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NAMMA NEIGHBOURHOOD NEWS

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Akshaya Nagar to Ananth Nagar

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Quick News Bites

1

RISA seminar at Infosys Electronic City saw 200 in-person and 1,000 online attendees. SEBI's Vijayant Kumar Verma and NSE officials shared key insights on the securities market's dynamics and opportunities.

2

BMTC launches NICE-10E from Madavara to Bommasandra via NICE Road. Key stops: Electronics City, Hebbal. Frequent departures, starting 8:00 AM. For details, call 7760991212 or 080-22483777.

3

Lions Club Bangalore Infinity Ecity partners with Carl Zeiss to offer advanced eye checkup camps. This initiative aims to enhance community eye health by providing checkups and glasses distribution to the underprivileged using cutting-edge technology.

4

Residents are complaining about the growing garbage problem in Bengaluru, with Electronic City and Begur areas filled with heaps of litter. Concerns over cleanliness and health issues have sparked calls for action.

5

Commuters at Silk Board junction, BTM side, are facing delays despite new flyovers facilitating direct access to HSR, Electronic City, and Madiwala. They urge authorities to remove the signal for smoother traffic flow.

The Hardships Faced by KSLU Students Due to Flawed Evaluation



As students of Karnataka State Law University (KSLU), we have been enduring the consequences of an evaluation process that lacks consistency and fairness. This has caused significant anxiety and uncertainty for many, especially final-year students whose futures depend on timely results. One of the major issues is the glaring discrepancy between initial exam results and re-evaluation outcomes. It is not uncommon for students who fail initially to pass after re-evaluation, with mark differences exceeding 20. Such wide variations leave us questioning the reliability of the entire evaluation process.

Another troubling concern is the lack of transparency. When students requested access to the scheme of evaluation,

the university denied it, citing confidentiality. This response is both unjustifiable and disheartening. Knowing the basis on which our answers are assessed is a fundamental right and crucial for our academic growth.

Adding to the frustration is the case of marginal failures. Several students, myself included, have failed by just one mark, with the passing mark being 32. Losing six months to a year due to this minor shortfall has caused immense mental stress, financial strain, and delays in career or educational advancements.

In light of these grievances, we recently had the opportunity to meet the Hon'ble Governor of Karnataka. Advocate Shubhanakar, Raksha, and I submitted a representation detailing these

hardships. It was a discussion aimed at seeking reforms to ensure fairness and accountability in the evaluation system.

“We hope the concerned authorities will address these issues promptly, as no student should have to suffer due to procedural inefficiencies. Transparency, consistency, and empathy are essential to restoring trust in KSLU's academic framework.”



- Yashwanth,
Final Year Law Student

The Teen Talk Column

• How do you think we can work with our parents to bridge the gap between our generation and theirs?

- Soumya Taparia

Thank you for your question. Boy, can I relate to difficulties in communication with parents; sometimes it feels more like a generational chasm than a gap! However, with adequate patience and effort, it can be bridged to build more loving and trusting relationships.

The key to overcoming this, in my eyes, is communication. Finding a common ground in discussions is essential. Secondly, exploring our parents' teenage experiences while also introducing them to our world — fashion, music, news, or ideologies — can help us relate to each other better.

Finally, it is paramount to recognise that some differences are unavoidable, and

that's okay! Mutual respect is more important than identical thought. Our generations' differences can serve as means to enhance parent-adolescent relationships rather than driving a wedge between us.

• How do we, as teenagers, cope with all the external pressure we face from society?

- Anjitha Hati

Your question is one that I can instantly resonate with. Succumbing to external pressure, whether it's from peers, family, or society, is something I have fallen victim to innumerable times.

The first step to coping with pressure is acknowledging your feelings. Pressure is unavoidable, so techniques such as mindfulness and journaling always come in handy in situations that overwhelm us.

“You must define success on your own terms and fig-

ure out what you want, as an individual. Find ample opportunities for self-exploration so you can choose your own distinctive path. Moreover, a close and supportive system teaches us boundary-setting, saying no when required, and accepting a plethora of perspectives when required.”

