

ELECTRONIC CITY CREDENCE



Bommanahalli to Chandapura

NAMMA NEIGHBOURHOOD NEWS



Akshaya Nagar to Ananth Nagar

Volume 4 : Issue 84

06th to 19th Sep 2026

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**Health camp:**

Free women's health camp in Electronic City on September 20. Free fertility and gynaecology consultations at Doddathogur, Mylasandra and Bettadasanapura. Appointments: 951 339 2588. Registration required.

200 Mini AC Buses Planned for Metro Last-mile Connectivity :

BMTCL plans 200 mini AC buses within 5 km of Bengaluru Metro stations, improving last-mile connectivity. Electronic City and Yellow Line neighbourhoods could benefit, reducing dependence on private vehicles.

398 Vehicle Breakdowns on Electronic City Flyover in 19 Months :

398 vehicle breakdowns were recorded on the Electronic City Elevated Corridor between 2025 and July 2026, highlighting recurring reliability concerns on the key flyover.

Big Relief for E-city Two-wheeler Commuters!

Proposed bike ban on the Electronic City Elevated Corridor PUT ON HOLD, allowing two-wheelers to continue using the flyover for now.

Bengaluru PRR Phase-2 Final Notification Issued

1,427 acres across 31 villages have been notified for the 52-km Peripheral Ring Road Phase-2, with an 8-lane corridor planned to boost connectivity between South-West and North Bengaluru. PRR-1 (73 km) + PRR-2 (52 km) = 125 km of planned ring-road network around Bengaluru.

BDA Announces ₹50 Crore Infrastructure Works in Anekal

BDA has invited tenders for PMC services for road, drain and culvert development in Anekal Taluk, covering two ₹25-crore packages worth ₹50 crore in total. The project aims to improve roads and civic infrastructure across the Anekal region.

BMRL Gets Safety Nod for New Six-Car Metro Trains

BMRL has received safety authorisation for new six-car trainsets on the Purple and Green Lines, with 4 trains ready for service and 17 more expected. The new trains are set to boost Metro capacity and help ease overcrowding on Bengaluru's busiest corridors.

₹1,000 Crore Investment to Boost South Bengaluru

Wipro Kawasaki Precision Machinery plans a ₹1,000-crore hydraulic-pump manufacturing plant at Harohalli, expected to create around 1,200 jobs. The investment could strengthen the Electronic City-Jigani-Anekal-Harohalli industrial corridor and create new opportunities for jobs, logistics and supporting businesses.

HEALTH & WELLNESS PROGRAMME FOR 600 E-CITY POLICE PERSONNEL

A new 3-month health and wellness programme will initially cover around 600 police personnel in the Electronics City police division. The initiative focuses on regular health check-ups, nutrition, preventive healthcare, physical activity, better

sleep and stress management, with guidance from experts. Pilot results have been encouraging: 61% recorded reduced blood sugar levels, 70% corrected Vitamin B12 deficiencies, and 59% reduced body weight. Home Minister Priyank

Kharge said healthier police personnel are essential for building an effective and resilient policing system. The initiative marks an important step towards improving the health and well-being of Electronic City's police force.

BIG INFRA UPDATE: PRR-2 LAND ACQUISITION MOVES AHEAD

The Bengaluru Development Authority (BDA) has issued the final notification to acquire 1,427 acres 24.25 guntas for the proposed Peripheral Ring Road-2 (PRR-2). The project is expected to improve Bengaluru's connectivity by creating

a major alternative route around the city. The proposed PRR-2 connection towards Hosur Road could particularly benefit commuters and businesses in Electronic City, Jigani, Attibele and South Bengaluru.

The corridor could help

distribute traffic away from existing congested routes and improve access between growing industrial, residential and employment hubs.

For Electronic City, the project could become an important long-term connectivity boost

DODDATHOGURU LAKE'S SECOND CHANCE: WILL CIVIC APATHY DESTROY IT AGAIN?



Bengaluru's Doddathoguru Lake, situated in the heart of Electronic City Phase 1, recently stepped back from the brink of ecological collapse. Once suffocated by millions of litres of untreated sewage and construction debris, the 40-acre water body was resurrected through a 9 crore Infosys Foundation grant and expert intervention by the Malligavad Foundation. Today, floating wetlands of vetiver and canna serve as natural biofilters, presenting a rare, replicable model of urban ecological success. Yet, this hard-won rejuvenation is already under siege from the outside. While the lake's interior remains clean, its perimeter particularly

along Neeladri Road has rapidly devolved into a neglected dumping ground. The root of this crisis is jurisdictional: the area remains under gram panchayat limits despite its hyper-dense, urban reality. This severe mismatch in civic infrastructure means uncollected garbage and debris now threaten to poison the monsoon run-off, risking a catastrophic reversal of the lake's revival.

