

ELECTRONIC CITY CREDENCE

NAMMA NEIGHBOURHOOD NEWS

Bommanahalli to Chandapura

Akshaya Nagar to Ananth Nagar

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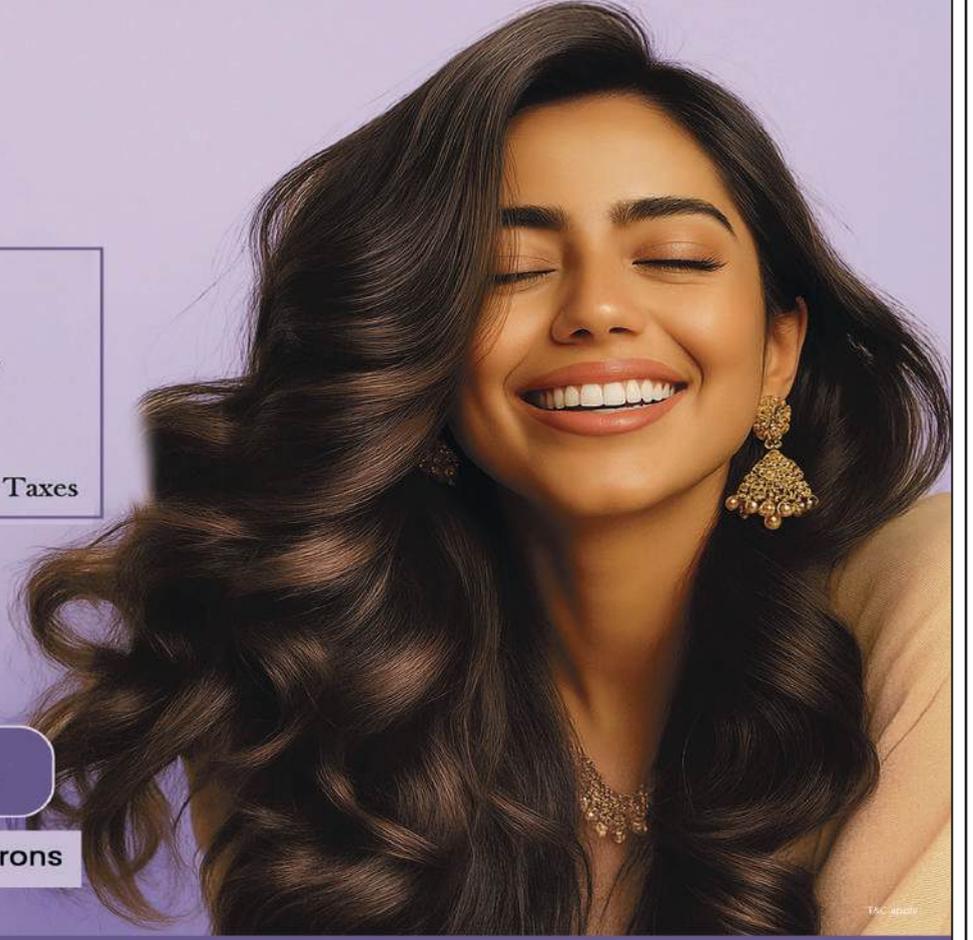


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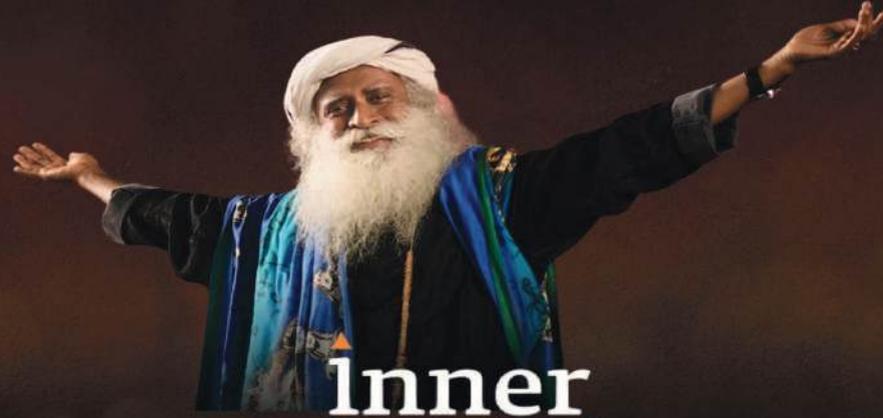
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1

Bengaluru's suburban rail project hit a snag — L&T exits the Kanaka (Heelalige → Rajankunte) corridor. For Electronics City commuters, that's a huge blow — no fast rail link, no relief from traffic snarls.

