

ELECTRONIC CITY CREDENCE

NAMMA NEIGHBOURHOOD NEWS

Bommanahalli to Chandapura

Akshaya Nagar to Ananth Nagar

Volume 4 : Issue 77

31st May to 13th June 2026

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Construction of Bengaluru Suburban Rail Corridor-4 (Kanaka Line) is progressing steadily across key stations including Heelalige, Huskur, Karmelaram, and Bellandur.



Gollahalli Main Road (Electronic City) faces severe issues including potholes, garbage, cattle movement, and unsafe conditions. Residents urge urgent civic action to improve road safety, hygiene, and daily commute conditions.



Neo Town Residents joined hands to clean public spaces and improve the neighborhood. A surveillance camera has now been installed for continuous monitoring to deter littering and help keep the area clean, safe, and green.



Chandapura Circle Traffic Woes Demand Immediate Attention Daily traffic congestion at Chandapura Circle continues to cause long delays and safety concerns for commuters and pedestrians alike. Residents are urging authorities to install a dedicated traffic signal to improve traffic flow and enhance road safety.

Pink Line Metro Opening Deferred Again, Commuters Brace for August 2026 Launch



Commuters along the Bannerghatta Road-Tavarekere stretch of Bengaluru's Pink Line Metro were left disappointed after learning that the corridor is now expected to be inaugurated only in August 2026. While delays in large-scale infrastructure projects are hardly new to Bangaloreans, the latest postponement has once again triggered frustration & skepticism among daily commuters.

Though the RDSO (Research Design and Standards Organisation) trials have been successful, the report seeking clearance

has gone into a go-slow mode, and is said to take approximately another 10 weeks for fructification. Sources in the BMRCL believe that a 15 August 2026 inauguration is now possible.

As things stand now, the fate of the second leg of this metro (the underground section), extending to Nagawara is not very clear if the project deadline of Dec 2026 will be met, as past experience suggests cascading delays in one leg has invariably resulted in a corresponding delay in the subsequent leg. We will have to wait and watch if the authorities will

be able to telescope project civil works, to be ready for the year end deadline, for the entire pink line launch.

“BMRCL can still aim to inaugurate the entire route of the pink line before the year end. It will be an ambitious task though, as all stakeholders in the project have to work in unison and collectively, to meet the year end launch date target. Should this happen, it will be a step further in realising urban mobility solutions, in a city already facing traffic congestion issues.”



- Tilak Subramanyan

CONDITION OF HOSAROAD AT DODDAMARA JUNCTION



The persistent traffic congestion at Doddamara Junction on Hosur Road has become a daily challenge for commuters. Despite recurring bottlenecks at the same location every day, particularly during peak hours, no lasting solution appears to have been

implemented. The resulting delays, fuel wastage, and commuter frustration highlight the urgent need for effective traffic management measures. Authorities must address this issue on priority to ensure smoother traffic flow and improved road safety.

THE COST OF DUPLICATION: HOW UNNECESSARY PRE-CENSUS EXERCISES DISRUPT EDUCATION

A national census is one of the most important exercises undertaken by the Central Government once every ten years. Its primary purpose is to gather accurate demographic data, population density figures, housing information, and other statistics that help governments formulate laws, welfare schemes, infrastructure projects, and public policies. Although the census scheduled after the COVID-19 pandemic was postponed for administrative reasons, it is now expected to be conducted in February 2027.

Against this backdrop, the decision to undertake a large-scale pre-census exercise in April and May 2026 raises serious concerns. Thousands of government employees, including teaching faculty from schools and colleges, have been diverted from their primary responsibilities to collect extensive household information. Survey teams have been gathering details such as the number of buildings and houses, flooring and roofing materials, electricity connections, LPG usage, income levels, and several other particulars. Much of this information is likely to be collected again during the official census, resulting in duplication of effort and unnecessary expenditure of valuable human resources.

The most visible impact has been on the education sector. Teachers who should be engaged in classroom instruction, examinations, mentoring, and academic planning have instead been assigned survey

duties for several weeks. As a result, colleges and universities have witnessed disruptions in teaching schedules, forcing many institutions to revise academic calendars and compress coursework within shorter timelines.

