

ELECTRONIC CITY CREDENCE

NAMMA NEIGHBOURHOOD NEWS

Bommanahalli to Chandapura

Akshaya Nagar to Ananth Nagar

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1

Over 20 residents met MLC Ramoji Gowda; AEE confirmed patchwork in 4-5 days and a permanent 60-ft road in ~5 months. United resident efforts, with support from DCM Shivakumar, MLA Krishnappa, and DK Vinod, made this possible.

2

Residents met CMC Chairperson Sujatha, submitting a letter on garbage and encroachment along Neotown-Gollahalli Road. Immediate action on cleanup, dustbins, and awareness drives was assured—a significant community milestone for cleaner, safer streets.

3

With CMC Hebbagodi and Sainik Layout residents' support, JCBs cleared roadside garbage and unwanted vegetation along Neotown Road. The community effort highlights dedication to cleaner, safer streets and a greener environment in Electronic City.

4

Residents, with Councillor Prakash, raised issues on potholes, streetlights, garbage clearance, and Raysandra Road approval. MLA assured swift action, BESCO coordination, and petition to CM. A united effort for safer, better civic infrastructure in Electronic City.

5

For months, commuters face potholes, uneven stretches, and unsafe conditions on Singena Agrahara Road. Despite repeated appeals, no repairs have begun, leaving residents, school buses, and office-goers struggling daily amid accidents and health risks.

6

A computer centre owner and his assistant (Sri Gurudatta Cyber Centre, Electronics City) were arrested for creating & selling fake ID proofs, marksheets, Aadhaar cards etc. Charges ranged between ~ ₹1,000-₹5,000 depending on the document.

7

A 37-year-old man returning from work in E-City was robbed and attacked. He was tied, beaten, forced to share phone/UPI info, then tried escaping by jumping twice into Begur Lake. He later lodged a police complaint.

Citizens Concerns

Under the Gruha Jyoti Scheme free electricity up to 200 units per month is provided to all residential households, aimed at reducing power costs. This is open to all users of electricity in the state of Karnataka, irrespective of the income bracket they fall in.

However, in the last 2 months it has been seen where by deliberately the meter reading cycle is increased to more than 1 month so that the majority of the households will fall above the approved limit. Understand it is an unofficial direction from higher ups to the meter reading staff

As against the normal billing cycle of 8th to 8th, for the last two months though the billing cycle is shown the same, purposely the reading is taken after the 18th or so (i.e.

more than 40 days) so that the meter reading will cross 200 units and you will not fall under the eligibility category. Bill gets generated around the 20th with the deadline of 23rd as the last date of payment.

This is seen across many societies in Electronic City. One Association has even sent out a mail to BESCO, Electronic City Division, citing this error, which is shared here with.

If the Govt is giving a benefit to the consumers, it should be extended willingly and no short cut method to be adopted to save cost this way. It is nothing but cheating.

“I am sure this is being followed across Zones as I keep hearing this complaint from many Associations.”

Metro Opens, But Karnataka's Governance Stuck at the Station

Bangalore's new metro line is a victory for commuters, but the state's political games are costing Karnataka dearly.

City's most awaited metro line finally opened on 10th August 2025, inaugurated by Prime Minister Narendra Modi. Years of missed deadlines, bureaucratic hurdles, and political tussles have kept this project off track, making the ribbon-cutting both a celebration and a reminder of how governance can fail the public.

The NDA-led central government has consistently rolled out schemes meant to reach citizens in every corner of India. But here in Karnataka, under a Congress-led administration, the pattern of delay and obstruction is hard to ignore. It is not mere political rivalry it is a governance problem that hurts ordinary people.

Take the closure of Pradhan Mantri Jan Aushadhi Kendras, which offered medicines at subsidised prices. The state government justified the move by citing its own free medicine

program through government hospital pharmacies. In reality, patients rarely receive their full prescription there. Often, only one or two medicines are available, forcing them to buy the rest from private pharmacies, sometimes the very ones government pharmacists recommend. This raises uncomfortable questions about who benefits from these closures, because it is certainly not the patient.

Then there is the suburban railway project, a lifeline for lakhs of daily commuters. It is a central government initiative, but the state's slow walk in acquiring and handing over land has kept it in limbo. The Bangalore Metro Rail Corporation Limited also operated without a full-time Managing Director until relentless follow ups by MP Tejasvi Surya forced an appointment.

Even at the metro inauguration, the Chief Minister chose to focus on fund-sharing percentages instead of acknowledging the developmental significance of the day. It was a political speech

on a public stage, overshadowing the very achievement being celebrated.

These are not isolated missteps; they reflect a larger attitude where political point scoring takes precedence over service delivery. For a state government struggling to pay salaries to bus drivers, talk of grand development rings hollow. Karnataka deserves better. Citizens must demand that projects be delivered on time, politics be kept out of public welfare, and governance put back on track literally and figuratively.

“Politics Delayed Our Metro, Let's Not Let It Delay Our Future.”