2

BMTC's NICE Road bus service has been a major success, carrying nearly 38 lakh passengers in 13 months and generating ₹17.13 crore revenue. Covering 360 km daily, it offers the fastest Tumakuru Road-E City route. Commuters, however, demand proper bus shelters along NICE Road.

3

The Namu Yuva Marathon was held on 27th September 2025 near 360° Business Park, Neeladri Road. Participants of all levels joined early morning for fitness, fun, and awareness, promoting a Nasha Mukta Bharat. The event was filled with energy, enthusiasm, and community spirit.

4

Bengaluru police busted a forgery ring near Electronics City, arresting B. Raghuvveer (25) and aide Yashwanth (19). Operating from Sri Gurudatta Cyber Centre, they allegedly sold fake IDs for ₹1,000-3,000 and falsified Assam marksheets/certificates for ₹5,000, targeting unsuspecting clients.

5

Big news for E City commuters! The 5th train has been deployed at Hebbagodi depot. Following a successful two-week trial, the Yellow Line frequency will improve to every 15 minutes, promising faster & smoother rides for daily passengers along this busy Bengaluru Yellow Metro corridor.

Citizens' Right to Decline Participation in the Social & Educational Survey-2025

The recent directive of the High Court of Karnataka regarding the Social and Educational Survey 2025 has reaffirmed one of the most vital principles in a democratic society that participation in any government-conducted survey must be purely voluntary and rooted in informed consent. The court has categorically stated that no citizen is bound to answer the questions posed by enumerators and that no authority has the right to compel, persuade, or coax an individual into disclosing personal information.

Every citizen, therefore, holds the absolute right to decline participation in the survey or to provide only limited and non-sensitive information. If the questions relate to education, for instance, citizens may simply indicate whether members of their household are literate or educated, without specifying the exact qualifications, degrees, or institutions attended. Likewise, there is no requirement to reveal employ-

ment details such as the nature of work, designation, salary, or place of employment.

The court has further clarified that citizens are not obligated to share private identification or financial information. Details such as Aadhaar numbers, PAN card information, property ownership, bank loans, and assets are entirely personal, and individuals have every right to withhold such data. People may also refuse to provide their photographs or any other identifying documentation. The choice to participate or refrain lies solely with the citizen, and enumerators are duty bound to respect that choice without any form of pressure or repeated questioning.

Importantly, this directive aligns with the constitutional right to privacy, which the Supreme Court has recognized as intrinsic to the right to life and personal liberty under Article 21. The court's observation that the collected data should remain confidential and not be shared even with the State

government underscores the importance of protecting individual autonomy and informational privacy.

“Citizens must therefore remain alert and aware of their rights. When approached by survey officials, one may politely state their unwillingness to answer or limit responses to general information. Exercising this right is not defiance but a lawful assertion of personal freedom. Awareness and informed refusal are legitimate safeguards against unnecessary data collection and intrusion into private life.”



- Shubhankar C
Advocate
Chairperson Adi Shankara
Foundation

Metro Opens, But Karnataka's Governance Stuck at the Station

The launch of the Namma Metro Yellow Line has been a significant relief for commuters from Electronic City, Bommasandra, and nearby areas. Previously, residents travelling to destinations like IKEA Nagasandra faced a choice between using NICE Road, with its high tolls and fuel costs, or navigating the city's heavy traffic. The Yellow Line now provides a safer, faster, and more convenient alternative.

Credit goes to the Bangalore Metro Rail Corporation Limited (BMRCL) and the hundreds of construction workers who contributed tirelessly to making the project a reality. The support of both current and previous governments has also been crucial in delivering this major public-transport ini-

tiative.

Observations from daily commuters show that the Yellow Line is primarily used to connect to RV Road, where passengers transfer to the Green Line—a pattern seen on other lines as well. Since a majority of passengers board or alight at interchange stations, experts suggest that BMRCL could consider running limited-stop trains at reduced intervals compared to regular trains. These services would skip low-usage stations and focus on stops with higher passenger volumes and park-and-ride facilities, potentially saving considerable travel time for long-distance commuters.