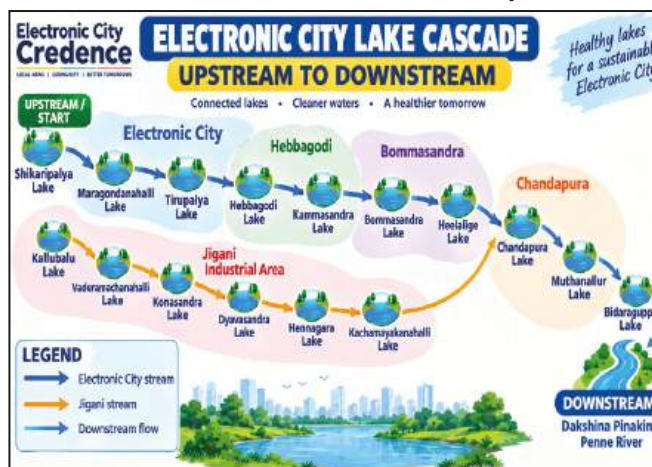
To prevent Doddathoguru Lake from becoming just another cautionary tale of fleeting success, Bengaluru must implement immediate, systemic changes: **Bridge the Governance Gap:** Municipal and panchayat bodies must establish predictable waste

collection around the lake's buffer zones while enforcing strict, uncompromising penalties for illegal dumping. **Localize Stewardship:** Tech parks, Resident Welfare Associations (RWAs), and local businesses must transition from passive beneficiaries to active caretakers, investing in routine monitoring and perimeter clean-ups. **Sustain Public Pressure:** Continued media visibility and citizen tracking are essential to hold municipal authorities accountable long after the ribbon-cutting ceremonies end. A revived lake demands permanent caretakers, not just ceremonial inaugurations. True world-class infrastructure protects its ecological commons long after the spotlight fades.



- Murli Padmanabhan

ELECTRONIC CITY'S LAKE LIFELINE: ONE CONNECTED SYSTEM, MANY RESPONSIBILITIES



Electronic City's lakes are not isolated water bodies. They form a connected network in which water moves from one lake to another, carrying the ecological health, and the pollution burden of one neighbourhood into the next. The cascade begins at Shikaripalya Lake, considered the upstream starting point of the Electronic City stream. From there, the water flows through Maragondanahalli, Tirupalya, Hebbagodi, Kammasandra,

Bommasandra and Heelalige, before reaching Chandapura and continuing towards Muthanallur and Bidraguppe, ultimately connecting with the Dakshina Pinakini/Pennai river system. There is also a parallel Jigani-side chain Kallubalu, Vadarmanchanahalli, Konasandra, Dyavasandra, Hennagara and Kachanayakanahalli which joins the downstream network around Chandapura.

For Electronic City, this connectivity has major implications. A sewage discharge, industrial effluent, garbage dumping or blocked storm-water channel at an upstream location can potentially affect downstream lakes and communities. Conversely, protecting an upstream lake can benefit a much larger catchment. The network also makes lake rejuvenation more than a beautification exercise. Desilting, sewage diversion, protection of lake buffers, restoration of feeder channels and prevention of encroachment need to be planned across the entire cascade. As Electronic City continues to expand, its lakes are becoming increasingly important for flood management, groundwater recharge and ecological balance.

The message is simple: protect one lake, but think about the entire chain. Electronic City's water future depends on keeping this lifeline connected, clean and flowing.

SAFE GANESHA IDOL IMMERSION FACILITY AT GOLLAHALLI

This Ganesh Chaturthi, let us celebrate with devotion without harming our environment. Say NO to Plaster of Paris (PoP) idols. Choose Eco-Friendly Ganesha idols made from natural clay and mud.

Prefer smaller idols that are easier to immerse responsibly.

Avoid large idols made with harmful chemicals, paints and materials that pollute our lakes, rivers and surroundings.

A temporary pond has been set up

near Government School, Gollahalli, Neotown Road by CMC Hebbagodi for safe and convenient Ganesha idol immersion.

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SO, YOU'VE DECIDED TO START A BUSINESS?