How one responds to persisting external pressure is what makes all the difference. All the best!

Email your queries at info@electroniccitycrendence.in



- Aditi Garg,
High School Student

Festive Splendor at Ajmera Infinity



Ajmera Infinity lit up with vibrant Pongal, Makar Sankranti, and Lohri celebrations, uniting the community in joy. From mesmerizing dances to a grand Punjabi wedding

showcase and a traditional bonfire, the festivities beautifully honored culture and togetherness.

- Ajmera Infinity



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Redbridge International Academy Unveils Innovative Initiatives



FOR 2025-26

Redbridge International Academy, a leading institution renowned for its commitment to excellence in education, at its vast green expansive campus has unveiled a series of groundbreaking initiatives for the 2025-26 academic year. These new measures aim to enhance the educational experience, foster a dynamic learning environment, and prepare students for a rapidly evolving global landscape.

• Enhanced Curriculum Integration

One of the most notable changes is the integration of IGCSE & ICSE, into a more comprehensive and globally-oriented curriculum. Redbridge International Academy is introducing a series of interdisciplinary courses that combine STEM subjects with the humanities, encouraging students to make connections across different fields of study. This approach is designed to promote critical thinking and problem solving skills, preparing students for the complexities of the modern world.

• Advanced Technology in Campus

In response to the growing importance of

technology in education, the Academy has significantly upgraded its technological infrastructure. New interactive smartboards, state-of-the-art virtual reality (VR) systems, and advanced learning management systems (LMS) have been implemented. These tools aim to create a more engaging and immersive learning experience, allowing students to explore subjects in new and innovative ways. Besides, numerous subject wise softwares is being used to supplement learning outcomes. Other areas like transportation, security are all fully tech-enabled.

• Expansion of Extracurricular Programs

Recognizing the importance of holistic development, Redbridge International Academy has expanded its extracurricular offerings. The new initiatives include the introduction of specialized clubs and programs focusing on areas such as coding, robotics, and environmental sustainability. Along with partnerships like Furtados School of Music, Holding professional Art Exhibitions & auction of art work of students is a hugely motivational tool, started by the school.

Additionally, partnerships with local and international organizations provide students with opportunities for internships and real-world experiences. The new cricket pitch is an added attraction for the students!

• Emphasis on Mental Health and Wellbeing

The well-being of students remains a top priority. The Academy has introduced a comprehensive mental health program that includes workshops, counseling services, and wellness activities.

This initiative aims to support students in managing stress, building resilience, and maintaining a healthy balance between academic and personal life.

Sustainable Practices & Green Initiatives

In line with global sustainability goals, Redbridge International Academy is adopting a range of green practices. These include a new waste reduction program, energy-efficient facilities, and educational modules on environmental stewardship. Organic farming & Occasional outdoors, gurukul type classes are efforts in this direction.

• Strengthened Global Connections

New exchange programs, collaborative projects with schools around the world, and international guest speakers will enrich the learning experience and help students develop a deeper understanding of different cultures and global issues, as well as guidance on studying abroad.

• Focus on Personalized Learning

To cater to diverse learning styles and needs, Redbridge International Academy is imple-

menting a personalized learning approach. This includes adaptive learning technologies and individualized support plans to ensure that each student can progress at their own pace and receive the attention they need to succeed.

• Parent Communications

In an endeavor to address any parent concerns, asap, Redbridge has created a new communication desk, with an officer, solely tasked to interact with parents, as a single window & address concerns if any, along with a separate parent & whatsapp line. Besides, "We've been listening" Webinar series are held for direct interaction of top school management with the parents.

• Hostel

The hostel's comfort facilities have been upgraded to offer boarders modern amenities, aesthetics & comfort, along with delicious homemade food and interesting activities & outings.

By embracing cutting-edge technology, expanding educational programs, and prioritizing student well-being, the Academy is set to continue its tradition of excellence in education for the 2025-26 academic year and beyond.