Similarly, the Green and Purple Lines, which cover extensive distances across the city, could benefit from such operational

adjustments. The recently launched BMTC bus service from Electronic City to Madavara via NICE Road has demonstrated that targeted, high-demand routes can be both beneficial to commuters and financially viable. In the same spirit, BMRCL is urged to analyze station-wise commuter density and logistical feasibility to explore limited-stop train services across all metro corridors.



- Prabhu
Software Engineer

Greater Bengaluru: Empowering Citizens Through the ICCC Portal

The formation of Greater Bengaluru marks a significant step toward modernising the capital city and ensuring long term infrastructural development. With multiple city corporations now focusing on improving civic amenities, the government has made it clear that urban transformation cannot happen without citizen participation.

One of the most effective initiatives launched under this mission is the Integrated Command and Control Centre (ICCC). The ICCC is an online platform that allows residents to register complaints related to civic issues such as road repairs, streetlights, water supply, garbage collection, and drainage maintenance. By visiting the ICCC portal, citizens can submit their grievances along with basic details such as name, address, a short description of the issue, and a photograph. Once submitted, a reference number is generated, enabling citizens to track the progress of their complaint.

Authorities are required to respond within 15 days, and in many cases, the issues are resolved even sooner. This

transparent and technology-driven system ensures accountability while making the grievance redressal process faster and more efficient. The ICCC has also been integrated with departments like BBMP and BWSSB, ensuring that all urban issues are addressed under a single window.

In today's digital age, almost every citizen owns a smartphone and has access to the internet. It is therefore important for residents to make good use of this facility instead of depending on individuals who only make phone calls to political leaders and wait endlessly for results. Such intermediaries often use such opportunity to give credits to their leaders for no efforts and please them rather than solutions, and relying on them delays real progress.

When a complaint is registered on an official portal, it becomes part of public record, prompting the authorities to act sooner. Citizens are therefore encouraged to take responsibility for their surroundings and actively participate in maintaining them. Instead of waiting for others, one can easily raise issues such as potholes in front of

their house, non-functioning streetlights, or poor waste management through the ICCC system.

This is the internet era—where every citizen has the power to bring change at their fingertips. It is time to move beyond dependence and take collective ownership of our city. A more responsive, efficient, and transparent Bengaluru begins with informed citizens who use the tools available to them wisely.

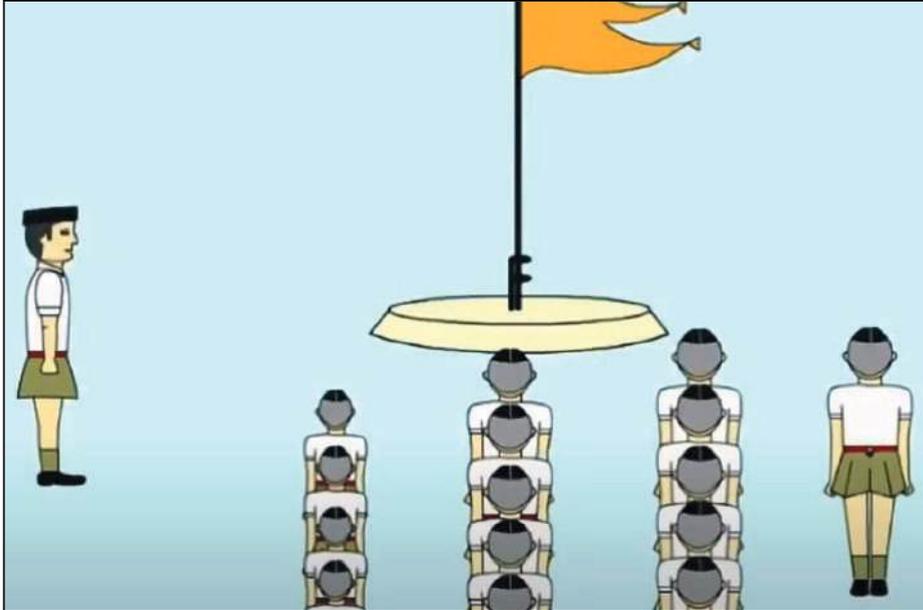
The official handle of the ICCC can also be tagged on X (formerly Twitter) while sharing grievances, ensuring wider visibility and faster action. Civic improvement is not just the government's duty; it is a shared responsibility. Every complaint registered through the ICCC portal is a step toward building a better Bengaluru for all.