How to Choose the Right Legal Structure for Your Venture

Starting a business is exciting. But somewhere between the idea and the first invoice comes an important question: What should the legal structure of the business be?

It is more than a registration formality. Your choice can affect ownership, personal liability, compliance, fundraising and how easily the business can grow. In India, four structures are commonly considered:

PRIVATE LIMITED COMPANY (PVT LTD)

Suitable for businesses planning to bring in investors, issue shares or ESOPs, and scale with multiple shareholders. It has a structured corporate framework and generally higher ongoing compliance.

LIMITED LIABILITY PARTNERSHIP (LLP)

A separate legal entity combining limited liability with a flexible partnership-style structure. Often suitable for professional services and closely held businesses. An LLP must have at least two partners.

ONE PERSON COMPANY (OPC)

Designed for a single owner, an OPC allows one person to operate through a separate corporate entity without bringing in another shareholder merely to form the company.

SOLE PROPRIETORSHIP

The simplest structure for an individual starting a business. The owner and business are

not separate legal entities, so the owner remains personally responsible for business obligations.

So, which one should you choose?

There is no universal answer. Consider who will own the business, whether you plan to raise investment, the compliance you can manage and where you expect the business to be in the next few years. It's more than just incorporation. Protect your brand and intellectual property, document founder arrangements and put appropriate contracts in place with employees, consultants, vendors and customers. Operational basics

Depending on your business, GST, Shops and Establishments, professional tax, labour law or sector-specific registrations may apply. Revisit these decisions as the business grows.

"A good legal structure won't guarantee success. But it can help ensure that your growth is not undermined by a weak legal foundation."



Ankita Jha
Intellectual Property
& Corporate Lawyer

ARE YOU CHOOSING YOUR CAREER—OR SIMPLY FOLLOWING THE CROWD?

Every year, thousands of students make one of the biggest decisions of their lives: choosing a career. Yet, surprisingly, many make this decision without asking a basic question: **"Is this really right for me?"** Some follow friends because "everyone is doing it." Others pursue a course because it was their parents' dream. Many are attracted by a qualification's popularity or prestige without understanding what it actually takes to succeed. A better career decision starts with **knowing yourself**. What are your interests? What are your strengths and weaknesses? What kind of work do you enjoy? What are your long-term career goals?

Then look at the opportunity. Consider the **reputation of the institute, quality of education, industry exposure, and placement opportunities**. Understand the job market and future demand. Most importantly, evaluate the **total cost, time, effort, and expect-**

ed ROI of a course. Even the passing percentage matters because knowing the realistic chances and challenges can prevent years of frustration. And there is another factor a student cannot afford to ignore: **Artificial Intelligence**. As AI transforms the workplace, some routine tasks in finance, accounting, banking, and compliance will change or disappear. Future careers will increasingly reward people who combine domain knowledge with technology, analytical thinking, communication, and problem-solving skills. Your career is too important to be decided by friends, family expectations, or social pressure.



Sumit Khanna
Chartered Accountant

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YOUR VOICE OUR CITY BETTER TOGETHER

THE LITTLE GIRL

She is apt and cute, she is curious and furious. She is curious to learn, she gets furious when mocked.

She comes around 3.00p.m, she leaves around 6.00p.m.

She comes to tuition to learn- but, sometimes I have a lot to learn from her. She is five years old, she has a heart of gold. She is a lovely little dear, with lovely eyes like deer.

Her eyes brim with tears, her body fills with joy, when she sees toys. Though she is small, she fills her happiness in my hall, with the absence of my children at home, since they are grown up, This little Princess fills my home, since she has started to come for tuition.



- S. Karpagavalli
M.A., M.Phil
Eng. Litt.

WE'VE TALKED A LOT ABOUT MOTHERS

The tired moms. The working moms. The guilty moms. The moms who somehow manage 47 things before breakfast. But lately, you've been asking us: "What about Dad?" So today, this one is for the fathers. Because somewhere along the way, we started saying: "Dad helps with the kids." But wait... Why help? They're his kids too. He isn't helping. He's parenting. Modern parenting isn't Mom doing her part and Dad helping with his. It's two people showing up for the same little humans. Dad, your child may not remember the expensive toy you bought. But they might remember you putting your phone down when they said: "Papa, listen..." They'll remember the bedtime joke, the Sunday breakfast, sitting beside them when they were scared, or