Students pursuing degrees and professional courses are the worst affected. Lost classroom hours cannot be easily recovered, and rushed completion of syllabi compromises the quality of education. Academic pressure on both students and teachers increases significantly when schedules are compressed to compensate for administrative assignments unrelated to education.

Governments must ensure that data collection exercises are scientifically planned and coordinated with existing national programmes. Public administration should not come at the cost of education. Teachers are nation-builders, and their time should be reserved primarily for teaching, learning, and shaping the future of students rather than repetitive bureaucratic exercises.



- Susanth Law Intern

Neo Town Conducts Community Cleanliness Drive

Residents of Neo Town, along with all apartment associations, organized a successful cleanliness drive with the support of CMC Hebbagodi, Hebbagodi Police Station, and the Hebbagodi Health Department. Corporators Shri Manjunath and Shri Prakash, along with Shri Ramesh from MLA Shri Krishnappa's team, participated in the initiative.

The drive highlighted the importance of community participation in maintaining a clean environment. A key message shared during the event was: "Do not throw garbage on roads and public spaces."

Encouraged by the positive response, organizers have planned similar drives in the future to promote cleanliness, civic responsibility, and a healthier neighborhood.



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PCOS (Polycystic Ovarian Syndrome) to PMOS: (Polyendocrine Metabolic Ovarian Syndrome)


Recently, research conducted by Prof. Helena Teede of Monash University, Australia and 56 organizations conducted a study for 11 years, with the help of 22 thousand plus clinicians and patients and after cross-cultural appropriateness PCOS was renamed PMOS.

The name was suggested because the condition is not only related to ovaries but also strongly connected to metabolism, hormones, insulin resistance and overall health. The new term better reflects the real nature of the disorder and helps spread awareness that it affects the entire body, not just reproductive health.

This encourages early diagnosis, holistic treatment and a broader understanding of women's health, empowering women to focus on complete wellness rather than just ovarian symptoms.

Dr. Sugandha Agarwal
General Physician & Ayurvedic Wellness Consultant

Did you know that many women diagnosed with PCOS may never actually develop ovarian cysts? It is actually funny that the leading global cause of irregular menstruation and a major cause of infertility was named incorrectly for 91 years.



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FOUR YEAR OLD DHRUV ENTERS INTERNATIONAL BOOK OF RECORDS



**- Dhruv Kabra
Age 4.5-years**

Master Dhruv Kabra, a 4.5-year-old resident of the apartment community and son of Manish and Pooja has brought laurels to his family and the entire neighbourhood by securing a place in the International Book of Records. Displaying extraordinary memory and

confidence at a very young age, Dhruv successfully recited the names of all 195 countries of the world in just 2 minutes and 40 seconds. Remarkably, he accomplished this feat entirely from memory, without the aid of any visual support or prompts.

The achievement has been widely appreciated by residents, who view it as a testament to the young boy's talent, dedication, and eagerness to learn. Community members have also commended his parents for nurturing his abilities and encouraging a strong foundation of knowledge from an early age.

Dhruv's accomplishment serves as an inspiration to children and parents alike, and the community wishes him continued success in all his future endeavours.

- Pradeep Gudla, MJR Clique Hydra

OUR WINGED NEIGHBOURS: ASHY PRINIA



Welcome!

Ashy Prinia are small sparrow-sized birds resident in our city. They are majorly grayish-looking, have some brown shades on their wings with creamish underparts, have red eyes and tails that are as long as their main body, and have a solid black beak and gape!

Being the resident birds, it is not hard to find them.

They can be seen in gardens and grasslands, busily hopping in the bushes and between other undergrowth, foraging for small insects, making soft click sounds as they move. They act restless, continuously hopping and twitching sideways when sitting, likely looking for food and gauging their surroundings for the lurking danger. They like to hold their tails upright at times.

Their nesting season falls between March to September. Given the approaching monsoon, their mating calls are at their peak now, and it's likely you have heard their loud, metallic taaw-taaws in the mornings.