- Hariraj P
Proprietor
Vinaayaka Infotech
Pragathi Nagar

Vijayadashami Utsava

A Grand event that holds deep Cultural, Spiritual, & National Significance



For the RSS, this day holds special importance as it was on Vijayadashami in 1925 that the organization was founded by Dr. Keshav Baliram Hedgewar in Nagpur. Since then, the day has been observed not only as a religious festival but also as the foundation day of the RSS, making it a moment of reflection, celebration, and rededication to the nation.

The Vijayadashami Utsava is marked by a series of events that showcase the discipline, unity, and cultural ethos of the Sangh. The celebrations typically begin with a Path Sanchalan (route march, not mandatory on same day), where swayamsevaks (volunteers) dressed in their traditional uniform march in unison, displaying physical fitness, coordination, and commitment to national service.

This is followed by a public gathering where the RSS Sarsanghchalak (Chief) addresses (Bodhik) the swayamse-

vaks and the nation in Nagpur and in other states, districts and cities. Utsava happens on same time, gathering will be addressed (Bodhik) by local know Figure mainly involved in social cause. The speech often reflects on the current socio-political landscape, the organization's achievements, and its vision for the future. It serves as a guiding light for the cadre and a reaffirmation of the Sangh's dedication to nation-building, cultural preservation, and social harmony.

The event also includes demonstrations of martial arts, yoga, and traditional Indian games, highlighting the importance of physical well-being and cultural pride. **A Symbol of Unity and Service**

The Vijayadashami Utsava is not just a celebration for the RSS; it is a symbol of unity, discipline, and devotion to the motherland. It brings together people from all walks of life—young and old, rural

and urban—under the shared vision of a strong, self-reliant, and culturally rooted Bharat.

As the RSS marks its 100th year in 2025, this year's Vijayadashami Utsava holds even greater significance. It is a moment to honor a century of unwavering service, to celebrate the journey so far, and to look ahead with renewed vigor and commitment.



- Bharath Rao
(Swayam Sevak)
President, Duo City & South County Layout Residents Welfare Association
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The Growth Journey of Just Fresh Point From a Small Dream to a Beloved Brand



In the bustling heart of Electronic City, Bangalore — where innovation meets diversity — two passionate software engineers, Durgesh Shobhawat and Gaurav Goyal, set out to reimagine how people experience sweets and snacks. Their shared vision sparked the creation of Just Fresh Point, a brand built on freshness, honesty and the timeless taste

of Indian tradition.

The Beginning

A Simple Idea with a Bold Vision

Before launching Just Fresh Point, Durgesh and Gaurav worked together at a leading software company in Electronic City, Bangalore.

Coming from strong software engineering backgrounds, both carried deep technical expertise and

an understanding of online systems — skills that would later help them seamlessly integrate technology into their business operations.

As long-time friends and food enthusiasts, they noticed a gap in the local market — customers were craving fresh, high-quality sweets and snacks that were also affordable and convenient.

They believed that Freshness should not be a Luxury, but a Daily Experience. With that conviction, they launched Just Fresh Point in 2015 — starting small, but with a big dream.

A Decade of Dedication and Passion

The early days were filled with challenges - competing with established brands while maintaining both quality and affordability was no easy task.

From personally sourcing ingredients to perfecting recipes and managing doorstep deliveries, both founders worked tirelessly to uphold their promise of “freshness in every bite.”

Their customer-first approach became their hallmark — every piece of feedback mattered, and every loyal customer became part of their growing community.

In this growth Journey Support from their wives - Harsha Vaishnav and Tanvi Gupta was Unmatchable, They stood on toes to execute

Bulk Packaging, Latest trends in Business and to Maintain work life Balance.

Word spread quickly. Locals began recognizing Just Fresh Point not just as a sweet shop, but as a trusted neighborhood brand — a place where purity met taste. Their signature delights — Super Sponge Rosogolla, Melting in the mouth Malai Roll, Special Gulab Jamun and the crowd-favorite Ghee Jalebi — became must-haves for every celebration.

As orders grew, so did their ambitions.