showing up at that school event after a crazy workday. Because children don't measure love in hours. They remember how you made them feel. And then there's your partner. Sometimes she doesn't need you to fix everything. She just needs: "Tell me. I'm listening." No solution. No lecture. No "I told you so." Just a teammate. Because she isn't looking for someone to help carry the family. She wants someone carrying it with her. And Dad, don't forget yourself either. Between work, deadlines, bills, school, family responsibilities and trying to be everything for everyone... Where are YOU? Check your three buckets: Work, Family, You. Which one is overflowing? Which one is running empty? Your child is watching how you handle stress, show love, treat

their mother and take care of yourself. They may forget what you told them. But they rarely forget how they felt around you. So, Dad... Years from now, will your child remember that you provided for them? Or that... YOU WERE THERE. Dads, which bucket needs more attention right now? Work | Family | You



Neha Kedia

ART THAT HEALS: USE OF PAINTINGS TO BALANCE VASTU OF YOUR HOME

A home is a dream brought to life. We carefully design it, with high hopes to bring prosperity, harmony & beautiful memories. But while choosing what our home should have, do we ever pause to ask— **What does our home need? How to keep the energy of our space balanced?**

Most people choose paintings based on colour, style or personal taste. However, according to Vastu Shastra, artwork can do much more

than beautifying a space—it can influence the energy of your home.

The North represents opportunities. Paintings featuring flowing water or lush greenery enhances these energy. East associated with health & networking, benefits from paintings of the rising sun or blooming flowers.

South-East is the zone of fire & is ideal for artwork with warm hues like Magenta, red & orange, symbolizing fire,

beauty & feminine energy. The South-West is stability, paintings depicting heavy mountains or family bond helps.

West support gains. Artistic pieces featuring wish fulfilment like kalpaVriksha, Kamdhenu or Money tree is beneficial here. The North-West is linked to movement & Support, it responds well to paintings of birds in flight or graceful motion.

All 16 directions can be strength-

ened with art pieces of that zone. When chosen thoughtfully, art becomes more than Decoratives—they act as subtle energy tools that harmonize the five elements and create a balanced - uplifting environment.

Vastu is much more than just architecture & buildings. The sole aim is to set the energy as the space demands. Next time you want to buy something, gift it to your space & heal

its energy.



Tanushre Dey
Vastu Planner & Numerologist

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BAF — THE COLLECTIVE VOICE OF APARTMENT COMMUNITIES

Bangalore Apartments' Federation (BAF) is a federation of 1,500+ Apartment Owners' Associations(AOA) and Residents Welfare Associations (RWA) bringing communities together to learn, collaborate, share experiences and collectively address the challenges of apartment living. Apartment communities today are complex ecosystems. Managing them requires knowledge across legal, financial, taxation, GST, compliance, governance, operations, safety, sustainability and infrastructure. No community needs to solve all of these challenges alone.

What Value does BAF bring to Apartment Communities? Collective Strength & Community Networking: Become part of a network of 1,500+ apartment communities. Share experiences and best practices, Learn how other communities have solved similar challenges, Identify common issues and work towards collective solutions, Connect with community leaders and professionals, Contribute your own experiences for the benefit of others. Often, a solution to a problem already

-participate in collective advocacy and contribute to improving apartment living across Karnataka. The greater the participation, the stronger the collective voice. One community can raise an issue. 1,500+ communities can drive change. If your apartment association is not yet a BAF member,

we invite you to join the growing network of communities working together for better governance, stronger representation and a more sustainable future.

For membership:

Membership: baf.org.in/new_membership

Phone & WhatsApp: **+91 7618798081**

exists in another apartment community. BAF helps bring that knowledge closer to you.

Government Representation & Policy Advocacy: BAF provides a collective voice for apartment communities and regularly engages with Government and civic agencies on issues affecting residents. This includes engagement with bodies such as BWSSB, BESCOM, Police, Fire & Emergency Services, Revenue Department, Pollution Control Board and urban development authorities, among others. BAF has actively represented apartment communities on issues including apartment governance, water provisioning, treated water, STP regulations, electricity tariffs, waste management and sustainability. A community may find it difficult to get its concerns heard individually. A collective voice representing thousands of communities carries greater strength.

Expert Knowledge & Compliance Support: Apartment associations increasingly deal with complex legal and regulatory requirements. BAF helps communities access knowledge and

expert perspectives on: Apartment governance and legal matters, Finance, taxation and GST, Regulatory compliance, Association administration, Estate and facility management, Safety and security, Environmental requirements, Emerging Government regulations. The objective is to help communities understand issues better, ask the right questions and make informed decisions.