For foraging and nesting, they need lush undergrowth, with thick shrubs and bushes. As they are small birds, nesting close to the ground, there is always the threat of predators. If we can keep the grasslands and wetlands in our neighborhoods clean and lush, they will likely thrive better, foraging insects from our gardens too, helping us maintain a clean garden.

- Akhila Hegde

WHY DO SO MANY OF US WAIT FOR PERMISSION TO LIVE OUR OWN LIVES?

We have smiled, cried, and celebrated that moment for decades. A father stands at the door of a moving train. His daughter waits on the platform, hope and uncertainty written across her face. And finally, he lets go: "Ja Simran ja jee le apni zindagi!"

We cried. We called it beautiful. We called it love. We rarely stopped to ask the harder question sitting quietly beneath all that emotion: why did she need his permission in the first place?

This is what I call the "Ja Simran Ja Syndrome": the deep-rooted habit of waiting for someone else's blessing before making a choice that is, by every right, entirely your own. A career left unpursued because a parent disapproved. A relationship endured long past its time. A dream quietly folded away because no one around you thought it was serious enough. These are not isolated personal failures. They are the everyday consequence of a culture that has taught people, across generations, to distrust their own instincts and seek external approval before acting on them.

Somewhere along the way, obedience became more valued than self-trust.

People stopped asking what they truly wanted and started asking what others would say. The inner voice, once a compass, became a question mark.

The tragedy is that not everyone gets a cinematic moment of release. For many, the permission never comes. And so, rather than wait indefinitely, they stop wanting altogether. Dreams are not lost loudly. They are surrendered in silence.

Real progress will begin the day we stop glorifying permission and start normalising ownership of one's own life. Freedom should not feel like a favour granted by someone else. It should feel like breathing.



**- Alka Thakur
Leadership Communication
& Soft Skills Consultant**

THE STRENGTH BEHIND OUR JOURNEY

children.

Now think practically. Our children have their own responsibilities: Home, Kids education, Expenses, EMIs, Future planning. And on top of that, they may have to support us too. Let us say they give us only ₹10,000 per month for 20 years. If the same ₹10,000 had been invested for their children's future at just 7% return. It would have become nearly ₹52 Lakhs. By not planning our retirement, what are we doing? We are putting financial stress on our children and unknowingly snatching a brighter future from our grandchildren.

Do you want to do that?

If not!

Start planning NOW.



- Vikram Singh

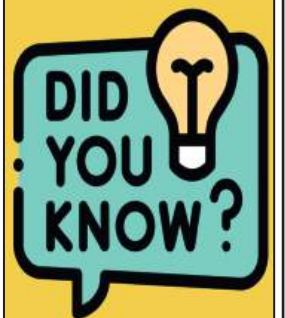
Till 25 year, we are dependent on our parents.

From 25 to 60 - We work, earn and have the opportunity to become financially independent.

After 60 - Whether we remain independent or become dependent again is decided by what we do between 25 and 60. If we save and invest wisely, we remain independent. If we don't, we may become dependent on our



**Smiling can
Lower Heart
Rate and
Reduce Stress!**



FEEL WELL, LIVE WELL

Our everyday habits, the way we take care of ourselves, the way we respond to different situations, our values, our preferences tell us something about our lifestyle. It is simply the way we live our life. The most important pillars of a good lifestyle are healthy coping mechanisms, good sleep, balanced diet, social connectivity, balance between rest and activity and a work-life balance. All the above factors influence and are influenced by the state of our mind and body. The mind and body work together to keep us feeling happy and healthy. When our body is not well we may have negative thoughts, feel sad, bored, lonely, stressed, frustrated, angry, etc. Likewise feeling emotionally unwell may impact our self care, cause emotional eating, binge watching, isolation, decreased activity,



etc which in turn can affect our physical health. Hence stress can lead to unhealthy behaviours which lead to various physical illnesses.

Hence a healthy lifestyle includes taking care of your body along with your emotional and psychological wellbeing.