While Gaurav focused on operational excellence and product consistency, Durgesh drove innovation in menu engineering, customer engagement and online presence. Together, they balanced tradition with technology, integrating digital ordering through Swiggy, Zomato and WhatsApp, ensuring a seamless and personal experience.

Today, Just Fresh Point processes more than 75,000 orders every month, serving thousands of happy customers across Bangalore.



More Than a Name or a Pronoun



Identity can be expressed in complicated ways in a country as complex as India. Claiming my identity is not simple is not just a point of law. To assert one's identity is a war of attrition in courts, government offices, and out in the world. All of that takes a toll on time and energy and dignity.

It sounds innocent enough to change a gender marker on a document, but unfortunately, it is a system where there are no simple steps, only rules and rules all while the person

navigating may be subjected to invasive stares while engaging with officials that are rarely, unhelpful. To change one's gender marker, one must apply for an associated transgender certificate under the Transgender Persons (Protection of Rights) Act (2019). Medical evidence is not required by law at this point (it was), but unhelpful official processes will expect medical evidence as well as direct state inappropriate questions or deny the person claiming their gender just by stating that they did not provide enough information to be trans enough.

Once one has gone through the process of paying the costs (that are associated) to change one's gender marker, and they have successfully done through one entity, they will then have this sort of process or humiliation and indignity and repeat it sadly over Aadhaar, PAN, passport, bank ac-

counts, job records, etc.

The ambitions of parenthood are also complicated. Even though adoption laws include provision for a single application, no provision exists for joint adoption for LGBTQ+ couples, and transgender people. Current government documents only have a “Male” or “Female” option. Transgender people cannot obtain a valid ID in a digital system. People do not persist with the digital methodology,

“The problem isn't the experience of being transgender. The problem is the inability to accept.”



- K. Rohit Nayan Naidu, 2nd year, Mass Communication & Journalism Christ University

NAMO Yuva Run & Nasha Mukth Bharath



Electronic City witnessed an inspiring 5K marathon under the banner “NAMO Yuva Run and Nasha Mukth Bharath” with over 3k participants of all ages joining the early morning run.

Distinguished guests including MLA Mr. Krishnappa, MLCs, and other dignitaries participated alongside veterans and enthusiastic citizens. I am happy to be part of this purposeful run with my friends and locals surrounding E-city.

The event, flagged off at 7:25

AM with the ceremonial lighting of deepa, showcased excellent organization with traffic police coordination ensuring smooth operations.

Organizers provided comprehensive support including water stations, tea, and refreshments while maintaining strict safety protocols throughout the route.

The marathon concluded with prize distribution for top three finishers across adult male, female, and children's categories. The closing ceremony featured inspiring

speeches and medal presentations, celebrating community participation and promoting fitness awareness and drug-free lifestyle in the tech hub.



- Ashok Kumar Dasari Life Science Professional Content Creator

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Natyashastra : Text that turns storytelling into a superpower for our soul!



Natyashastra is a 2,000 year old Sanskrit guide written by Bharat Muni that shows how performance can move hearts, shape minds, and even transform communities. The Natyashastra isn't just a history, it's the original playbook of emotions, creativity, and performance - still alive today.

Natyashastra is added to UNESCO's Memory of the World Register this year.

Tradition says Brahma created Natya Veda (the knowledge of performance) by taking elements from the four Vedas, and taught this to Bharat Muni who wrote it down as Natyashastra to share with humanity. Natyashastra doesn't see

art as entertainment, it sees it as a way to mirror the universe and transform the human spirit. Here is a summary of what one can expect in it,

★ **Timeless guide to emotions** – it explains how art can evoke rasa.

★ **Foundation of Indian arts** – everything from Kathak, Bharatanatyam, Hindustani music, to theatre traces its roots here.

★ **Practical wisdom** – it gives techniques on storytelling, stagecraft, rhythm, gestures, even makeup and costumes.

★ **Psychology & communication** – long before modern science, it studied how performance affects minds and hearts.

★ **Cultural DNA** – it preserves India's artistic heritage while also offering tools relevant to creativity today.

★ **Universal relevance** – though ancient, its ideas apply to cinema, theatre, leadership, branding, and even therapy today.



- Smita Verma,

Hindustani classical vocalist,
Co-founder Artwist Academy

Art Meets the Forest



In collaboration with the Karnataka Forest Department, Artmantram organized a creative and meaningful drawing competition at Bannerghatta National Park. The event aimed to raise awareness among children about the importance of protecting endangered animals and preserving biodiversity.