Learning, Workshops & Best Practices: BAF facilitates continuous learning through BAF Parihara, webinars, workshops, training programmes, awareness sessions, expert interactions and case studies. The topics are driven by the real and evolving needs of apartment communities. From governance and compliance to water, waste, safety and sustainability, members can learn directly from experts as well as from the experiences of other communities.

Sustainability & Resilient Communities: The future of apartment living is closely linked to sustainability and resource security. BAF supports initiatives around: Water security and rainwater

harvesting, Groundwater recharge, Treated water reuse, STP management, Waste management and circular economy, Energy efficiency and solar adoption, Climate resilience, Sustainable community practices. The objective is to help communities become more resource-efficient, resilient and future-ready.

Vendors, Products & Solution Partners: Managing an apartment community requires multiple products and services. BAF provides access to a wider ecosystem of vendors, solution providers and service partners, helping communities discover options and make better-informed decisions based on experience and requirements.

Practical Resources & Templates: BAF's collective experience also translates into practical resources that can help communities save time and effort. These includes: SOPs and checklists, Notices and communication formats, Policies and governance resources, Compliance references, Operational guidance, Awareness material

Why reinvent something when another

community has already learned from it? Issue Escalation & Collective Assistance: When a common issue requires intervention from a Government department or civic agency, BAF can help members understand the appropriate channels and where appropriate bring similar concerns together for collective representation. This helps move from individual complaints to structured and collective engagement.

Stay Future-Ready: Apartment governance is continuously evolving. BAF helps communities stay aware of developments relating to: New laws • Regulations • Building safety • Sustainability • Smart infrastructure • Water resilience • Energy • Redevelopment • Emerging compliance requirements. Being informed early helps communities prepare rather than react.

Become a BAF Member: BAF membership is not simply about joining an organisation. It is about becoming part of a community of communities. Your association gets the opportunity to learn from others, share its own experience.



BAF — Connect. Learn. Represent. Collaborate.
Together, we build stronger, safer, sustainable and better-governed apartment communities.



Did You Know?

Ganesh Chaturthi has a rich history, dating back over 2,000 years, and is said to be the birth anniversary of Lord Ganesha, the remover of obstacles.



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Mahendra Aarya

2,000 ECITY RESIDENTS COME TOGETHER FOR ISKCON JANMASHTAMI CELEBRATION



Between work deadlines, screens, traffic and the constant rush of everyday life, it is easy to forget the simple joy of coming together and celebrating. The festival of Janmashtami offers a simple reminder of that. At its heart is Krishna, remembered through His joyful pastimes, music, dance, friendship and devotion. On 4th September, the first-ever ISKCON Janmashtami celebration in Electronic City brought together around 2,000 people for an evening inspired by the spirit of Vrindavan. Visitors could explore the four yugas - Satyuga, Tretayuga, Dwapa-

ryuga and Kaliyuga through immersive 3D dioramas, while continuous Hare Krishna sankirtan, cultural performances by children, live drama and Krishna Katha offered glimpses into Krishna's teachings and pastimes. Maha Abhishekam of the Radha-Krishna deities, flower Holi, Maha Aarti and Maha Prasadam added to the festive atmosphere. A dedicated kids zone saw around 100 children participate in competitions like fancy dress, singing, shloka recitation, pot painting, colouring and card-making. Games, chanting and other activities

introduced them to Krishna in a fun and engaging way. Every participant received a certificate while winners were awarded prizes on stage. The event was entirely volunteer-led, with devotees and community members coming together to create an experience that was as much about devotional service as it was about celebration. For ISKCON ECity Phase 1, the memorable gathering marked a step towards creating a spiritual oasis in the midst of modern urban life. The centre hosts regular workshops every Sunday featuring kirtan, chanting,

talks on Bhagavad-Gita and prasadam. These workshops are open to all. Venue: Ashtanga Yoga Centre, 1st Cross Road, Tech City Layout, Celebrity Paradise Layout, Doddathoguru, ECity-1.