- Shubhankar C
Advocate
Chairperson Adi Shankara
Foundation

Thank You Note – Property Tax Collection Drive



We would like to extend our heartfelt thanks to Hebbagodi CMC for conducting the property tax collection drive at Icon Happy Living Apartments, Kammasandra. This initiative has greatly benefited our community, with 38 residents making use of the service.

It has been especially helpful since many residents are unable to visit the CMC office due to their busy work schedules.

A special thanks goes to CMC Commissioner Mr. Rajendra and the dedicated staff members Mr. Prakash and Mrs. Pushpa for their efforts and support.

We encourage all residents to reach out to their respective CMC offices for similar initiatives. For those within the Hebbagodi circle, you may contact Mr. Prakash at 93427 14725 for assistance.



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ing is joyful, character is shaped, and confidence grows naturally.

We welcome you to join our family, where every child is encouraged to “Learn, Play, and Shine.”



- Mrs. Kowsalya Karthikeyan
Founder & Principal
Wisdom Bees International Preschool

Navratri Turns Special Exclusive Pencil Ceremony at Podar Prep Plus



Podar Prep Plus Preschool, Gollahalli Main Road, Shikaripalya, Electronic City Phase 1, celebrated Navratri in a unique way by blending cultural festivities with innovative learning traditions.

In line with the Panchakosha of NCF-2022, children enjoyed dandiya, story sessions, music, puppet shows, and art activities that promoted holistic development while keeping the festive spirit alive.

The highlight of the event was the school's exclusive Pencil Ceremony, a tradition unique to Podar Prep Plus. As part of this ceremony, children were gifted

beautifully decorated pencils and introduced to essential stationery through engaging stories and puppet shows. This symbolic gesture marked their first step into the world of writing and self-expression.

Head of Centre, Ms. Darshika Bhargava, said, “The Pencil Ceremony is not just about giving a child a pencil—it is about instilling confidence and celebrating the beginning of their learning journey.”

Parents praised the initiative, describing it as a memorable and meaningful milestone in their children's early education.

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October : Take the "no plastic bottle" challenge

Mark the dates when you avoided using plastic bottle!

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2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
It's festive season!!	Hopping pandals	Let us Carry our own bottle and refill	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	Stay Safe!!

PLAY THIS EXCITING GAME TO COMPLETE THE CHALLENGE

Choose shape/ color for each member by picking a chit. Each member will use the chosen color/ shape while marking in the calendar everyday. At the end of the month, count the no. of days each member avoided disposable plastic bottles and crown the winner.

Post & tag or Send marked calendar photos on Insta @eco_margdarsak, get featured & inspire others ; Also check the page for November calendar with another exciting challenge

A PLASTIC BOTTLE / SINGLE USE WATER BOTTLE IS SOURCE OF MICROPLASTIC AND DISEASES.

WINNER of the month:

An Eco_lander Calendar designed and developed by @Eco_Margdarsak

Smiles Begin at E City Dental Kids



E city dental inaugurated a first of its kind exclusive pediatric dental unit in electronics city on 6th September 2025. The clinic is designed to be inclusive sensitive and acutely aware of children's needs. The ambience light-

ing, the decor, the flooring, the sounds are all designed to ensure the child enters a calm exciting and friendly atmosphere . Specially trained pediatric dentists and other specialists work very hard to give the child a pain free den-

tal experience . We at ecity dental want to make this an integrated health safe space for kids. We also have introduced pathologists child assessment specialists and psychiatrists as part of our holistic health goals .

A Step Towards Saving Lives



Institute of Health Management Research, Bangalore (IIHMR-B), in association with Narayana Health Hrudayalaya Blood Bank, organized a Blood Donation Camp in memory of Shri P. D. Aggarwal on 18th September 2025 at the campus.

With the active participation of our students, faculty, staff, alumni, and

well-wishers, the camp turned into a powerful expression of compassion and responsibility. Blood donation is more than a medical contribution; it is an act of humanity that creates a ripple of hope and strengthens the fabric of our community. A small act of kindness today can give someone a lifetime of hope.



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RISING HEART RISKS AMONG YOUNG INDIANS

In recent years, we have witnessed a concerning rise in heart attacks among young Indians. Traditionally regarded as a disease of older age, cardiac events are now increasingly seen in individuals in their 20s, 30s, and early 40s.

This shift is driven by multiple factors, such as sedentary lifestyles, high-stress work environments, poor dietary habits, smoking, alcohol use, and undiagnosed conditions such as hypertension, diabetes, and high cholesterol, genetics, and more recently, post-COVID cardiac complications have also contributed to this alarming trend.



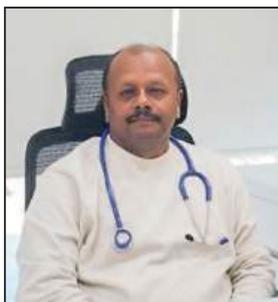
Surviving a heart attack is just the first step; the real challenge is recovery. A heart attack at a young age demands structured recovery.

Rehabilitation is essential to rebuild physical strength, improve heart function, and manage the emotional toll that often follows. Without such support, the risks of recurrence and long-term complications remain high.