The method and the level of effort required from you depends on the type and level of stress. Different situations will demand different types and levels of effort from you. Stress can be acute (travel plans), repetitive (stressful work environment) or chronic (loss of a dear one or divorce).

Some situations may be handled better if you take a step back and some may require you to be assertive and take charge.

Stress can manifest in our body and mind in various ways. Different people feel it differently. If stress is not managed well then it can affect our emotions, and thoughts which in turn influence our behaviour. Therefore, it is very important to understand what is causing the negative behaviour more than what we see on the outside. Hence, recognising the problem and accepting that there is a problem is from where work starts. Learn to manage

stress and if things get too much then use professional help. Counselors and psychologists can help a person learn more efficient ways of managing stress, and help replace unhealthy coping mechanisms with healthy ones. Be mindful of what is happening in the body and in your mind because they together shape the quality of your life.



**- Shipra Lamba
Senior Psychologist
Apollo Hospitals**



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SHAMBHAVI DHOL TASHA PATHAK: PRESERVING MAHARASHTRA'S RHYTHMIN BENGALURU



Founded in 2019 by Sachin Kulkarni and Rupali Bhole, Shambhavi Dhol Tasha Pathak was established to bring the vibrant tradition of Maharashtrian Dhol-Tasha culture to Bengaluru. Created with a passion for preserving Maharashtra's rich heritage, the organization serves as a cultural platform for people of all ages and backgrounds. Unlike commercial troupes, Shambhavi operates purely through voluntary participation and community spirit. Over the last six years, it has performed at more than 55 venues across Bengaluru and Karnataka during Ganesh Utsav, Shiv Jayanti, Mahashivratri, Ram Navami, and various cultural events.

A proud milestone was achieved in 2025 when the group performed at the presti-

gious Mysuru Dasara celebrations, gaining recognition beyond state boundaries. Shambhavi has also trained hundreds of enthusiasts from Gen X, Gen Z, and Gen Alpha, fostering a love for Dhol-Tasha across generations. Women form a major part of the troupe, including students, homemakers, and professionals. Currently, training sessions are held every Sunday at 10 AM for children and on Saturdays and Sundays from 3 PM to 6 PM for other learners.

With the launch of its second branch in KR Puram, Shambhavi aims to reach more enthusiasts across Whitefield, ORR, Hebbal, Thanisandra, Yelahanka, and nearby areas, continuing its mission of cultural preservation, inclusivity, and community building.

BEYOND THE OATH, THE CHALLENGES BEFORE KARNATAKA'S NEW CHIEF MINISTER

In a historic political development, D. K. Shivakumar assumed office as the Chief Minister of Karnataka on 3 June 2026, taking the oath of office and secrecy at Lok Bhavan. His elevation marks the culmination of decades of political struggle, organisational leadership, and public service. While his appointment has generated optimism across the state, it also brings enormous responsibility. The next two years are likely to define both his tenure and Karnataka's political future.

Among the many challenges before the new Chief Minister, the Mekedatu project stands out as the most significant and politically sensitive. The project has long been projected as a solution to Bengaluru's growing drinking water needs and a key component of Karnataka's long-term water security. More importantly, D. K. Shivakumar himself emerged as one of its strongest advocates through the widely publicised "Namma Neeru, Namma Hakku" campaign.

Today, the Mekedatu project is not merely a developmental proposal; it is a test of leadership and political commitment. Following the Congress government's assumption of office in 2023, public enthusiasm surrounding the proj-

ect appeared to diminish, leading many supporters to question its future. Opposition from Tamil Nadu and the complexities of inter-state politics have further complicated the issue. As Chief Minister, Shivakumar now faces the challenge of translating years of advocacy into measurable progress.

Closely linked to this issue is the long-pending supply of Kaveri drinking water to the 110 villages promised inclusion under the Kaveri Water Supply Scheme. Despite repeated assurances, many villages continue to face shortages and await regular water supply. Ensuring timely completion of the project and extending water to every eligible village will be a crucial test of the government's commitment to inclusive development.