- Avadhut Nimai Das, Speaker

ECWA CELEBRATES SENIOR CITIZENS' DAY AT GM INFINITE E-CITY



Electronic city Town Cultural and welfare Association (ECWA) on 16th August hosted the 2nd edition of Senior Citizens' Day at GM Infinite eCity, bringing together senior residents for

a day focused on health, wellness, entertainment and community bonding. The event featured a free health check-up camp conducted with support from KIMS Hospital, helping residents receive essential health screenings and guidance. An orthopaedic awareness session was also organised to highlight the importance of joint, bone and mobility care among senior citizens. The celebrations continued with entertainment programmes, interactive activities and opportunities for residents to connect and spend quality time together. The event reflected ECWA's commitment to promoting healthy and active community living.

THINK IT'S JUST DRY EYES? IT COULD BE SCREEN STRESS SYNDROME

We spend hours every day looking at laptops, phones, monitors, tablets and other screens. Prolonged screen use can place sustained demands not only on the eyes, but also on the focusing system, nerves, muscles, posture and even mental performance.

This leads to a cluster of screen-related symptoms referred to as Screen Stress Syndrome.

Diagnosing Beyond Dry Eyes
Over-the-counter artificial tears may provide temporary relief, but there is a need to assess the underlying cause when dryness is just one of several symptoms.

Burning or irritation may be due to tear film or ocular surface instability, inflammation or corneal nerve sensitivity. Headaches can be associated with visual fatigue involving

the focusing system and binocular vision. Heavy, tired eyes may indicate that the focusing muscles are working overtime. Fluctuating vision can have several possible reasons, including tear-film optics and accommodation problems.

Persistent screen-related discomfort can also affect concentration, productivity and tolerance for prolonged work. And it doesn't stop at the eyes. Sustained near work and fixed working positions can contribute to neck and shoulder discomfort, making posture and ergonomics an important part of the evaluation.

Detailed Evaluation and Personalised Solutions

A comprehensive assessment can bring together advanced diagnostics, specialist evaluation, ocular surface and tear-film analysis, focus and binoc-

ular vision assessment, nerve and pain evaluation, and posture and ergonomics review.

"A 360° approach to screen-related eye problems is the need of the hour. Personalised treatment plan can be tailored to address the specific factors contributing to each individual's symptoms and visual needs," says Dr. Rohit Shetty, Refractive Surgeon, Translational Scientist and Director of Narayana Nethralaya Super Speciality Eye Hospital which has a Dry Eye Studio, where individuals experiencing these symptoms can undergo a careful and thorough evaluation with customised solutions.

Screen time is inevitable but screen stress doesn't have to be. Get a comprehensive evaluation and find the care that's right for you.

- Narayana Nethralaya

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A DAY START WITH A HYGENIC PRODUCTS

WHY US :

- Fresh milk direct from farmers
- No preservatives
- Free door step delivery
- Packed hygienic glass bottle

ITEMS AVAILABLE

Cow milk 1 lit - 70 /-
Cow milk 0.5 lit - 35 /-
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YOGA FOR TEEN HEALTH: SMALL PRACTICES, BIG BENEFITS

The teenage years bring rapid physical, emotional and hormonal changes. Academic pressure and screen time can affect sleep, concentration, mood and wellbeing. Regular yoga practice may support fitness, stress management and wellbeing in teenagers. Yoga asanas can improve flexibility, balance, strength and body awareness. Pranayama encourages mindful breathing and may help teenagers manage stress. Meditation and mindfulness can support calmness, attention and emotional awareness, helping teens pause before reacting and

make thoughtful decisions. A hack that works wonders is "yoga snack breaks"! Instead of one long session, teens can practise 10 minutes of yoga three times a day, stretching in the morning, moving during study sessions and relaxing before bed. Bhramari Pranayama, or humming-bee breath, may encourage relaxation and focus, increase memory power, better relaxation and concentration, this may support studying and learning. Daily Yoga Hacks: Stretch for 10 minutes after waking. Take a yoga break during study sessions. Practise gentle

breathing before exams. Meditate for 5 minutes before bed.

Safety note: Practise gently, without forcing the body or breath. Stop if you experience pinching pain or dizziness. Small, consistent practices can help teens build healthy habits.



Kankana Kar
Yoga Therapist

MMK Media

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Editorial & Publishing Office:
15, 3rd Floor, 4th Main, 4th Cross, Duo South
County Layout, Basapura, Bengaluru - 560100
Website : www.electroniccitycredence.in
Email : info@electroniccitycredence.in

Editor	— M.Uma Maheshwari
Co - Editor	— Komal Agrawal
Publisher	— Shivakumari Dharmaraj
Reporter	— Manisha J
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