

# ELECTRONIC CITY CREDENCE

NAMMA NEIGHBOURHOOD NEWS

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Akshaya Nagar to Ananth Nagar

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## News Bites

Daily commuters near a Hebbagodi metro station in Bengaluru have flagged sewage-filled subway access, forcing 800-metre detours via Huskur Road/Bommasandra. Residents demand urgent drainage fixes, cleaning, and safer direct pedestrian entry.

Karnataka is planning a 24,000+ acre industrial land bank around Bengaluru, with major acquisition expected in the Anekal belt. The move aims to attract global investors, but farmer protests are growing over land loss concerns.

On Feb 7, prompt action by Hebbagodi Police rescued six people, including two children, trapped in a lift at GM Apartment, Tirupalya, Bengaluru, after a Namma 112 alert.

Residents of Neotown in Electronic City, Bengaluru, have raised civic concerns as roads remain riddled with potholes and garbage despite high property taxes. Citizens are demanding accountability and immediate infrastructure repairs.

The Union Civil Aviation Minister said the proposed greenfield airport at Hosur is not recommended now, as airspace is prioritised for defence and Hindustan Aeronautics Limited operations; reconsideration may happen later.

Three men kidnapped a spa owner near Bettadasanapura in Electronic City for ₹2-lakh ransom on Feb 15; police rescued the victim and arrested the accused within hours.

## HIGH SPEED RAIL CORRIDOR THE THRUST SOUTHWARDS. ELECTRONICS CITY HIGH SPEED STATION MAY GET A MISS



- Tilak Subramaniam

India is seeing a slow and steady transformation in rail road movement. In retrospect, when the first rail route went into operation in 1853, to the present modern day travel with the Vande Bharat series of trains, much water has flown under the bridge and the progress now being made is a game changer in the 21st century. Indeed, we have come a long way since, and thus the next 2 to 3 decades, will make visible transformation, as to how future travel will be like. The steady pace of the Mumbai Ahmedabad High Speed Rail Corridor (HSR), has evinced a lot of interest amongst the general public and sure enough, in the recently concluded Union Budget, 7

new rail corridors were announced and Southern cities like Bangalore, Chennai and Hyderabad finds mention in the scheme of things, with a possibility of connecting Amravathi cannot be ruled out. The combined HSR corridor for the South is close to 1500 Kms and a lot of commercial development can be expected along the railway route, wherever the HSR Corridor passes. An investment of Rs. 16 lakh crores

Metro cities take precedence over Tier II cities, and thus, capital investment is a constraint. As this is a truncated section to the originally envisaged Mysore destination, the railway survey now have identified White Field and Byappannahalli as two possible underground stations. with Byappannahalli being a terminal station. Electronics City, as of now, is not a priority section, which can happen once Mysuru leg of the route gets a nod.



is expected for this project. The Rail Minister Mr. Ashwini Vaishnaw says, these are long gestation projects, and also believes, this will bring transformative change in the daily lives of people, across all regions.

Speculation is rife as to how the city of Mysuru missed the bus, from the HSR map, which was initially considered as a possible destination. Sources in the Ministry have now indicated that

The exact alignment of the stations planned on both Chennai and Hyderabad will depend on the outcome of the final location survey.

These are small baby steps in the world of rail travel in India. The next decade would open the flood gates of quick travel, revolutionising the way we travel in the future, inter alia, bringing tough competition to the Airline industry

## ONE NATION, ONE CLASSROOM UNITED BY CONSTITUTION, DIVIDED BY EDUCATION BOARDS



- Shubhankar C  
High Court Advocate  
Chairperson  
Adi Shankara Foundation

India proudly calls itself a sovereign, socialist, secular, democratic republic. We are united by one Constitution, one citizenship, and one national vision. Yet, when it comes to education, the very backbone of any nation, we remain deeply divided by systems, standards, and opportunities.

Today, a child's future in India is not determined merely by talent or hard work, but by the education board he or she is born into. While CBSE and ICSE offer relatively uniform and concept-oriented curricula across the country, the majority of Indian students study under various State Boards, where the quality, depth, and rigor of education vary drastically from state to state. This has created multiple Indias within one India, unequal not by ability, but by academic preparation.