Beyond water security, Karnataka faces significant infrastructure challenges. Bengaluru continues to struggle with severe traffic congestion, inadequate road infrastructure, and recurring flooding during the monsoon. Long commuting hours, damaged roads, waterlogged underpasses, and gaps in urban planning have become everyday realities for citizens. Addressing these concerns will require not only financial investment but also administra-

tive efficiency and accountability.

Another challenge concerns several infrastructure projects that have received sanction and support from the Central Government but have witnessed delays in implementation. Projects such as the Bengaluru Suburban Rail Project and major railway initiatives have faced hurdles relating to land acquisition, clearances, and administrative procedures. Citizens expect both the State and Central Governments to work together in the larger public interest. Timely completion of these projects would significantly improve connectivity, reduce congestion, and strengthen economic growth.

The prolonged delay in completing the Ejjipura flyover and the controversy surrounding the proposed tunnel road project have further highlighted concerns regarding project execution and urban governance. Citizens increasingly expect transparency, accountability, and visible progress.

Healthcare accessibility also remains an important concern. Controversy has surrounded the closure of several Pradhan Mantri Jan Aushadhi Kendras near government hospitals. Critics have argued that inadequate medicine availability in certain

government hospital pharmacies has affected access to affordable healthcare for economically weaker sections. Ensuring affordable medicines and quality healthcare services must remain a priority.

The government must also address broader concerns relating to governance, corruption, public service delivery, and efficient utilisation of public resources. Citizens expect a responsive administration capable of delivering results. Expectations from the new Chief Minister extend beyond politics and are directly linked to the daily lives of millions seeking better infrastructure, reliable water supply, improved services, and greater opportunities.

The next two years will be particularly crucial as they will shape public opinion ahead of the 2028 Karnataka Assembly elections. Every major decision taken during this period will influence how voters assess the government's performance. Success in improving infrastructure, accelerating development projects, ensuring water security, and delivering effective governance could significantly strengthen public confidence.

Ultimately, the people of Karnataka remain hopeful. D. K. Shivakumar has built his po-

litical career on perseverance, organisational strength, and grassroots engagement. As Chief Minister, he now has the opportunity to translate promises into measurable outcomes. Among all the challenges before him, the Mekedatu project and the successful implementation of Kaveri water supply to the 110 villages may well become the defining symbols of his tenure. Whether these promises become transformative realities will determine not only his legacy but also the confidence that the people of Karnataka place in his leadership. The state looks forward with optimism, hoping that governance, development, and public welfare remain the highest priorities in the years ahead.



- Shubhankar C
Advocate
Chairperson Adi Shankara
Foundation

BHAGAVAD-GITA WISDOM ENRICHES LIVES IN ELECTRONIC CITY



The Electronic City initiative aims to make this wisdom accessible to modern audiences, helping individuals lead balanced, meaningful, & value-based lives amidst today's fast-paced environment.

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Time: Every Sunday, 5:30 PM

Contact: 9664614207



- Avadhut Nimai Das, Speaker (B.Tech, M.Tech in CS, University of Michigan, USA)

Agrowing spiritual and educational initiative in Electronic City Phase I is bringing together families, professionals, students, and youth every Sunday to explore the timeless wisdom of the Bhagavad-gita. Organized by devotees of ISKCON (International Society for Krishna Consciousness), the center has already completed a six-session Ramayana series and six chapters of an ongoing Bhagavad-gita study program.

Drawing nearly 70-80 participants every week, the sessions focus on practical life skills derived from ancient Vedic wisdom, including mind

management, stress reduction, self-discipline, meditation, positive habits, emotional resilience, & purposeful living. Participants engage in interactive discussions, mantra meditation, and reflections on applying spiritual principles in daily life.

The Bhagavad-gita, one of the world's most respected spiritual texts, continues to inspire millions globally. Through ISKCON's worldwide educational and cultural outreach, people from diverse backgrounds have benefited from its message of inner peace, self-awareness, and service to society.