- Redbridge International Academy
Address : Begur-Koppa Road,
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For More Details

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Seasonal Hair Care: Nourish Your Hair Naturally with Ayurveda

As the seasons change, so do the needs of your hair. Whether it's the dryness of winter, the humidity of monsoon, or the heat of summer, each season brings unique challenges that can affect hair health. Seasonal changes can lead to hair fall, dryness, dandruff, and scalp irritation, making it essential to adapt your hair care routine accordingly.

through natural herbs and oils. Ayurvedic ingredients such as Bhringraj, known as the "king of herbs for hair," help strengthen hair roots and prevent premature greying. Amla, rich in Vitamin C and antioxidants, nourishes the scalp and promotes growth. Neem helps combat dandruff and scalp infections, while

can provide deep nourishment without harmful chemicals. Regular oiling, gentle cleansing, and herbal hair masks can help maintain shine, strength, and overall scalp health.

This season, embrace Ayurveda to protect and nurture your hair with nature's goodness. Let your hair thrive naturally, regardless of the changing weather!

“Explore our Ayurvedic hair care range at www.lifepurified.in and give your hair the love it deserves.”



Ayurveda, the ancient science of holistic wellness, offers time-tested solutions to maintain hair health

Brahmi soothes the scalp, reducing stress-related hair fall. Switching to natural products infused with Ayurvedic herbs



Lakshmi Priya TT,
Founder and CEO,
Life Purified.

Dental Health Camp at Maple Bear Preschool



Maple Bear Canadian Pre-school, Singasandra, organized a free dental check-up camp on 23rd January 2025 under the guidance of Centre Director, Mr. Shivaprasad SB. Dentist Dr. Shilpa conducted

oral examinations, shared tips on maintaining healthy teeth, and emphasized regular dental check-ups every 6-12 months.

Children were encouraged to brush twice daily, use low-fluoride toothpaste, avoid sugary

foods, and visit dentists for professional cleaning. The event aimed to promote early recognition of oral issues and foster lifelong healthy dental habits.

- Maple Bear Canadian Preschool, Singasandra

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Weekend touch up to revitalize your face, avoid tissues, they have issues	Monday blues, sweating even in spring, avoid tissues, take your hanky	It would be perfect to ecofriendly celebrate Basant Panchmi	Valentine's day is near!! plan ecofriendly gifts for your dear	No Valentine this time; Crying; Use your hanky, or make nature cranky	Weekend dinner with Friends & family, don't forget to keep a hanky!!	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

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WINNER of the month:
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TISSUES HAVE ISSUES; WE CUT TREES TO MAKE TISSUES. WE USE IT ONCE AND THROW MAKING LANDFILLS GROW

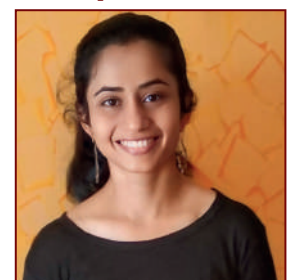
Planet Parade 2025: A Cosmic Delight

The Planet Parade of 2025 is lighting up the evening skies, giving stargazers a chance to witness a rare alignment of planets. A "planet parade" occurs when several planets line up in the same region of the sky, appearing as though they are strung along an invisible thread. This year, Venus, Jupiter, Saturn, Mercury, Uranus, and Neptune are participating. While the first four are visible to the naked eye, Uranus and Neptune require a telescope due to their faint glow.

In Bangalore, the best viewing time is just after sunset until around 7:30 PM, and this spectacle will remain visible until early March 2025. Look for a spot with minimal light pollution, like Nandi Hills, to enjoy the view.

“Here's an interesting tidbit: The last time all eight planets aligned was in 949 AD, and this extraordinary event won't occur again until 2492. While this year's alignment involves six planets, it's still a beautiful reminder of the wonders of our

solar system. So don't miss the chance to marvel at this cosmic ballet—step outside and let the universe put on a show!”



- Naga Vydyanathan, Freelance Writer

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