We conduct common national-level examinations like NEET, JEE, and UPSC, yet we prepare our children through completely unequal systems. This is not healthy competition. This is structural

injustice.

The crisis is made worse by the unchecked commercialization of education. In urban cities like Bengaluru, thousands of so-called schools operate from cramped buildings of 2000 to 5000 square feet, stacked vertically in narrow residential lanes, without playgrounds, libraries, laboratories, or even basic safety infrastructure. These institutions function

more like child storage facilities than centres of learning. In the event of a fire or any emergency,

safe evacuation itself would be nearly impossible.

Parents, trapped between underperforming government schools and unaffordable elite private schools, are forced to send their children to low-cost private schools that have no stable teachers, no proper facilities, and no long-term academic vision. Education has thus become a business of fear and helplessness, not a public service.

This is a direct betrayal of the spirit of Article 21A of the Constitution, which guarantees the Right to Education, not merely the right to sit in a building called a school, but the right to safe, dignified, and meaningful learning.

It is high time that the Central Government takes full and decisive responsibility

for the future of Indian education. The nation needs a strong, long-term, vision-oriented education policy that is not merely advisory, but is implemented uniformly in every state and in every corner of the Republic of India. A child's education must not depend on political ideology or the convenience of changing governments. Education must never be a political

topic. What students study and how they are taught to think cannot be left to shifting political priorities.

India urgently needs a common national

education framework with uniform minimum standards of learning and skills, while still allowing states to add local cultural and linguistic content. At the same time, private schools must be strictly regulated with non-negotiable norms for land, safety, infrastructure, teacher quality, and facilities. Schools that do not meet basic safety and academic standards must not be allowed to function.

Above all, education must be nationalised in spirit and treated not as a commodity, but as a nation-building mission. We may be one nation politically, but until we give our children one fair and equal education system, we will remain a divided republic in our classrooms.



## ANANTHAGAR-KAMMASANDRA ROAD CRISIS: RESIDENTS DEMAND URGENT REPAIRS AFTER YEARS OF NEGLECT



Residents have raised serious concerns over the deteriorating condition of Ananthnagar Main Road and the stretch toward Kammasandra in Bengaluru. Large portions

of the road are severely damaged, with deep potholes, broken surfaces, and heavy dust pollution making daily travel difficult and unsafe. Locals say the situation has persisted

for over five years without any permanent repair. The worst-affected stretches include Ananthnagar-Kammasandra Road, Heelalige to Sampangi Nagar, and the 4-km link from APMC Fruit Market to Dommasandra. Residents state the area falls under Hebbagodi City Municipal Council and are demanding immediate temporary restoration, dust-control measures, and a clear timeline for full road reconstruction.



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NAMMA NEIGHBOURHOOD NEWS

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## Smondoville Residents Hold Silent Protest Over Civic Neglect



breeding, and fear of disease outbreaks. Residents claim that despite multiple representations to officials of Hulimangala Panchayat, there has been little to no concrete action.

“Our intention is not confrontation, but attention,” said one of the resident representatives. “We are taxpayers and responsible citizens. Basic infrastructure and sanitation are our fundamental rights.”

The residents have now urged Panchayat authorities to conduct an immediate inspection, repair damaged roads, and streamline waste management services. They have also requested a formal timeline for resolution.

The peaceful protest concluded with a memorandum submitted to local authorities. Residents have stated that if corrective measures are not initiated soon, they may escalate the matter to higher authorities.

**The silent protest reflects growing civic awareness and collective action among citizens seeking accountability and improved living standards in rapidly developing suburban areas.**

Over 100 residents of Smondoville staged a peaceful and silent protest raising serious concerns over worsening civic conditions under the Hulimangala Panchayat limits. The demonstration, held within the residential premises and adjoining areas, highlighted long-pending issues including dangerous potholes and uncollected garbage.

Carrying placards and standing in solidarity, residents expressed frustration over repeated complaints that have allegedly gone unaddressed for months. The protest remained completely non-violent, with participants maintaining silence to symbolically

convey their disappointment and urgency.