The theme of the competition — “Endangered Animals” — inspired participants to depict the beauty and vulnerability of rare species found in forests and wildlife sanctuaries.

Devansh K of globalart Electronic City branch bagged the 2nd prize in the Junior Category.



- Devansh K

Globalart Electronic City

Expressing Devotion through Dance: Bhavam Nrityalaya's Navaratri Celebrations



Expressing Devotion through Dance: Bhavam Nrityalaya's Navaratri Celebrations

Bhavam Nrityalaya, a foundation for Arts and Education dedicated to the Kalakshetra style of Bharatanatyam in Ecity Phase 1, Bengaluru, celebrated Navaratri with two special performances.

At Vidhyaaranga, their Dance Studio, students presented Navarasa Nritya Manjari, an offering to Goddesses Durga, Lakshmi, and Saraswathi. The program featured

three original choreographies by Guru Smt. Anitha Rajagopalan. Highlights included the iconic Angayarkanni Varnam, (depicting the nine emotions or Navarasas) through the facets of Goddess Meenakshi, the Ashtalakshmi Stotram invoking the eight forms of Goddess Lakshmi, and a soulful composition “Shringapuradeeshwari” dedicated to Goddess Sharada.

Bhavam Nrityalaya was also invited to perform at the Hosur Sri Kalyana Kamakshi Amman Temple's Navaratri

Festival, where they earned the Best Performance Award. Six of the school's young artists—Aditi Ghosh, Gargi Balasubramanian, Pratyusha Katara, Tanmayee Prasad, Vibha Karthikeyan, and Vidhula GS—were honored with the title “Natyamani,” while senior disciples Sai Supriya Sreevalsam and Smt. Naga Vydyanathan received the titles “Naty Jyothi” and “Kala Mani,” respectively. It was indeed a profoundly divine and rewarding Navaratri season for the school.

STAY SAFE THIS DIWALI



As we celebrate the Festival of Lights, let's also ensure the safety of our families and communities.

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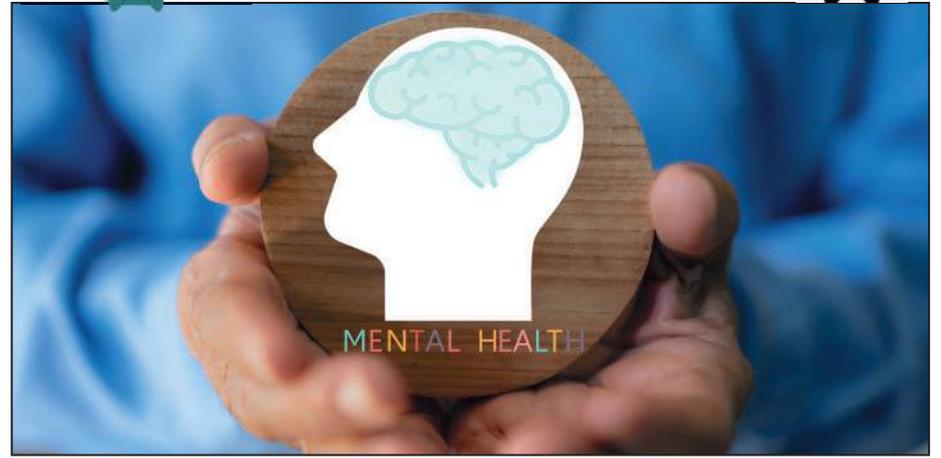
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Mental Health



Mental health has long been a neglected area in Indian population and talking about it, is considered as a taboo. But as we are progressing as an educated and aware society it becomes important to talk about our mental health in terms of understanding of the concept and accessibility of the services. We may find multiple complex definitions across various sources but as a practicing psychologist and therapist how I understand and would want to explain mental health is, as an index of overall well-being that guides our

thoughts, emotions and in turn our actions in a productive and functional way for both self and the people around. Anything that hinders this process of functionality needs attention and proper remedy. The reasons can be ranging from everyday stresses about job, relationship, parenting, family, low self esteem, student life, personality, decision making etc. or clinical conditions like major depression or anxiety.