2 YEARS OF STRUGGLE



This highlights an ongoing environmental and public safety concern affecting residents near the Doddathoguru-Hulimangala Border, Podu Road in Electronic City. Open dumping, recurring fires, and smoke continue to impact the

surrounding area and the quality of life of school & families.

We remain hopeful that, through the collective efforts of residents, local authorities, and community stakeholders, a sustainable and lasting solution can be achieved



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YOUNG ARTIST UPENDRA PARATE WINS NATIONAL ART AWARD FOR THE SECOND TIME

Ten-year-old Upendra Parate, a young artist from Christ Academy CBSE School, has once again brought pride to his school and family by winning a National Award in the prestigious All India Swachh Bharat Art Competition. Upendra first tasted national success while studying in Grade 3, when he participated in the Art Competition organised by NEHRDO. His outstanding artwork earned him a National Award. The following year, in Grade 4, he continued to shine by securing a State-Level Award in the same competition. This year, while studying in Grade 5, Upendra received his second National Award in the same competition.

He has also won many trophies and medals in several inter-school art competitions.



- Upendra Parate

Srirasthu Subhamasthu Avignamasthu

Ecity Telugu Association BENGALURU.

Telugu Pravachanam By Brahmasri **Dr. Chaganti Koteswara Rao Garu**

27-06-2026 Saturday **Gomatha Vaibhavam**
28-06-2026 Sunday **Bhagavannama Vaibhavam**
Time: 5.30 pm onwards

VENUE: **PSR Convention Centre, Sulikunte, Sarjapur Road, Bengaluru.**

Location

:- For Donor passes contact :-

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AABRA-CA-DABRRRAHH A MAGICAL LAUNCH

Electronic City's buzz was all about the grand launch of Aabra-ca-dabrrahh, a premier Kids Play Zone & Party Hall that opened on Saturday, 23rd May 2026. The event, running from 4:00 PM to 8:00 PM, turned a standard evening into an unforgettable celebration for local families.

Event Highlights

Red Carpet Experience: Guests enjoyed a glamorous walk right at the entrance.

High-Energy Welcome: Punjabi Dhol beats and Bhangra dance moves kicked off the celebration. Top-Notch Hospitality: Polite staff, a smiling host, and upbeat background music kept spirits high. Finger-Licking Food: A "finger-smacking" high tea and dinner spread delighted attendees. The Perfect Send-Off: Every child left with a beautiful return hamper and takeaway gift.

Safety & Built for Kids

The spacious, beautifully designed play area was the true star of the evening. Built with strict consideration for safety and well-being, it gave children room to explore and parents complete peace of mind.

Guest Reactions

"Me and my kids had one of the best Saturday evenings today!"
— Ruchi, Local Mother

Little Shreshta even pleaded not to go home, calling it her "perfect date!"

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If you regularly receive the Electronic City Credence biweekly newspaper but miss an issue on weekends, Please Call or Message us at 97317 26800 or info@electroniccitycredence.in We're here to ensure you stay informed!

WORLD ENVIRONMENT DAY INITIATIVE



As part of the World Environment Day celebration, planted trees along the Hulimangala to Neotown Road in our constituency as a small step towards creating a greener, cleaner, and healthier environment for everyone.

We sincerely thank the Hulimangala and E-City RWAs, Panchayat authorities, Hebbagodi councillors, and ward members for their valuable support and participation. Together, we can make a positive difference and leave a greener future for the next generation.

- Advocate Rafeek, Hulimangala

ELECTRONIC CITY CREDDENCE
NAMMA NEIGHBOURHOOD NEWS

Editorial & Publishing Office:
15, 3rd Floor, 4th Main, 4th Cross, Duo South County Layout, Basapura, Bengaluru - 560100
Website : www.electroniccitycredence.in
Email : info@electroniccitycredence.in

Editor	— M.Uma Maheshwari
Co - Editor	— Komal Agrawal
Publisher	— Shivakumari Dhamaraj
Reporter	— Manisha J
Internet Design	— Vittal Diwakar
Graphic Designer	— Nikhesh Alva
Advertising Executive	— Maria D'souza



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Drawing Competition

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(Sunday, 12th July)

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