Residents stated that the deteriorating road conditions have led to frequent vehicle damage and increased risk of accidents, especially during the monsoon season when potholes are filled with water and become difficult to spot. Parents and senior citizens particularly voiced concerns over safety and accessibility.

In addition to road issues, irregular garbage collection has become a growing health hazard. Accumulated waste in and around the locality has led to foul smell, mosquito

## The Formula That Decides Your Financial Future

Every month, millions of people earn an income, pay their bills, enjoy their lifestyle, and save whatever is left. It seems logical and responsible. But this simple habit silently decides whether a person will struggle financially in the future or achieve true financial freedom.

There are two formulas people follow in life.

The first and most common formula is: **Income - Expenditure = Savings**

Under this approach, a person earns ₹1,00,000 per month, spends ₹95,000 on household expenses, travel, dining, and lifestyle, and saves the remaining ₹5,000.

If this ₹5,000 is invested consistently every month at an average return of 12% per annum, over a period of 35 years, the total wealth created will be approximately ₹3.28 crores.

This may appear to be a significant amount, but now consider the second formula.

The wealth creators of the world follow a different approach:

**Income - Savings = Expenditure**

In this case, the same person earning ₹1,00,000 per month decides to prioritize saving and investing first. By exercising financial discipline and controlling expenses, saving 20% of income — that is ₹20,000 per month — becomes achievable without compromising basic needs.

If ₹20,000 is invested every month at 12% for 35 years, the wealth created grows to approximately ₹13.13 crores.

The difference between the two approaches is a staggering ₹9.85 crores.

Both individuals earned the same income. Both lived in the same economy. Both had access to the same opportunities. The only difference was the order in which they managed their money.

This clearly demonstrates that wealth is not created by income alone. Wealth is created by habit, discipline, and prioritizing investments.

Many people believe they can start saving once their income increases.

Unfortunately, as income increases, expenses also tend to increase proportionately. Without a conscious decision to invest first, wealth creation keeps getting postponed.

While it may not be possible to save 100% of one's income, saving at least 20% is realistic and achievable for most earning individuals. The key lies in making investment a priority rather than an afterthought.

One important concern in today's digital age is the growing number of unqualified financial advisors on social media platforms. Many so-called financial “gurus” have emerged on WhatsApp, Facebook, and Telegram, especially after the COVID-19 period. Following unverified advice can lead to serious financial mistakes.

Financial planning is not about chasing trends. It is about long-term discipline, structured planning, and experienced guidance.

Having worked in the financial services industry for over 23 years and managing assets exceeding ₹60 crores, I have witnessed firsthand how consistent investing transforms ordinary earners into financially secure individuals.

**The principle is simple yet powerful: Do not save what is left after spending. Spend what is left after saving.**

The earlier one starts, the greater the power of compounding. Time, discipline, and the right guidance remain the three most important pillars of wealth creation.

Your income alone does not decide your future. Your habits do.



- Vikram Singh, Financial Management Expert

## Financial Literacy for Young Minds

**Pocket Money to Paycheck, Youth's Guide to Managing Income**



**Learn Before You Earn More**

Improving skills, education, and career choices can increase income far more than risky investments. A higher earning ability, combined with good money habits, creates long-term stability.

**Start Small, Think Big**

Your first income may be small, but the habits you build now will last a lifetime. Manage pocket money wisely, and your paycheck will follow the same discipline. Financial confidence doesn't begin with a high salary; it begins with wise choices.

Because in the journey from pocket money to paycheck, it is not income that decides your future; it is how you manage it.



- Rabnawaz B Entrepreneur, Trader, Investor, Investment Coach.

“Take care of the pennies, and the pounds will take care of themselves.”

This timeless proverb reminds us that wise money habits start small — often with pocket money.

Whether it is pocket money, a stipend, or your first salary, every rupee needs direction. Start with a simple formula,

- ▶ Save first (at least 20%)
- ▶ Spend on needs
- ▶ Use the rest for wants

This habit builds discipline early and prevents lifestyle inflation when income grows.

**Build the Saving Muscle Early**

Saving is not about how much you

earn; it is about consistency. Even ₹500 a month teaches patience and responsibility. Over time, savings can become an emergency fund that protects you from unexpected expenses like medical bills, travel needs, or job loss. Small, regular savings can later be invested to grow wealth.