This is where Svayam Healthcare makes a difference. Our approach to cardiac rehabilitation is designed

to bridge the gap between hospital care and everyday life. Through supervised exercise programmes, personalised nutritional plans, stress management techniques, and state of the art rehabilitation and therapy technologies, we guide our patients through every stage of healing.

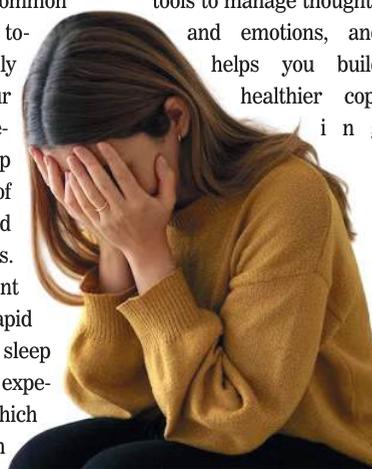
“The goal is not only recovery, but restoring confidence, independence, and long-term heart health.”



- Dr. Sunil Kumar
Cardiologist

Depression and Anxiety Understanding and Seeking Help

Depression and anxiety are among the most common mental health concerns today. They affect not only our thoughts but also our body and daily life. Depression often shows up as deep sadness, loss of interest, low energy, and feelings of emptiness. Anxiety brings constant worry, restlessness, rapid heartbeat, and even sleep problems. Many people experience both together, which makes coping even harder.



It is important to understand that these are not personal failures. They are medical and psychological conditions, just like diabetes or high blood pressure, that can happen to anyone. Ignoring them or blaming yourself only makes the struggle heavier.

The good news is, help is avail-

able. Psychotherapy provides tools to manage thoughts and emotions, and helps you build healthier coping skills. Sometimes, medication prescribed by a psychiatrist supports recovery. Lifestyle changes, like regular sleep, balanced nutrition, and physical activity, also play a powerful role in healing.

Reaching out for support is the first step. Talking to a counselor or therapist can bring clarity and relief. Sharing what you feel with a trusted professional breaks the loneliness that depression and anxiety often create.

“Remember, asking for help is not weakness, it is an act of strength. With the right support, people recover, rebuild confidence, and learn to live with balance and hope. If you or someone you know is struggling, take that step today. Healing begins with a conversation.”



- Dr. Ruuparao
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Onam Celebrations Across Ecity Communities



- Ajmera Nucleus

Ajmera Nucleus in Electronic City Phase 2 celebrated Onam on September 12th and 13th with a lively two day festival that blended culture, tradition, and fun for all ages. The event featured an authentic Onam market with Kerala's spices and snacks, along with a colourful cultural procession that showcased the state's rich heritage. Residents enthusiastically took part in traditional games like

uriyadi and vadamvali, while children enjoyed specially curated art and craft activities that added a creative touch to the festivities. A variety of cultural programs and contests kept the community engaged, and the celebrations drew to a grand close with a spirited musical night by Unherd, India's first multilingual music band, making the occasion truly memorable.



- PSR Krish Kamal

This Onam, PSR Krish Kamal Apartments, Electronic City, once again became the hub of laughter, joy, and unstoppable festive spirit as residents came together to celebrate Kerala's most colorful festival in absolute style! Every

year, this amazing community keeps breaking records in enthusiasm, spirit, and togetherness, and 2025 proved to be bigger, brighter, and more joyful than ever before — with energy flowing from toddlers to young-at-heart adults.

Honouring Teachers on Teachers' Day at Ajmera Infinity



The Senior Citizens of Ajmera Infinity Apartments came together to celebrate Teachers' Day with a unique initiative – honouring all senior resident members who have served as teachers during their lifetime.

The event was convened by Mrs. Usha Kalra, who felicitated the retired teachers with golden shields featuring their photographs and details of their years of service. The gesture was warmly received and brought immense pride to the community.

The celebration was graced by Mr. Murli Kanduri, Secretary – AIAOA, as the Chief Guest, who appreciated the noble efforts of the Senior Citizens group in recognizing the invaluable contribution of teachers in shaping society.

The program was sponsored by the Vidya Devi Trust, led by Mr. Sham Sunder Kalra, further reinforcing the spirit of respect and gratitude towards educators.

The event concluded with a community lunch for all residents, adding warmth and togetherness to the celebration.

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Let's continue our journey together in this new space.
See you there!



- Ajmera Infinity

Ajmera Infinity celebrated Aarpo – Onam 2025 with grandeur on September 13 and 14, reviving Kerala's cultural spirit in Bengaluru. Pre-Onam events included a mural art workshop, Vallamkali board game, and Palada sale.

Over 100 performers showcased traditional art forms—Theyyam, Kathakali, Mohiniyattam, and Margamkali—along with Vachi pattu, community singing, and a children's fashion show. Day two featured King Mahabali's arrival, Chen-

damelam, Pulikali, and the Mega Thiruvathira with 64 women dancing in harmony. A vibrant Pookalam, fun games, and a grand Onam Sadya for 435 guests crowned the celebrations, fostering unity and pride in heritage.

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