cricket tournament Dates

- 26th January 2025 - 4th Feb 2025

Registration Open from 6th Dec 2024

Participants

- Participants can represent only one team

Team Details

- Each team must have a name
- Each team must have a coach
- Each team can have a maximum of 20 players
- Each team must have a designated medical person

**Registration Fee**

Contact us for the registration fee.

Format of Tournament

- Knockout matches: 10 overs per side
- Semi final and final matches: 20 overs per side.

Rules and Regulations

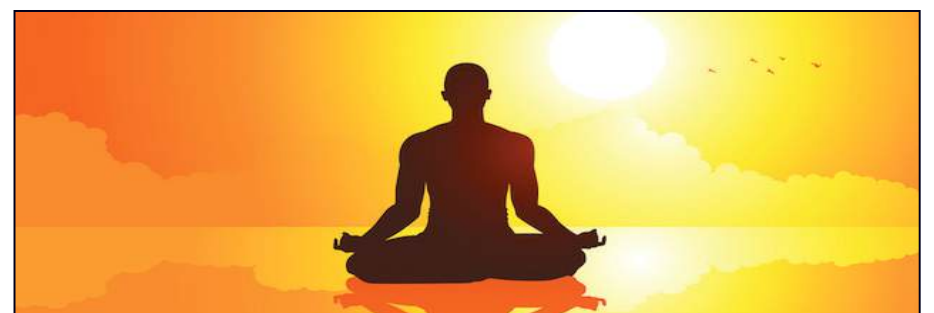
- Detailed rules and regulations will be shared once registration is done.
- The registration form is available via link with the organiser kindly contact at the number shared.

**Please note that the above information is an overview of the tournament and is subject to change based on the organizers' discretion.**

## World Meditation Day: Embrace Peace & Well-Being on December 21

Every year, December 21 is observed as World Meditation Day, a global initiative to promote the profound benefits of meditation. This day is a reminder to pause, reflect, and connect with our inner selves amidst the chaos of daily life. Meditation has been practiced for centuries as a powerful tool for enhancing mental, emotional, and physical well-being.

Find a quiet space where you won't be disturbed. Sit comfortably, close your eyes, and focus on your breath. Inhale deeply, exhale slowly, and let go of distractions. Guided meditation apps and videos can also be helpful for beginners. Start with just five minutes a day and gradually increase the duration as you become more comfortable.



### The Benefits of Meditation

Meditation offers numerous advantages, including stress reduction, improved focus, enhanced emotional resilience, and better sleep quality. Regular practice has also been linked to lower blood pressure and improved heart health. Beyond the physical benefits, meditation fosters a sense of calm and clarity, helping individuals respond to challenges with greater patience and understanding.

### How to Begin Your Meditation Journey

Starting meditation is simpler than it seems.

### How Meditation Feels

With consistent practice, meditation can bring a sense of peace and contentment. It allows you to be present in the moment, fostering gratitude and reducing anxiety. Many practitioners report feeling more grounded, focused, and in tune with their emotions.

“On this World Meditation Day, take a step toward a healthier, happier you. Embrace meditation and experience the transformative power of stillness and mindfulness.”



ELECTRONIC CITY CREDESCENCE  
NAMMA NEIGHBOURHOOD NEWS

ADVERTISE WITH US



Contact us Today  
+91 80503 91010





# SANTA'S WORKSHOP IS HERE, AND IT'S FREE!

Unwrap the Magic of Christmas with Globalart!  
JOIN THE ULTIMATE CHRISTMAS WORKSHOP WORTH Rs. 600/- FREE

**ACTIVITIES INCLUDED:**


- Paint Your Own Christmas Tree
- Design Sparkling Ornaments
- Create Holiday Magic with Colours

Learn key techniques of drawing and colouring  
**Electronic City- 9740776763**

International Presence



India's Largest Chain of Art Centers.  
Benefitted 95000 children | 140 centers in India since 2005 | www.globalart.in



ELECTRONIC CITY CREDDENCE  
NAMMA NEIGHBOURHOOD NEWS

# MERRY Christmas AND HAPPY New Year

May the magic of Christmas fill your heart with Joy and your home with love.

**Wishing you & your family a Merry Christmas & A Happy New Year filled with Happiness, Health, and Success!**

## The Importance of Self-Defense Sessions in Communities



Self-defense sessions are essential for every apartment community to enhance safety and preparedness. In collaboration with Bangalore City Police's Rani Chennamma Pade team, these sessions aim to empower residents with practical safety techniques. They benefit everyone, including children and domestic helpers, by boosting confidence and awareness.

Additionally, educate your household about police helpline numbers 112 and 100 for emergencies. Dial and familiarize yourself with these services. If interested in organizing sessions, connect at 9663470110. Let's work together to create safer communities.

**- Ms. Manisha J,**  
**Founder SMSC Charitable Trust**

## Serve the Hungry Citizens



Dear Bengalureans, If any food is left after events/ functions please contact ROBINHOOD ARMY. They will come and pick the food and ensure it's passed on to the needy on the same day (food will be collected free of cost ).  
**Please connect**

**Abhishek - 9845957127**  
**Arun - 951810212**  
**Raj - 9686095959**  
**Pass on the message so that no food gets wasted.**  
**http://www.robinhoodarmy.com**

**Disclaimer**

The Editor and Publisher does not vouch for any claims made by advertisers and hence shall not be held liable for any adverse consequences. We recommend readers to make appropriate enquires before entering into dealings with advertisers. Electronic City Credence is not responsible for any such liabilities.



ELECTRONIC CITY CREDDENCE  
NAMMA NEIGHBOURHOOD NEWS

@ELECTRONICCITYCREDDENCE

**FOLLOW US ON TWITTER X**



Scan the QR Code