**Control Lifestyle Inflation**

When income increases, expenses often rise faster. Youth today face constant temptations like online sales, instant payments, and social media pressure. Before upgrading phones, bikes, or fashion, ask: Does this add real value to my life? Learning to delay gratification is one of the strongest financial skills.



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Our Annual Day Celebration was not merely an event, but a magnificent celebration of talent, dedication, and the vibrant

spirit of our school community. The occasion stood as a proud reflection of our unwavering commitment to holistic



education—where knowledge meets creativity, and values shape character.

We were profoundly privileged to be graced by the presence of our distinguished Chief Guests, whose esteemed presence elevated the celebration to greater heights: Sri Narayana IPS, Deputy Commissioner of Police (DCP), Electronic City Sri Vasu, Superintendent of Police, Bangalore Mr. Sharan, Eminent Kannada Film Actor Mr. Sri Mohan, Chairman, Cambridge School

The ceremony commenced with the auspicious lighting of the lamp, symbolizing the eternal flame of knowledge and wisdom. The enlightening addresses delivered by our honored dignitaries left an indelible mark on young minds. Sri Narayana IPS inspired students to uphold integrity and become responsible citizens of tomorrow. Sri Vasu emphasized courage, leadership, and service as the true pillars of success. Mr. Sharan encouraged students to chase their dreams with passion and unwavering confidence. The collective wisdom shared by our

esteemed guests ignited motivation and aspiration in every heart present. The cultural performances were a spectacular showcase of artistic brilliance and disciplined teamwork. From graceful dances and soulful melodies to thought-provoking skits and thematic presentations, every performance resonated with creativity, dedication, and excellence. The stage came alive with energy, reflecting the countless hours of preparation and the collaborative efforts of students and teachers alike. I extend my deepest gratitude to the management,

staff, parents, and students whose wholehearted support and tireless efforts made this grand celebration a resounding success. The Annual Day stands as a glowing reminder that true education is a harmonious blend of intellect, values, discipline, and self-expression.



- Sunita.K, Teacher

## JOB REJECTION ISN'T FAILURE IT'S YOUR CAREER'S BEST TEACHER

Facing job rejection hurts emotionally. However, understanding rejection's true nature empowers professionals transforming setbacks into strategic advantages and career momentum forward.

**Understanding Rejection Objectively:** Most people view rejection personally, assuming they lack qualifications. Reality differs significantly. Hiring decisions depend on budgets, internal politics, and relationship dynamics beyond individual capability. Each rejection provides valuable market intelligence revealing what employers actually seek.

**Reframing Rejection as Growth:** Successful professionals reframe rejection as information, not failure. When opportunities don't materialize, they analyze feedback, identifying skill gaps or presentation improvements needed. This perspective shifts rejection from demoral-

izing to developmental.

**Strategic Follow-Up Communication:** Following rejection strategically matters tremendously. A thoughtful thank-you message transforms "no" into "not yet," keeping doors open. Requesting constructive feedback demonstrates growth mindset. Companies remember candidates handling rejection gracefully—it's rare and impressive.

**Maintaining Professional Relationships:** Building ongoing relationships after rejection pays dividends. Staying visible through LinkedIn engagement and genuine connection-building often leads to future opportunities months later. The most successful people remain persistent without appearing desperate.

**Converting Rejection Into Success:** Rejection reveals market realities, allowing strategic repositioning.

Perhaps your communication needs adjustment. Maybe employers seek different skill combinations. Whatever the reason, rejection clarifies your career direction. Every "no" brings you closer to aligned opportunities matching your strengths and aspirations. Persistence beats perfection consistently.