The moment we realise that we are no longer able to manage these issues on our own and they have started affecting our everyday function-

ing in terms of our thoughts, emotions and actions, that is the time we decide to consult a professional who is trained to address our mental health concerns and intervene with a professional and empathetic approach. That's where we have psychologists, therapists, and psychiatrists.

Let us not hesitate to consult one for addressing these concerns because mental health has to be given a Priority. We all deserve a better quality of life.

- Dr Divya Kumawat
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Choco Almond Chia Bites



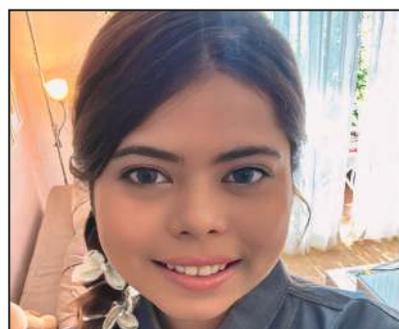
Method

- ▶ Add all ingredients to a mixer jar -flour, dates, chia seeds, cocoa powder, coconut oil, and salt.
- ▶ Grind the mixture until it comes together into a sticky dough-like texture.
- ▶ Scoop small portions and shape them into bite-sized balls.
- ▶ Garnish with chia or flax seeds for a decorative and nutritious finish.
- ▶ Chill for 15 minutes before serving for a firmer texture.

Chef's tips

- Chill them for 15 minutes before serving for a firmer texture.
- Store in an airtight container, they stay fresh for up to a week.
- Perfect as a post-workout snack or a 4 p.m. energy booster!

These Choco Almond Chia Bites prove that clean eating doesn't have to be boring. A small bite, a big burst of energy, and absolutely no guilt attached.



Chef ILMA,
Professional Chef @ Chef ILMA's

Looking for a quick pick-me-up that satisfies your sweet tooth without derailing your health goals? Meet the ChocoAlmond Chia Bites, a no-bake, nutrient-packed treat that blends taste with wellness. flour, dates, and chia seeds, these little bites are rich in protein, fiber, and antioxidants. A dash of cocoa powder brings in that deep, chocolatey flavor, while coconut oil adds a healthy dose of good fats. A pinch of sea salt enhances the sweetness naturally, no refined sugar needed!

Ingredients

- Almond flour or roasted chana flour – 1 cup
- Dates – 10 (pitted)
- Chia seeds – 1/2 tsp
- Cocoa powder – 2 tbsp
- Coconut oil – 2 tbsp
- Sea salt – a pinch
- Coconut oil – 2 tbsp

Dental Health Camp Conducted at Prestige Sunrise Birchwood Apartments Bengaluru, 28th September 2025



Crown Dental Care successfully organized a Dental Health Awareness and Consultation Camp at Prestige Sunrise Birchwood Apartments, Electronic City Phase 1. The camp, held from 10:00 AM to 3:00 PM, received an excellent response from residents who availed complimentary consultations and dental check-ups.

The initiative aimed to promote oral hygiene awareness and the importance of preventive dental care within the community. The camp was led by Dr. Suhanya Prasanna Kumar, MDS, FAAD, along with Dr. Tejashwini and Dr. Khairunnisa Sana, who provided expert guidance and personalized dental advice.

As a gesture of appreciation, Crown Dental Care announced an exclusive offer for Prestige residents — 10% off on all dental treatments during October 2025.

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Badmintonium On the Rise



Yonex Sunrise Karnataka State U11 & U13 Ranking Badminton Tournament

Exciting Achievements in the Tournament

Badmintonium Academy's young shuttlers, Pratyush, Chethan, and Sushant R, have shown remarkable talent and determination in the Yonex Sunrise Karnataka State U11 & U13 Ranking Badminton Tournament, held in September 2025.

Pratyush in U11 Boys' Singles

Pratyush, competing in the Under-11 Boys' Singles category, displayed a stellar performance and skill on the court by defeating the qualifying seeded 3rd Aarush Reddy Yarava in three sets: 15-8, 12-15, and 15-13. His dedication and perseverance have paid off as he successfully qualified for the **Main Draw** after winning from the Qualification round of 128 in this highly competitive category.

Chethan in U11 Boys' Doubles

In the Double Match of the U11 age group, promising duo Chethan M and Pratyush S demonstrated impressive teamwork and strategy in the Under-11 Boys' Doubles category. Alongside his partner, he navigated through challenging matches to secure a spot in the **Main Draw**.



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