**Transform rejection into redirection. View every "no" as marketplace feedback, strategic opportunity, and stepping stone toward bigger professional wins ahead.**



Nayagam PP  
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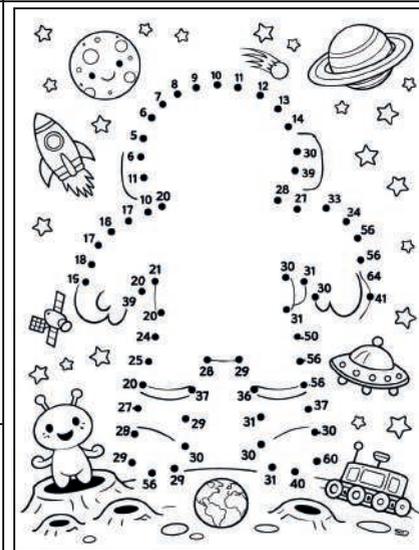
### RIDDLE CORNER

- I am not alive, but I grow.
  - I don't have lungs, but I need air.
  - I can eat forests if uncontrolled
  - Red, hot, and scary to behold!
- 
- I fall but never get hurt,
  - I run but have no feet.
  - I can be calm or very loud,
  - And I come from a cloud.

Turn to Page 7 for answers

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CREATIVE EXPRESSIONS Email your entries to

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# Menopause is a Natural Biological transition not a disease

Yet for many women, it can feel confusing, overwhelming, and physically exhausting. Hormonal shifts during this stage may bring hot flashes, sleep disturbances, mood changes, fatigue, weight fluctuations, and reduced stress tolerance. Some women move through it smoothly; others struggle silently.

The first step is awareness. Understanding that these symptoms are common reduces fear. Supporting yourself through balanced nutrition, regular physical activity, relaxation practices, and good sleep hygiene can significantly ease the transition. Emotional care is equally important.

Journaling, mindfulness, breathing exercises, and

open conversations with loved ones help regulate stress and mood.

Track your symptoms. Notice patterns. Reduce caffeine, prioritize



protein and fiber, and stay hydrated. Most importantly, be kind to yourself this is a phase of adjustment, not decline.

**You may consider professional guidance if:**

- Symptoms interfere with daily functioning
- Anxiety, sadness, or irritability feel overwhelming
- Sleep problems persist
- You feel confused about what is normal

With the right awareness and structured support, menopause can become a phase of strength, clarity, and renewed self-understanding.



**Dr Ruupa Rao,**  
Psychologist and Psychotherapist,  
And ICF PCC  
www.ruuparao.com

# Nature's Sweet in Every Bite

**Chef Corner Classic: Authentic style Chakka Ada Serves: 5-6 persons**



**Method of Preparation**  
Lightly dry-roast the rice flour in a heavy-bottomed pan over low heat for 3-4 minutes until aromatic. Do not allow it to change colour. Remove from heat and transfer to a mixing bowl.

### Instructions

- ▶ Rice Flour - 1½ Cup
- ▶ Freshly Grated Coconut - 1 Cup
- ▶ Ghee - 1½ tsp
- ▶ Ripe Jackfruit Bulbs - 1½ Cup (finely chopped or pureed)
- ▶ Jaggery - 1 Cup (adjust to preferred sweetness)
- ▶ Water - ¼ Cup
- ▶ Cardamom Powder - ½ tsp
- ▶ Salt - a pinch
- ▶ Banana Leaves or Idli Plates for steaming

**Chef's Tip:** Always use fully ripened, naturally sweet jackfruit for maximum flavour depth and fragrance. Fresh banana leaves enhance both aroma and authenticity.

Add freshly grated coconut and ghee to the warm flour. Gently rub and combine using your fingertips to ensure even distribution and a slightly moist crumb texture.

Deseed ripe jackfruit bulbs. Finely chop for texture or grind into a smooth puree for a softer finish. Fold this into the flour mixture until uniformly combined.

In a saucepan, melt

jaggery with ¼ cup water over low heat. Strain to remove impurities. Allow the syrup to cool to a lukewarm stage before gradually incorporating into the mixture. Mix thoroughly using a spatula until a thick batter is formed.

Add cardamom powder and a pinch of salt. Mix well. Taste and adjust sweetness if required. The batter should be moist but not runny.



**- Adhra**  
Professional Chef

Lightly grease banana leaves or idli moulds with ghee. Spoon 2-3 tablespoons of batter onto each banana leaf and fold neatly. Alternatively, portion directly into greased idli plates.

Steam in a preheated steamer over medi-

um heat for 20-25 minutes, or until fully set. Check doneness by inserting a toothpick — it should come out clean.

Allow to rest for a few minutes before serving. Serve warm to experience the full aroma and natural sweetness of jackfruit.



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## DID YOU KNOW?



### Laughing impacts blood sugar

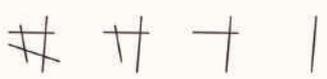
One study found that watching a funny television show lowered participant's overall increase in glucose levels after a meal, and research has also found that laughter therapy reduces the heart-related complications of type 2 diabetes.



### Can You Hold Knowledge Without Holding On?



To attain knowledge, add things every day



To attain wisdom, remove things every day

We learn by adding facts, skills, opinions. But we grow wiser by removing - noise, ego, fear, and excess. Knowledge helps you move ahead. Wisdom tells you what to carry and what to leave behind. Hold knowledge gently. Let wisdom decide the grip



**- Sannith Garipally**



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## Progress Update on the Baiyyappanahalli-Hosur Suburban Rail Corridor



The Baiyyappanahalli-Hosur Corridor (Corridor-2) of the Bengaluru Suburban Rail Project has entered a crucial preparatory phase, marking steady progress toward improving regional connectivity. Implemented by K-RIDE, the 48-km corridor will link eastern Bengaluru with the fast-growing industrial hub of Hosur, providing a reliable alternative to the congested Hosur Road.

According to the latest project update, the corridor is currently in the advanced tendering stage. Civil works tenders have been issued, and bid evaluation is underway. Alignment surveys, site inspections, and engineering verification have been completed, ensuring readiness for the transition into active construction. Land acquisition is progressing in phases, although encroachment removal and utility shifting remain key challenges in dense urban stretches.

Importantly, no individual station has yet entered physical construction. All proposed stations are presently in the planning and pre-construction stage, with designs finalized and land parcels largely identified. Station works will commence once civil contracts are awarded and sites are formally handed over.

Once completed, the corridor will feature elevated and at-grade sections, integrated interchanges, and modern stations, significantly reducing travel time and enhancing workforce mobility across one of the region's busiest economic corridors.

## Vishrea Studio Hosts Community Walk Promoting Wellness & Connection



Vishrea Studio recently hosted its first-ever community walkathon, themed “Move. Breathe. Believe.”, bringing together participants across age groups for a morning dedicated to wellness, mindfulness, and social connection. The event marked an important milestone for the boutique brand, which focuses on building a strong local community around confidence, individuality, and shared experiences.

Participants gathered at sunrise 6.20 am wearing event T-shirts made from the same fabric but in different colours — a thoughtful design choice symbolizing unity in diversity and celebrating the uniqueness of each individual. This visual harmony set the tone for a walk centered on acceptance and collective energy.

The format blended calm walking with guided segments focused on movement, breathing, and reflection. A dance-inspired

movement, breathing exercises, and motivational talks were woven into the route, creating an experience that extended beyond a traditional fitness walk.

A halfway refreshment break, sponsored by Gold Coin Club Resort, allowed walkers to recharge and socialize, strengthening the event’s sense of community. The final stretch offered an optional competitive segment, encouraging both camaraderie and personal challenge.

According to the founders of Vishrea Studio, the walkathon was designed not as a race, but as a reminder to intentionally make space for health and connection in everyday life. Participants described the morning as energizing, uplifting, and emotionally grounding.

With the success of its inaugural walk, Vishrea Studio plans to continue hosting initiatives that promote well-being and nurture community bonds.

## Divine Greetings to one and all on the Auspicious occasion of Maha Shivratri.



replica of Diamond linga and Abhisheka lingam.

An information space for explaining how to connect to one and the only one invisible Supreme God by way of India’s oldest Rajyoga Meditation technique for constant happiness and stress free Living.

Also an experience room, Anubhuthi dham was created where devotees could go through guided meditation.

“All in all, it was joyous and purposeful towards creating a better India and better World. Thanks to this Women led International NGO/ UNESCO recognized Spiritual Organization spread over 140 countries doing selfless service to the humanity for the last 90 years.”



- MN Nataraj  
Res: Godrej Nurture, E City Phase 1

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Answers  
Riddle #1 Fire  
Riddle #2 Snow

### JOB CLASSIFIEDS – URGENT

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